



Saint Joseph Cathedral Parish is called to spread the Gospel of Jesus Christ as a community. We are committed: to our urban neighborhoods, to being the Cathedral of the Diocese, and to fellowship, formation, sacrament, and prayer.



August 6 - 13, 2023

sun 6

Transfiguration of the Lord

6:00 pm (Sat) Mass for Charles Schultz
 8:00 am Mass for the Parishioners
 10:30 am Mass for Nepomuceno Dario

мон 7

Optional Memorial of St. Sixtus and Companions; St. Cajetan

12:05 pm Mass for Rita DiCarlo

TUE 8

Memorial of St. Dominic

12:05 pm Mass for Evelyn Ghaphery

WED

Optional Memorial of

St. Teresa Benedicta of the Cross

12:05 pm Mass for Leonard Barney Snyder

тни 10

Memorial of St. Lawrence

12:05 pm Mass for Msgr. Gerald Calovini

11

Memorial of St. Clare

11:15 am Confessions

12:05 pm Mass for Thomas & Eugenia Tobin

SAT **12**

Optional Memorial of St. Jane Frances de Chantal

9:00 am Mass for Sr. Mary Florence Burke

9:30 am Rosary 5:00 pm Confessions

6:00 pm Mass for Jayne Schmitt

SUN 13

Nineteenth Sunday in Ordinary Time

8:00 am Mass for Betty Hickman 10:30 am Mass for the Parishioners

From Father Sateesh

"This is my beloved Son in whom I am well pleased!"

Science today has made many things possible which were unheard of before. Earlier, if your heart was weak or defective it would mean that your life was limited, and you might die of a defective heart condition. But today, heart transplants are common, and they give a new lease



of life to heart patients. Today's feast of the Transfiguration reminds us that Jesus' friends see Jesus not with something transplanted or added on to Him but in his eternal glorious splendor. Jesus is transfigured, changed, and reveals who he really is, the Son of God. We need to pray that we too might discover Jesus and who we are meant to be -transformed disciples of the transfigured Lord!

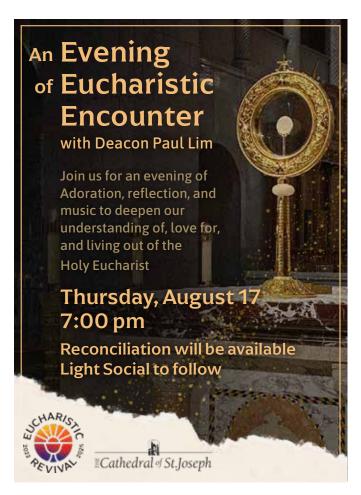
The first reading from the Book of Daniel gives us a vision of the Son of Man being presented to the "one of great age." Note that this is not a picture of the Son of Man descending to earth but of him being presented to God. We know that from the ecstatic experience of the Transfiguration, the disciples will see their agonized Lord suffering on the hillside of Calvary. However, today the accent is not so much on Jesus' passion as on providing us with a clue to his identity. This divine revelation –related to the gospel reading in which Jesus' face shines like the sun and is clothed in dazzling white – shows that it is He who is to be glorified like the Son of man.

The Gospel presents us with an impressive image of the glorified Christ. The story of the Transfiguration is concerned with the identity of Jesus. The few details that are given are highly significant. We are told that it happened on a mountain- in the bible the mountain is a place of divine manifestation. On the mountain Jesus is flanked by two of the most important figures of the Old Testament–Moses and Elijah, representing the law and the prophets. Thus, Jesus is seen as bringing the law and the prophets to fulfillment. In other words, he is the Messiah.

What significance has the story for us? We too are journeying towards Jerusalem –the heavenly Jerusalem. And we too can have moments of transfiguration. In his love for us, God allows us to taste on earth the joys of the world to come. We too can hear the voice from heaven assuring us: "You are my beloved Son" or "You are my beloved daughter!" So, we can face the future with confidence.



