

THE Cathedral Courier

Weekly Bulletin for the Cathedral of St. Joseph, Wheeling, West Virginia

18 February 2024

FIRST SUNDAY OF LENT

Vol. 12, No. 12



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Saint Joseph Cathedral Parish is called to spread the Gospel of Jesus Christ as a community. We are committed: to our urban neighborhoods, to being the Cathedral of the Diocese, and to fellowship, formation, sacrament, and prayer.

This Week

February 18 - 25, 2024

SUN
18

First Sunday of Lent

6:00 pm (Sat) Mass for the Parishioners
8:00 am Mass for Ginny Felton
10:30 am Mass for Rose Breiding
6:00 pm Vespers

MON
19

Lenten Weekday

12:05 pm Mass for Msgr. Edward Sadie

TUE
20

Lenten Weekday

12:05 pm Mass for Evelyn Ghaphery
5:00 pm Confessions
6:00 pm PrimeTimers Group (*Chancery Cantina*)

WED
21

Lenten Weekday; Optional Memorial of St. Peter Damian

12:05 pm Mass for Nadine Greenwood
7:00 pm Sons of St. Joseph

THU
22

Feast of the Chair of St. Peter the Apostle

12:05 pm Mass for Julia Bartolovich

FRI
23

Lenten Weekday; Optional Memorial of St. Polycarp

11:15 am Confessions
12:05 pm Mass for Bernard & Evelyn Helfer
12:45 pm Eucharistic Adoration Begins
5:45 pm Benediction of the Blessed Sacrament
6:00 pm Stations of the Cross
6:30 pm Simple Lenten Meal (*Chancery Cantina*)

SAT
24

Lenten Weekday

9:00 am Mass for Janet Castilow
9:30 am Rosary
5:00 pm Confessions
6:00 pm Mass for Nicholas & Nimnoom Ghaphery

SUN
25

Second Sunday of Lent

8:00 am Mass for the Parishioners
10:30 am Mass for Bishop Thomas J. McDonnell
(*Anniversary of Death - 1961*)
3:00 pm Rite of Election
6:00 pm Vespers



From Father Sateesh

"God's Kingdom is at hand! Repent and believe!"



Children often dislike tests and exams. Few people like to be tested and evaluations are not gladly welcomed. Yet we know a person's worth only when they have undergone tough trials. Athletes show their mettle when they are tested in competition with the best. In spiritual life we know how strong or weak we are when we are tested by temptations. If we are never tempted or tried, we would never know our strengths and weaknesses. Tests are not meant to make us fail but to strengthen us. Today we celebrate the First Sunday of Lent. You'll notice that the Old Testament readings for the first three Sundays in Lent highlight three covenants: God's covenant with Noah, God's covenant with Abraham, and God's covenant with Israel at Sinai. The readings this week have the theme of new beginnings.

The first reading from Genesis reminds us of Noah alone was spared during the flood. God made a promise, a covenant that man would not be destroyed by the floodwaters and the sign of his covenant was the rainbow. God is faithful to his promise and each time we see a rainbow, it should remind us of a God who is faithful to His promise. All kinds of situations test us and there are times we may falter and fail, we may be unfaithful to God, but God will not destroy us, He is faithful to his promise, He will save us.

The Gospel reminded us that the spirit led Jesus to be tempted and he was in the desert amidst wild beasts but at the same time angels were ministering unto him. All through our life we are tempted and that in itself is not a bad thing. It is how we deal with temptations that really matters. We are tempted to compromise on values, to go by the popular majority, to do the easy or more convenient thing rather than what is right and proper. While we may be surrounded by evil forces we are also supported by God's help. The wild beasts and the angels will always be there in the desert experience. We too have to go through periodic training periods of discipline and testing called Lent. We too have to be ready to do battle with Satan and evil in this world. We consider it criminal if a soldier is sent to war without basic training, or to send a doctor into an operating theatre without adequate schooling and internship. Yet we casually assume that we can fight evil in us and around us without taking Lent seriously.

The invitation for us this Lent is to discover our true identity, we are called to remove all the masks that we have put on: masks to please the people, we hang out with masks to conform to societal standards, masks which show that we are okay but deep inside we are hurting. Remove all these masks and discover your true identity as a son or daughter of God who loves us just the way we are. Which mask is God asking you to drop this Lent? Spend some time in prayer to experience the beauty of your true identity and make a new beginning.

