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Saint Joseph Cathedral Parish is called to spread the Gospel of Jesus Christ as a community. We are committed: to our urban neighborhoods, to being the Cathedral of the Diocese, and to fellowship, formation, sacrament, and prayer.

February 12 - 18, 2023

SUN **Sixth Sunday in Ordinary Time** 12 World Marriage Day

6:00 pm (Sat) Mass for Madeline & Jack Belby 8:00 am Mass for the Parishioners 10:30 am Mass for Lucille Renowicz

MON Weekday in Ordinary Time 13 12:05 pm Mass for John Sheets

Memorial of Sts. Cyril and Methodius 14 12:05 pm Mass for Janet Cupp

WED Weekday in Ordinary Time 12:05 pm Mass for Orlando A. Sacco

Weekday in Ordinary Time

12:05 pm Mass for Betty Hickman

FRI **Optional Memorial of the Seven Holy Founders** 17 of the Servite Order

11:15 am Confessions 12:05 pm Mass for Michael Sargent

SAT **Optional Memorial of the Blessed Virgin Mary** 18

9:00 am Mass for Stephen Grant Monroe 9:30 am Rosarv 5:00 pm Confessions 6:00 pm Mass for Rose Breiding

SUN 19

2

TUF

15

THU

16

Seventh Sunday in Ordinary Time

8:00 am 10:30 am

Mass for Ross Felton

Mass for the Parishioners

From Father Sateesh

"They are happy who freely follow God's law!"

The first reading from the Book of Sirach stresses the free will of human beings. It says that all human beings are free to choose either good or evil. God meant us to stay in his family not by force but out of love, that is why he gave us freedom to reject the life he offers or accept



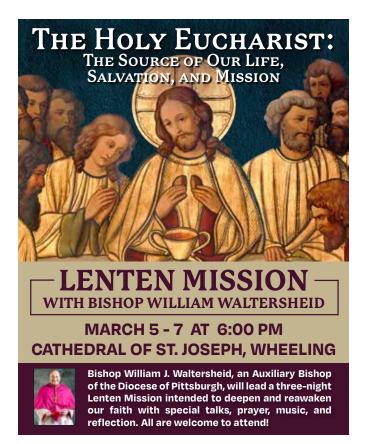
it, to observe or violate the guidelines to happiness that he established for us all out of love. Today we have to make a choice of how we will live. Our happiness or unhappiness depends on our choices.

For the third consecutive Sunday the Gospel is from the Sermon on the Mount where Jesus sets out his program for the kingdom. Today's extract gives us some of the rules for the road. But there is a huge contrast between the understanding of laws as presented by the scribes and Pharisees and the deeper meaning of religious conversion as preached by Jesus.

This passage specifically highlights the laws forbidding murder, adultery, divorce and swearing. Jesus does not stop at the letter of the law but reaches into the virtue that gives meaning to the law. Jesus speaks of what has been heard in the past and what has to be listened to now. Jesus is not changing the Law and the traditions passed on through the prophets. He is applying a proper spirit to what has become too legalistic. He explains the 'dictates of the law' were for the head to guide the five senses.

The spirit of Jesus was to form the heart as well as the mind. Jesus then focuses on two of the basic energies within us which are the sources of sin if they remain unchecked: anger and lust. All of us have anger in us and it is normal to feel angry at times. Instead of just expressing our anger we need to look at the cause of our anger. We can't avoid getting angry, but we can avoid acting out our anger. Jesus tells us to seek to be reconciled. Jesus does not espouse a minimalist approach to morality. Jesus enlarges the prohibition of murder to embrace anger, the prohibition of adultery to include lustful glances, and the prohibition of false oaths to include any kind of swearing. Jesus' new law is not a soulless set of don'ts. He asks us to look deep within ourselves at our inner motive: Why am I doing what I am doing? And why am I not doing what I ought to be doing? Ultimately, there is only one precept that we need to embrace if we are to live in his kingdom: the command of loving our neighbor. Only love will help us to live for God.

When evaluating ourselves, we feel we are good law-abiding people because we have not murdered anybody, we are not in the habit of stealing anything from our neighbors, we are Sunday-mass-going Catholics, and we say our prayers and mind our own business! But is that all that Jesus asks of us? Doing the minimum that the law expects from us? Today Jesus challenges us to go beyond, to do the maximum we can for God and our neighbor, to go beyond the letter of the law, to its spirit! Have a 'self-confronting' weekend!



All are invited to enjoy three Lenten evenings of prayer and reflection led by Pittsburgh Auxiliary Bishop William J. Waltersheid during the evenings of March 5, 6 and 7 in the Cathedral. Please mark your calendars and plan to attend with your family and friends!