The Cathedral Courier August 6, 2023

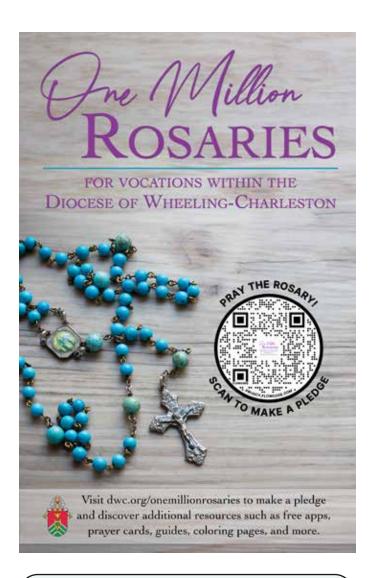




If you are 55 years and over and searching for a group that shares conversation, friendship, fun, and spiritual activities, we are excited to share a new ministry at the Cathedral just for you! Our goal is to provide for the spiritual, social, and educational needs of our parishioners and to give service to the broader community with activities, events, communal prayer, trips, and fellowship. For more information and to sign up for this exciting new ministry, please contact Cathy LaFlam at 614-565-4384 or e-mail cclaflam@sbcglobal. net or use the sign up sheet in the back of the church.

NEXT EVENT: LUNCH AT PERKINS 680 National Road, Wheeling Wednesday, August 16 at 1:00 p.m.

Come, purchase your lunch, and enjoy some great fellowship and conversation!





Keep in touch with us via e-mail and text!

Text **CSJ** to 84576 or visit **cathedralofstjoseph1.flocknote.com** to sign up

Collection

July 30, 2023

Envelopes: \$1653 Loose: \$387

Online: \$506 **Total: \$2546**

Thank you for your support!

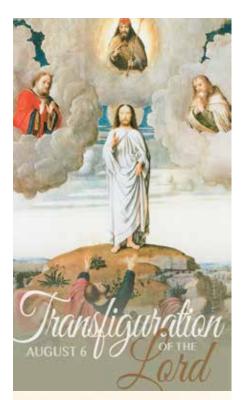


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Instagram

@wheelingcathedral

Transfiguration of the Lord 3



We have all had moments when we seem to get a glimpse of Heaven. They oftentimes come with the sacraments: in the pew following First Communion, kneeling before the bishop as he sealed our forehead with oil at my Confirmation, standing opposite our spouse on our wedding day, cradling our newborn child as the priest poured holy water over their little foreheads, claiming them for Christ.

Moments when the veil between this world and the one to come is pulled away, and our hearts cry out: "Lord, it is good we are here."

Like Peter at the Transfiguration, we desperately wish the feeling would last forever. We want to hang onto the certainty, the confidence and the joy that radiates from our souls.

But we are not in heaven yet. We raise our eyes, seeing only this world before us, the words of Jesus ringing in our ears: "Rise, and do not be afraid."

"His dominion is an everlasting dominion that shall not be taken away, his kingship shall not be destroyed." — Daniel 7:14

LITURGICAL LIFE

St. Ignatius' advice for being more joyful

As human beings, what gives us joy? Sometimes we trick ourselves into thinking that we would achieve perfect joy if only we make a certain purchase, achieve a desired level of recognition, or indulge in little pleasures like overeating and watching too much television. These little endorphin-fueled moments are short-lived.

This past week we celebrated the memorial of St. Ignatius of Loyola, priest and founder of the Jesuit Order. In his famous *Spiritual Exercises*, St. Ignatius offers some wonderful insights on joy that are applicable today.

First, Ignatius says to cultivate joy in order to obtain joy. "One is to ask for joy with Christ in joy," writes St. Ignatius. In other words, maintain a joyful intent when you ask God to give you more joy. Joy doesn't arrive out of nowhere. It cannot be dependent on circumstances from outside ourselves, but must begin within.

Second, Ignatius indicates that we must be mindful of the entirety of our lives - the good, the bad, the past, and the future. He says to

consider, "How I shall find myself on the Day of Judgment, to think how I would then want to have deliberated about the present matter ... in order that I may then find myself in entire pleasure and joy." Ignatius takes the long view. When we look back on our lives, will we regret our words and actions? If so, those same words and actions also won't bring us joy here and now.