Baby Bottle Campaign

The Knights of Columbus, Wheeling Council 504, will begin their annual Baby Bottle Campaign this weekend. They ask that you pick up a bottle at the rear of the church and fill it with loose cash and coins throughout the Lenten season. You are asked to return the bottles on Palm Sunday, March 24. All proceeds are given to the Gabriel Project and used to aid women and child in need.



LENT +

Now is the time. Return to the Lord.
Gather the people together.

VESPERS (SUNG EVENING PRAYER)

Sundays 6:00 PM

EUCCHARISTIC ADORATION

Fridays 12:45 PM to 5:45 PM

STATIONS OF THE CROSS

Fridays 6:00 PM

SIMPLE LENTEN MEAL

Fridays 6:30 PM

CONFESSIONS

Tuesdays (During Lent) 5:00 PM to 6:00 PM

Fridays 11:15 AM to 11:45 AM

Saturdays 5:00 PM to 5:45 PM

Ash Wednesday and Good Friday are days of fast and abstinence. All Catholics ages 18 to 59 are bound to fast on these two days. They may take only one full meal. Two smaller meals are permitted, if necessary, to maintain strength according to each one's needs, but eating solid food between meals is not permitted.

All Catholics ages 14 and over are bound to refrain from eating meat on Ash Wednesday and all Fridays of Lent.

Synod Lenten Listening Sessions

The Synod Continues in the Diocese of Wheeling-Charleston Continuing on our journey as a Synodal Church, faithful from around the Diocese of Wheeling-Charleston are asked to attend a gathering in their vicariate between Feb. 21- March 7. Each gathering will be a synodal listening session to address two questions posed by the General Assembly of the Synod of Bishops, who met in Rome last October.

- *Where have I seen or experienced successes—and distresses—within the Church's structure(s)/organization/leadership/life that encourage or hinder the mission?*
- *How can the structures and organization of the Church help all the baptized to respond to the call to proclaim the Gospel and to live as a community of love and mercy in Christ?*

The session for the Wheeling Vicariate will be held on Thursday, March 7 at 6:30 p.m. at St. Michael Church in Wheeling. Everyone is encouraged to attend.



February 20 - PrimeTimers Gathering, 6pm

February 21 - Sons of St. Joseph, 7pm (18th Street Center)

February 23 - Eucharistic Adoration & Stations of the Cross

February 23 - Simple Lenten Meal

March 1 - First Friday

March 12 - Women's Group, 6:30pm

March 19 - Solemnity of St. Joseph Mass

March 24 - Palm Sunday - Holy Week Begins

March 28/29/30 - The Sacred Paschal Triduum

March 31 - Easter Sunday

Security Cameras

The Cathedral of St. Joseph has long held the safety and security of our parishioners as a top priority. For years, we have worked to achieve this goal through various measures including placement of security cameras around the exterior of our campus.

Recently, our Parish Threat Assessment Committee, chaired by Nannette Kennedy, met with the guidance of local law enforcement, diocesan officials, and others to review our safety protocols. The team discussed several additional measures our church can take to ensure the safety of all.

We are happy to announce that one of those measures is now in place—the addition of internal security cameras within the church. These cameras will record 24 hours per day and will be monitored during Masses and other events.

We pray that the addition of these cameras will help you feel more comfortable during your time of faith and worship here at our Cathedral.

If you have any questions, please contact Nannette through the parish office.

Don't have cash or check? Consider making a contribution using our online services www.saintjosephcathedral.com/giving or scan the QR code from your phone!



Offertory Collection

The collection data for February 11, 2024 was not available at the time of publication. We will share it in next week's edition.

FOLLOW US

on social media for updates and more info!
@wheelingcathedral
on Facebook & Instagram



The First Week of Lent

First Sunday of Lent
Saint John Lateran

Monday
Saint Peter in Chains

Tuesday
Saint Anastasia

Wednesday
Saint Mary Major

Thursday
Saint Lawrence in Panisperna

Friday
Twelve Holy Apostles

Saturday
Saint Peter in the Vatican

New to the Parish?

Are you new to the Parish? Has your address or phone number changed? Are you a Catholic wishing to return to the Church? We would love to hear from you! Contact or stop by the Parish Offices to find out more information on how to become a member of the Cathedral Parish.