Bishop William J. Waltersheid, V.G., S.T.L., was born and raised in the Diocese of Harrisburg where he was ordained a priest and served as parochial vicar and pastor in various parishes. He served as Vice Rector of the Pontifical North American College in Rome, Italy. Appointed an Auxiliary Bishop of Pittsburgh in 2011 by Pope Benedict XVI, he has served in various roles and is currently the Vicar General and Vicar for Faith Initiatives in the Diocese of Pittsburgh.

Pastoral Council Elections

Thank you for your help in the nomination process as we seek to elect three new members to serve on our Cathedral Pastoral Council. We will reach out to nominees over the next couple of weeks to give them the option to accept or decline the nomination. Nominee biographies will run for two weeks in the Courier in March. After the **election during the weekend of April 22/23**, the 3 nominees receiving the most votes will be asked to join the council and begin serving in the summer of 2023.



Now is the time. Return to the Lord. Gather the people together.

ASH WEDNESDAY FEBRUARY 22 Masses 12:05 PM क्ष 6:00 PM

LENTEN MISSION MARCH 5, 6, & 7 Bishop William Waltersheid, PRESENTER 6:00 PM

ON BENDED KNEE MARCH 16, 23, & 30 Shirley Carter, Presenter 6:00 PM

VESPERS (SUNG EVENING PRAYER) Sundays 6:00 PM

EUCHARISTIC ADORATION Fridays 12:45 PM to 5:45 PM

STATIONS OF THE CROSS Fridays 6:00 PM

SIMPLE LENTEN MEAL Fridays 6:30 PM

CONFESSIONS Tuesdays (During Lent) 5:00 PM to 6:00 PM Fridays 11:15 AM to 11:45 AM Saturdays 5:00 PM to 5:45 PM

Ash Wednesday and Good Friday are days of fast and abstinence. All Catholics ages 18 to 59 are bound to fast on these two days. They may take only one full meal. Two smaller meals are permitted, if necessary, to maintain strength according to each one's needs, but eating solid food between meals is not permitted.

All Catholics ages 14 and over are bound to refrain from eating meat on Ash Wednesday and all Fridays of Lent.

February 5, 2023 Envelopes: \$2161 Loose: \$314 Online: \$813 Thank you for your support!

Offertory

Collection



LITURGICAL LIFE

A Prayer for Marriage and Family By Pope St. John Paul II

Lord God, from you every family in heaven and on earth takes its name.

Father, you are Love and Life.

Through your Son, Jesus Christ, born of woman, and through the Holy Spirit, fountain of divine charity, grant that every family on earth may become for each successive generation a true shrine of life and love.

Grant that your grace may guide the thoughts and actions of husbands and wives for the good of their families and of all the families in the world.

Grant that the young may find in the family solid support for their human dignity and for their growth in truth and love.

Grant that love, strengthened by the grace of the sacrament of marriage, may prove mightier than all the weakness and trials through which our families sometimes pass.

Through the intercession of the Holy Family of Nazareth, grant that the Church may fruitfully carry out her worldwide mission in the family and through the family.

Through Christ our Lord, who is the Way, the Truth and the Life for ever and ever.

Amen.



The Holy Father's Prayer Intention for February

For Parishes

We pray that parishes, placing communion at the center, may increasingly become communities of faith, fraternity and welcome towards those most in need.

Marriage and the Eucharist

As we celebrate this World Marriage Day during the first year of the National Eucharistic Revival, we offer this article for your reflection.

In the Eucharist, Catholic married couples meet the one who is the source of their marriage. "In this sacrifice of the new and eternal covenant, Christian spouses encounter the source from which their own marriage covenant flows, is

interiorly structured and continuously renewed." Pope Benedict XVI explains how, in the Eucharist, the very meaning of marriage is transfigured: "the imagery of marriage between God and Israel is now realized in a way previously inconceivable: it had meant standing in God's presence, but now it becomes union with God through sharing in Jesus' self-gift, sharing in his body and blood."

Moreover, Pope Benedict points out that the sacramental mysticism he mentions is "social in character." The Eucharist "makes the Church" because "those who receive the Eucharist are united more closely to Christ. Through it Christ unites them to all the faithful in one body-the Church." In the Eucharist, spouses encounter the love that animates and sustains their marriage, the love of Christ for his Church. This encounter enables them to perceive that their marriage and family are not isolated units, but rather that they are to reach out in love to the broader Church and world of which they are a living part.