Finally, Ignatius has this sensible advice: Enjoy your life and don't feel guilty about it. He writes, "Use light or temporal comfort — as, in summer, the coolness; and in winter, the sun or heat - as far as the soul thinks or conjectures that it can help it to be joyful in its Creator and Redeemer." There's nothing wrong with taking pleasure and feeling gratitude for our blessings. We don't always believe we deserve joy, so we reject it when it comes our way. Ignatius is clear, though: God doesn't want us sad and miserable. He made the world for our enjoyment, so as long as our desires are healthy and moderate, we ought to take great joy in what God has provided for us, how beautiful and good this life really can be.



The Cathedral Courier August 6, 2023

FIRE UP YOUR FAITH



FAITH TIP: Seek the Sacraments!

Our Catholic faith is so incredible and provides so many opportunities for us to encounter God through the sacraments. Made to bridge the gap between the physical and the spiritual, we have an opportunity to meet a tangible Jesus in each of the sacraments. Add a daily Mass into your week, sign up for a Holy Hour for Eucharistic Adoration, or challenge yourself to a monthly confession for the next three months.

New to the Parish?

Are you new to the Parish? Has your address or phone number changed? Are you a Catholic wishing to return to the Church? We would love to hear from you! Contact or stop by the Parish Offices to find out more information on how to become a member of the Cathedral Parish.

STEWARDSHIP REFLECTION

Live & Give in Gratitude

The theme of Christ's kingship and glory link today's Scripture passages. In Daniel's vision, he sees one like the Son of Man, coming on the clouds of heaven ... His dominion is an everlasting dominion ... His kingship shall not be destroyed. In St. Peter's Second Letter, he professes, speaking of the transfiguration of Jesus, For He received honor and glory from God the Father. St. Matthew, in his Gospel, describes Christ's glorious Transfiguration before Peter, James, and John. The evangelist proclaims ... His face shone like the sun and His clothes became white as light. Overwhelmed, the Apostles fall prostrate in fear. We, as Christian stewards, receive Holy Communion with a sense of awe and respect, for present is the real Body and Blood, Soul and Divinity of our King and Savior, Jesus Christ. How do we prepare to receive our Lord? Let us thank God for this precious gift of Holy Communion.

Pro-Life Thought

At all stages of life, we believe life is sacred. Whether it's at a child's conception to a senior on their last breath, life is a blessing that should be preserved as God intended. One of the biggest threats to the abortion industry is the growing decline in the number of doctors willing to perform abortions. Pro-choice advocates will claim that this is due to the "pro-life violence," however the real reason has to do with the very service they are selling and the stigma that goes along with it.



Month of the Immaculate Heart of Mary

The month of August is dedicated to the Immaculate Heart of Mary. The memorial of the Immaculate Heart of Mary takes place on the day after the Solemnity of the Sacred Heart of Jesus, usually in June, but in this month when we celebrate Mary's Assumption (August 15) and her Coronation or Queenship (August 22), we also give honor to her Immaculate Heart. There are many prayers to the Immaculate Heart of Mary. Here is one short enough to memorize and pray every day during this month: "O Immaculate Heart of the Blessed Virgin Mary, obtain for me from Jesus a pure and humble heart."

Ways to Honor the Immaculate Heart of Mary

- Wear the Miraculous Medal
- Consecrate yourself to the Immaculate Heart
- Pray the Rosary



The Holy Father's Prayer Intention for August

For World Youth Day

We pray the World Youth Day in Lisbon will help young people to live and witness the Gospel in their own lives.