Pope's Monthly Intention February: For the terminally ill

We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

Living a Eucharistic Lent

By Fr. Roger Landry, A National Eucharistic Revival Preacher

Lent is about going spiritually to the state of the desert, about uniting ourselves to, and imitating, Jesus' fasting, praying and charity. It's a time to repent and believe.

We're summoned to render our hearts open to God, to reflect on the meaning and trajectory of our life, as we recall that we are dust and to dust we shall return. It's a period of mercy and conversion, of grace and holiness that we're supposed to receive fruitfully and not in vain.

This Lent is special, taking place within the parish phase of the three-year-plus Eucharistic Revival. Since Jesus in the Eucharist is the source and summit, the root and center of the Christian life, Lent, too, should draw its life from the Eucharistic Jesus and lead us to him. It's important, therefore, to look at our major Lenten practices through a Eucharistic lens.

The first is fasting. In the Gospel on Ash Wednesday, Jesus says to us, "When you fast ..." In contrast to many of Jesus' contemporaries, who fasted for show, supplication, penance and self-mastery, Jesus wants our fasting to be to bring into communion those parts of our life that are not yet united to him, those areas in which Jesus the Bridegroom has been "taken away" and is not yet present. Through Isaiah, God tells us that fasting is ultimately to learn to hunger for God and for what he hungers.

The reason why the Church has a discipline of fasting before receiving Holy Communion is to help us calibrate our appetites to God's. Jesus told us, "Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you" (John 6:27).



But our hunger to eat his flesh and drink his blood is meant to lead us to draw our whole life from him. A Eucharistic life extends beyond Mass.

A second major Lenten theme is the desert. Jesus calls us, especially in Lent, to "come away for a little while to a deserted place to rest a while" (Mark 6:31). Each Lent, the same Holy Spirit whom St. Luke tells us led Jesus into the desert wants to guide us into the desert with him, so that we, apart from distractions, in sacred silence, can prayerfully focus on who we are and on our relationship with God and others — and, with Christ's help, can confront and overcome the way that the devil seeks to distort those relations and that image. Satan's final temptation in the desert was to promise Jesus all the kingdoms of the world if Jesus would fall down and adore him. Jesus replied, "The Lord your God shall you adore, and him alone shall you serve" (Luke 4:8).

We're called to adore and serve the Lord. Pope Francis says that we're always adoring either the Lord or something or someone else. Eucharistic adoration helps crush our idols: our disproportionate focus on work, material possessions, entertainment, our families, or our egos. In the state of the desert, spending time with Jesus in prayerful adoration, we learn how to prioritize him, to unite all parts of life

to him, and to ensure that he alone is our God. That's why Eucharistic adoration is so important in Lent and life.

The third Lenten practice is almsgiving. Giving himself to us in the Eucharist, Jesus seeks to transform us to live truly Eucharistic lives, giving our own body and blood out of love for others. Jesus began the celebration of the first Mass on Holy Thursday, washing the feet of the apostles as an example for them likewise to serve others with love.

A final Lenten theme is the spiritual work of mercy of sharing the faith. On Ash Wednesday, St. Paul summons us to seize the day of salvation and be reconciled to God. Jesus' plan for us, just like his first followers, is that,

after being with him, he can send us out as ardent apostles to complete his saving work. Lent is a time in which the Lord Jesus wants to renew us not just in holiness but Christian mission. The celebration of the Mass, in which we receive the Lord Jesus within, finishes with the Lord's blessing and the command, "Go and announce the Gospel of the Lord."

This Lent is a sacred time to recommit ourselves to these essential Eucharistic dimensions of our Christian existence, as we, through fasting hunger for Christ in the Mass, go into the desert to adore him outside of Mass, are impelled by him within toward Eucharistic charity, and are commissioned by him to proclaim his presence by word and life.



The month of February is dedicated to the Holy Family. The special devotion which proposes the Holy Family of Jesus, Mary, and Joseph as the model of virtue of all Christian households began in the 17th century. In the words of His Holiness Pope Leo XIII, "Nothing truly can be more salutary or efficacious for Christian families to meditate upon than the example of this Holy Family, which embraces the perfection and completeness of all domestic virtues."

Ways to Honor the Holy Family

- Consecrate your family to the Holy Family
- Pray the Rosary together
- Strengthen your family's devotion to the Holy Eucharist as the nourishment of family life

PARISH GROUPS

Women's Group

Tuesday, March 12

6:30 - 7:30 pm in Chancery Cantina

The women's group is starting the new year with a study of "Letters to Women," a study guide from St. John Paul's letters addressing women. This study will continue until May. If you are interested in participating, please get in touch with Dr. Boury at tboury@franciscan.edu.