Marriage continually sends the believing Catholic back again to the Eucharist. Here is where the gratitude that has become a life-giving habit in a marriage can be fully and completely expressed. "Eucharist,"



after all, means "thanksgiving." In the Eucharist one thanks God the Father for his supreme gift, the gift of his risen Son, who, in turn, bestows most fully the divine life and love of the Holy Spirit.

Marriage is a school for gratitude. By celebrating the Sacrament of Marriage, "Christian spouses profess their gratitude to God for the sublime gift bestowed on them of being able to live in their married and family lives the very love of God for people and that of the Lord Jesus for the Church."

Procreation and education, the basic and irreplaceable service of the family to society, are part of a formation in love and a formation for love that is a participation in building up the Kingdom of God. Just as the Church is a "sacrament . . . of communion with God and of the unity of the entire human race," and the family contribute to the unity of humanity and to humanity's communion with God.

For example, since the Eucharist "commits us to the poor," so the hospitality of Christian marriage becomes enlarged as a commitment to the "preferential option for the poor" by training each family member to recognize the image of God in each other, even the least. Thus, the natural virtue of marital hospitality is nourished and formed even more widely by the spouses' Eucharistic life.

Their hospitality, in turn, will build up the Church, making the Church a more hospitable or homelike place and thereby an even stronger witness to Christ's love in the world. Thus, "the Christian family [that] springs from marriage... is an image and a sharing in the partnership of love between Christ and the Church; it will show to all people Christ's living presence in the world and the authentic nature of the church" (Gaudium et Spes 48).

The National Eucharistic Revival is a three-year initiative that aims to inspire, educate, and unite. In a world where not many people know Jesus intimately, the revival is meant to show everyone what wonders the True Presence of Jesus can do to heal the soul of Catholics and non-Catholics alike.





Both the Altar of Sacrifice or "Main Altar" and the Ambo are fairly new to the Cathedral, having been installed in the summer of 2012. The Main Altar was specifically designed to "match" the High Altar. The same materials were used, with the front and side panels being made of calacata paonazzo (a white, dramatically veined) and the altar's mensa (literally Latin to "table top") being executed in a single peice of rosso lepanto turco (a deep red marble with white pockets and medium veining), and accented by cornic work and colums executed in botticino (a light marble of buttery appearance), all drawn from the original quarries along the Tyrrhenian Sea in Italy.

HAPPENING AROUND THE AREA

Bereavement Gathering

Grief from a Faith Perspective Next Meeting: February 27 at 6pm St. John Fellowship Hall, Benwood If you, or someone you know has lost a loved one and may benefit from a gathering for those grieving. Please join us 6:00pm at St. John's Parish Hall 700 Main Street in Benwood on the following dates. Bring a friend and join us. The next meeting is on February 27.

Cemetery Cleanup

Mount Calvary Cemetery, Wheeling

Mount Calvary Cemetery Clean-Up starts on March 1, 2023 and ends on March 15, 2023. Please remove everything and wait until the annual cleanup of over before placing anything.

Fish Fry

Begins Ash Wednesday; 11am-5pm St. John Church, Fellowship Hall 700 Main Street, Benwood

St. John, Benwood is having their annual Fish Fry during Lent beginning on Ash Wednesday, February 22, and continuing on all the Fridays of Lent through April 7. All items on the menu are homemade. The menu includes fish sandwiches, french fries, pierogies, cabbage and noodles, soup, macaroni and cheese and more!



The month of February is dedicated to the Holy Family. The special devotion which proposes the Holy Family of Jesus, Mary, and Joseph as the model of virtue of all Christian households began in the 17th century. In the words of His Holiness Pope Leo XIII, "Nothing truly can be more salutary or efficacious for Christian families to meditate upon than the example of this Holy Family, which embraces the perfection and completeness of all domestic virtues."

Ways to Honor the Holy Family

• Consecrate your family to the Holy Family

• Pray the Rosary together

• Strengthen your family's devotion to the Holy Eucharist as the nourishment of family life

Prayer for Families

Jesus, Son of God and Son of Mary, bless our family. Graciously inspire in us the unity, peace, and mutual love that you found in your own family in the little town of Nazareth.

Mary, Mother of Jesus and Our Mother, nourish our family with your faith and your love. Keep us close to your Son, Jesus, in all our sorrows and joys.

Joseph, Foster-father to Jesus, guardian and spouse of Mary, keep our family safe from harm. Help us in all times of discouragement or anxiety.

Holy Family of Nazareth, make our family one with you. Help us to be instruments of peace. Grant that love, strengthened by grace, may prove mightier than all the weaknesses and trials through which our families sometimes pass. May we always have God at the center of our hearts and homes until we are all one family, happy and at peace in our true home with you. Amen.