Transfiguration of the Lord



SCRIPTURE READINGS

Week of August 6

THIS SUNDAY

Daniel 7:9-10, 13-14 Ps 97:1-2, 5-6, 9 2 Peter 1:16-19 Matthew 17:1-9

MONDAY

Numbers 11:4-15 Ps 81:12-13, 14-15, 16-17 Matthew 14:13-21

TUESDAY

Numbers 12:1-13 Ps 51:3-4, 5-6, 6-7, 12-13 Matthew 14:22-36

WEDNESDAY

Numbers 13:1-2, 25–14:1, 25-29, 34-35 Ps 106:6-7, 13-14, 21-22, 23 Matthew 15:21-28

THURSDAY

2 Corinthians 9:6-10 Ps 112:1-2, 5-6, 7-8, 9 John 12:24-26

FRIDAY

Deuteronomy 4:32-40 Ps 77:12-13, 14-15, 16, 21 Matthew 16:24-28

SATURDAY

Deuteronomy 6:4-13 Ps 18:2-3, 3-4, 47, 51 Matthew 17:14-20

NEXT SUNDAY

1 Kings 19:9, 11-13 Ps 85:9, 10, 11-12, 13-14 Romans 9:1-5 Matthew 14:22-33

The readings are included each week so that those who are unable to join us for daily Mass will be able to consider and pray them in union with the whole Church.

SAINTS OF THE WEEK

August 7 - St. Sixtus II and Companions, martyrs (d.258)

During his short tenure as pope, St. Sixtus II managed to restore the strained relationship between the Western and Eastern Churches. He was martyred by Emperor Valerian alongside several deacons.

St. Cajetan, priest (1480-1547)

St. Cajetan founded the Theatines, the Order of the Clerks Regular, to promote reception of the sacraments, do works of charity, and recall clergy to their vocations. St. Cajetan was an idealist who sought to demonstrate by example the power of virtue in a time when many in the Church were morally compromised.

August 8 - St. Dominic, priest (1170-1221)

St. Dominic founded the Order of Preachers, commonly referred to as the Dominicans. Unlike the officials of his day, Dominic's community preached by means of simplicity of life, personal and communal prayer, community life, and study. Their preaching method would include dialogue with those considered outside of accepted Church teaching. Like Jesus, Dominic invited people to change their hearts.

Patronage: astronomers; falsely accused

August 9 - St. Teresa Benedicta of the Cross, virgin, martyr (1891-1942)

St. Teresa Benedicta of the Cross was a Jewish convert to Catholicism and a Carmelite nun. Along with her sister Rosa, who had also become a Catholic, she was captured by the Nazis, deported to Auschwitz, and died in the gas chamber on August 9, 1942. *Patronage:* Europe

August 10 - St. Lawrence, deacon, martyr (d.258)

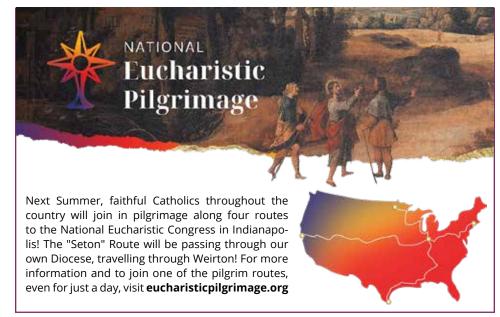
St. Lawrence, deacon, gave alms of the Church to widows and orphans and the poor in the third century. He gave the ultimate sacrifice of his life as he was burned alive (legend claims that he was roasted on a gridiron). *Patronage*: Rome; cooks

August 11 - St. Clare of Assisi, virgin (1194-1253)

St. Clare was a friend and follower of St. Francis of Assisi. She was from a wealthy family and sold all she had to serve Christ in the poor. Many women came to join Clare's Poor Ladies. *Patronage:* Poor Clares; television; good weather

August 12 - St. Jane Frances de Chantal, religious (1572-1641)

St. Jane Frances de Chantal, a widow with young children, founded the Order of the Visitation as a religious community with a moderate rule accessible to widowed, elderly, and ill candidates. *Patronage:* loss of parents; widows



The Cathedral Courier August 6, 2023



6 PM in the Chancery Cantina

Join us for 4 evenings to explore the truth and beauty of Christ's Real Presence in the Holy Eucharist, from its origins in **Sacred Scripture**, to its profound role in the life of the Church and her members.

Please register by using the form in the back of the Church or by e-mailing tgreenwood@dwc.org

A donation of \$5 is kindly requested to help cover the cost of the workbook.

REMEMBER

Andrew Helfer Angela Niehart Archer Hatch Arthur Danehart **Austin Cook** Barb Mazzocca **Becky Schlosser** Beth Jochum **Betty Teater** Bill Wilson **Bob Armstrong** Billy Hanasky Brian Hanasky Brogan Gallentine Caleb Hlebiczki Carolyn Lash Carolyn Wiethe Catherine Lanham Charles Heizer Charles DeBeni Children of the Youth Services System Christina Helfer

Chuck Fair David A. Kress, Jr. Dianna Albright **Doug Jones** Eric South Eva Wood Fr. Joseph Wilhelm Frank Davis Frederick C. Schweizer Gail Koch George Kirchner Geri Adams Nagy Hines Rotriga Janet Rodriguez Jean Schultz Jim Antill Jim and Dee Jimmy Hocking Joe Bechtel John Petrella Jon-Michael Lasher Judy Pack Julia Sheets

Kathy Cooley Kaitlyn Hanasky Kermit Klosterman Kristin Smith Langan Family Liam Barns Liam Manning Lukie Brown Margaret Stocke Marge Mucheck Marie Farnsworth Marie & Conner Workman Mark Davis Marshall South Martha Yocum Mary K. Schlosser Mary Walicki Michael DeBlasis Milissa Rose Nadine Greenwood Nicholas Barns Pete Cuffaro

Philippa Shores Rachel Wade R. J. Stocke Richard Simon Rick Burgy Ron Hickman Rosalie Davis Rose Otey Sarah Hanasky Sarah Sargent Shirley DeCaria Stanley Kyrc Susan Graff Susan Mize Susan Schulte Tammy Teresa Helfer Thelma Pearson Tony Helfer **Trystan Timmons** Victoria Jeskey Zoey Knight

Pete Mack

From the Diocesan Office of Safe Environment

To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at 800.352.6513. In addition to civil authorities, to report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please contact the Diocese at 888.434.6237 or 304.233.0880. Please visit www.dwc.org under "Accountability" for additional information and reporting methods.



WHY DO WE DO THAT? **Catholic Life Explained:**

What Are "Special" Masses?

Why do Parishes Offer Special Masses like Thanksgiving and Memorial Day, even though they're not Holy Days of Obligation? Am I obligated to attend?

Answer:

Out of respect for the various civil celebrations that take place during the year, many dioceses and parishes will host special Masses. However, while it always worthwhile to come together to worship as a community, Catholics are not obligated to attend these celebrations. As the Catechism of the Catholic Church notes, the only times that we are obligated to participate in celebrations of the Eucharist are on Sundays and holy days of obligation:

The first precept ("You shall attend Mass on Sundays and holy days of obligation and rest from servile labor") requires the faithful to sanctify the day commemorating the Resurrection of the Lord as well as the principal liturgical feasts honoring the mysteries of the Lord, the Blessed Virgin Mary, and the saints; in the first place, by participating in the Eucharistic celebration, in which the Christian community is gathered, and by resting from those works and activities which could impede such a sanctification of these days.

Transfiguration of the Lord

The Cathedral of Saint Joseph



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MASS TIMES

SUNDAYS 6:00 pm (Saturday)

8:00 am 10:30 am

WEEKDAYS 12:05 pm (Monday thru Friday)

9:00 am (Saturday)

HOLY DAYS Please consult the bulletin

CONFESSIONS

FRIDAY 11:15 - 11:45 am

SATURDAY 5:00 - 5:45 pm

or by appointment

SACRAMENTS

BAPTISMS

By appointment. Please contact the parish office.

ANOINTING OF THE SICK / MINISTRY TO THE HOMEBOUND

Please call the parish office to arrange for anointing for someone who is seriously ill or preparing for surgery. If ill, homebound or hospitalized, a visit can be scheduled upon request.

MARRIAGE

Engaged couples who are members of the Cathedral parish should contact the parish office.

PARISH REGISTRATION

Registration forms can be obtained through the parish office.

Please notify the parish of address changes through contacting the parish office or by visiting the website.

Bulletin Articles due by 9am on Monday (5 days prior to publication). Submitted bulletin content is subject to approval.