SCRIPTURE READINGS Week of February 12

SUNDAY

Sixth Sunday in Ordinary Time Sirach 15:15-20 Ps 119:1-2, 4-5, 17-18, 33-34 1 Corinthians 2:6-10 Matthew 5:17-37

MONDAY

Genesis 4:1-15, 25 Ps 50:1, 8, 16-17, 20-21 Mark 8:11-13

TUESDAY

Genesis 6:5-8; 7:1-5, 10 Ps 29:1, 2, 3-4, 3, 9-10 Mark 8:14-21

WEDNESDAY

Genesis 8:6-13, 20-22 Ps 116:12-13, 14-15, 18-19 Mark 8:22-26

THURSDAY

Genesis 9:1-13 Ps 102:16-18, 19-21, 29, 22-23 Mark 8:27-33

FRIDAY

Genesis 11:1-9 Ps 33:10-11, 12-13, 14-15 Mark 8:34—9:1

SATURDAY

Hebrews 11:1-7 Ps 145:2-3, 4-5, 10-11 Mark 9:2-13

NEXT SUNDAY

Leviticus 19:1-2, 17-18 Ps 103:1-2, 3-4, 8, 10, 12-13 1 Corinthians 3:16-23 Matthew 5:38-48

The readings are included each week so that those who are unable to join us for daily Mass will be able to consider and pray them in union with the whole Church.

SAINTS OF THE WEEK

February 14 - Saints Cyril, monk (827-869) and Methodius, bishop (815-884)

Cyril and Methodius were brothers born in Thessalonica (Greece) in the ninth century and are known as the "apostles to the Slavs." Cyril was a scholar and linguist, and Methodius was a monk. In 862, Prince Ratislav of Moravia asked the Byzantine Emperor Michael III and the Patriarch of Constantinople, Photius, to send missionaries to his people. It is likely that Ratislav turned to Constantinople for help rather than fall under the influence of the Franks. At the time, there was no written form of Old Slavonic, so Cyril and Methodius developed the Glagolitic alphabet, from which their disciples developed the Cyrillic alphabet, still used today in Slavic languages such as Russian and Ukranian, as well as by the Russian-influenced languages Moldavan, Mondolian, and Tatar, among others. As part of their work, they translated some of the Scriptures into Old Slavonic and devised a liturgy in that language. Shortly before his death, Cyril became a monk; Methodius continued the mission alone and later was made an archbishop. The Eastern Orthodox churches venerate them as saints with the title "equal-to-apostles," and they are celebrated with national holidays in Bulgaria and Macedonia. Pope Saint John Paul II declared them co-patron saints of Europe, an honor they share with Saint Benedict of Nursia. Their joint commemoration is celebrated on the anniversary of Cyril's death. Patronage: ecumenism; unity among the Eastern and Western Churches; Europe

February 17 - The Seven Holy Founders of the Servite Order (13th century)

February 17 - The Founders of the Order of Servites were seven young men with one vision-"to be of one mind and one heart" (Rule of St. Augustine), through common prayer, works of charity, and a special devotion to Mary, the Mother of God. Living in thirteenth –century Florence, the Founders of the Order of Servites (Friar Servants of Mary) were inspired to abandon their homes and businesses to seek a life of prayerful seclusion, eventually establishing themselves on Monte Scenario, called the 'sounding mountain.' These Friar Servants of Mary paid homage to Mary by living a humble and simple life. Their lifestyle drew young men from all over, which ultimately led to their establishment as a religious order. In the eighteenth century, a holy woman by the name of St. Juliana Falconieri was attracted to the lives of the Servite Sisters.

On Bended Knee

A 3-week course reflecting upon the Eucharist and its impact on our relationships with one another.

Based on Bishop Anthony Bosco's Pastoral Letter On Bended Knee

MARCH 16, 23 & 30 6:00 P.M.

CHANCERY CANTINA

Led by Shirley Carter

Please register by March 3 by using the form in the back of the church or by e-mailing tgreenwood@dwc.org



Do you want a life of Heroic Sacrifice?

Is God Calling YOU to be a Priest of Jesus Christ?

Come join Us for a weekend of prayer and discernment

March 3-5 Priest Field Pastoral Center 4030 Middleway Pike, Kearneysville, WV 25430

To complete an application visit WVPriests.org

REMEMBER IN YOUR PRAYERS

Andrew Helfer Angela Niehart Archer Hatch Arthur Danehart Austin Cook Barb Mazzocca Beth Jochum **Betty Teater Bill Wilson Bob Armstrong** Bob Jones **Billy Hanasky** Brian Hanasky **Brogan Gallentine** Caleb Hlebiczki Carolyn Lash Carolyn Wiethe **Charles Heizer** Charles DeBeni Children of the Youth Services System Christina Helfer

Chuck Fair David A. Kress, Jr. Eli Musser **Eric South** Eva Wood Fr. Joseph Wilhelm Frank Davis Frederick C. Schweizer Gail Koch George Kirchner Geri Adams Nagy Hines Rotriga Janet Rodriguez Jean Schultz lim Antill Jim and Dee Jimmy Hocking loe Bechtel John Petrella Jon-Michael Lasher Judy Pack Julia Sheets

Kathy Cooley Kaitlyn Hanasky Kermit Klosterman Liam Barns Liam Manning Lukie Brown Margaret Stocke Marie Farnsworth Marie & Conner Workman Mark Davis Marshall South Martha Yocum Mary K. Schlosser Mary Walicki Michael DeBlasis Milissa Rose Nadine Greenwood Nicholas Barns Pete Cuffaro Pete Mack Philippa Shores

Rachel Wade R. J. Stocke **Richard Simon Rick Burgy** Ron Hickman Rosanne Gaughan Rosalie Davis Rose Otey Sarah Hanasky Sarah Sargent Shirley DeCaria Stanley Kyrc Susan Graff Susan Mize Susan Schulte Tammy Teresa Helfer Thelma Pearson **Tony Helfer** Trystan Timmons Victoria Jeskey Zoey Knight

From the Diocesan Office of Safe Environment

The Diocese of Wheeling-Charleston is committed to the protection of its children and young people. The Diocese complies with the United States Conference of Catholic Bishops' Charter for the Protection of Children and Young People by maintaining an Office of Safe Environment. To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at 800.352.6513. In addition to civil authorities, to report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please contact the Diocese at 888.434.6237 or 304.233.0880. Please visit www.dwc.org under "Accountability" for additional information and reporting methods. To learn more about the Catholic Church's efforts in preventing sexual abuse of children in the United States, please visit http://www.usccb.org. Under "Issues and Action," click "Child and Youth Protection" from the drop down menu.



WHY DO WE DO THAT? Catholic Life Explained: Vestment Colors

Question:

What do the colors of the priest's and deacon's vestments mean?

Answer:

In the Roman Rite of the Catholic Church, the colors of the vestments evolved over the course of several centuries and there was wide variation both in the colors used, and in the feasts and seasons associated with particular colors. It was Pope Innocent III (d. 1216) who gave us the basic outline that was later prescribed by Pope Saint Pius V in 1570. The various colors remind us of the dominant themes of a particular season or celebration.

White: Used for the seasons of Christmas and Easter and in celebrations of the Lord, of Mary, the angels, and saints who were not martyrs. This color is also used in Masses for the dead, at baptisms, weddings and other festive celebrations.
Red: As the color of both blood and fire, red is used on Palm Sunday and Good Friday, as well as Pentecost and special celebrations of the Holy Spirit. Moreover, red is used on the feasts and memorials of the Apostles and those saints who died as martyrs.

• Violet: The color for Advent and Lent. Violet may also be used in Masses for the dead and on All Souls Day (November 2).

• Green: A color of life and hope, green is used throughout Ordinary Time.

• Other colors: Rose may be used on the Third Sunday of Advent and the Fourth Sunday of Lent, black may be used in Masses of the dead and on All Souls Day, gold or silver may be used on solemn occasions in place of white, red, or green.

The Cathedral of Saint Joseph



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MASS TIMES

| SUNDAYS | 6:00 pm (Saturday) 8:00 am |
|----------|-------------------------------|
| | 10:30 am |
| WEEKDAYS | 12:05 pm (Monday thru F |

VEEKDAYS 12:05 pm (Monday thru Friday) 9:00 am (Saturday)

HOLY DAYS Please consult the bulletin

CONFESSIONS

FRIDAY 11:15 - 11:45 am

SATURDAY 5:00 - 5:45 pm or by appointment

SACRAMENTS

BAPTISMS

By appointment. Please contact the parish office.

ANOINTING OF THE SICK / MINISTRY TO THE HOMEBOUND

Please call the parish office to arrange for anointing for someone who is seriously ill or preparing for surgery. If ill, homebound or hospitalized, a visit can be scheduled upon request.

MARRIAGE

Engaged couples who are members of the Cathedral parish should contact the parish office.

PARISH REGISTRATION

Registration forms can be obtained through the parish office.

Please notify the parish of address changes through contacting the parish office or by visiting the website.

Bulletin Articles due by 9am on Monday (5 days prior to publication). Submitted bulletin content is subject to approval.

The Mother Church of the

Diocese of Wheeling-Charleston