Book Club

Sunday, March 3

9:15 - 10:15 am in Rectory

Our book club meets monthly to explore topics of the spiritual life, literature, and culture.



Pro-Life Corner

Today the Knights of Columbus are distributing baby bottles, as they do each Lent. Money you contribute in these bottles supports the Gabriel Project, serving impoverished pregnant women and families with babies up to two years old.

Your contribution provides:

- Essential baby items
- Emotional support
- Information about baby care and child development
- Referrals to other community resources, for complex needs

Through a network of trained volunteers, their principle of "neighbor helping neighbor" reminds us of Jesus' parable of the Good Samaritan. Jesus ended it by asking which person in the parable was truly a neighbor to the person in need. Networking with the Knights of Columbus and the Gabriel Project, we are truly neighbors to parents and babies in need. Thank you for your support!



If you are 55 years and over and enjoy sharing conversation, friendship, fun, and spiritual activities, please join us!

"Finding Our Roots"

Tuesday, February 20 at 6pm

Chancery Cantina

Bring a dish from your family and discuss our backgrounds/culture



Our men's group is open to all men who are looking for a place where they can find authentic friendships and grow in their faith alongside other men.

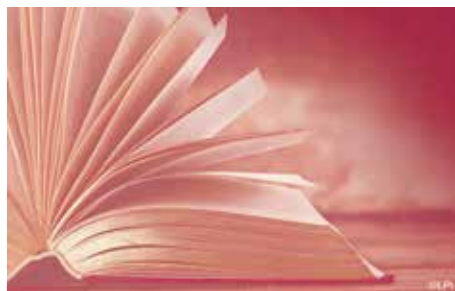
Wednesday, February 21 at 7pm

Catholic Charities Neighborhood Center

125 18th Street, Wheeling, WV

We will be painting a few rooms at the 18th center.

SAINTS OF THE WEEK



SCRIPTURE READINGS

Week of February 18

THIS SUNDAY

Genesis 9:8-15
Ps 25:4-5, 6-7, 8-9
1 Peter 3:18-22
Mark 1:12-15

MONDAY

Leviticus 19:1-2, 11-18
Ps 19:8,9, 10, 15
Matthew 25:31-46

TUESDAY

Isaiah 55:10-11
Ps 34:4-5, 6-7, 16-17, 18-19
Matthew 6:7-15

WEDNESDAY

Jonah 3:1-10
Ps 51:3-4, 12-13, 18-19
Luke 11:29-32

THURSDAY

1 Peter 5:1-4
Ps 23:1-3, 4, 5, 6
Matthew 16:13-19

FRIDAY

Ezekiel 18:21-28
Ps 130:1-2, 3-4, 5-7, 7-8
Matthew 5:20-26

SATURDAY

Deuteronomy 26:16-19
Ps 119:1-2, 4-5, 7-8
Matthew 5:43-48

NEXT SUNDAY

Genesis 22:1-2, 9, 10-13, 15-18
Ps 116:10, 15, 16-17, 18-19
Romans 8:31-34
Mark 9:2-10

The readings are included each week so that those who are unable to join us for daily Mass will be able to consider and pray them in union with the whole Church.

February 21 - St. Peter Damian, bishop, doctor of the Church (1007-1072)

St. Peter Damian's many gifts drew him into the spotlight even when his own humility inclined him to a life of solitude and penance. The saint felt compelled to leave his hermitage to speak out against corrupt practices; subsequently he was appointed a cardinal and a papal legate and used his skills of discernment as an able negotiator of controversies within the Church.

February 23 - St. Polycarp, bishop and martyr (c.69-c.155)

St. Polycarp was the bishop of Smyrna in the second century. With Clement of Rome and Ignatius of Antioch, he is an apostolic father, one who was converted by the Apostles. He was martyred by beheading. Polycarp is one of the earliest Christians whose writings we still have.

Station Churches: A Journey Through Lent

Pilgrims who travel to Rome during Lent can participate in a beautiful custom that dates back to the fourth century. It's a custom that began as a way to strengthen the sense of community in the city while honoring the holy martyrs of Rome. The faithful would journey through the streets to visit various churches. As they walked they would pray the Litany of the Saints. The bishop of Rome, that is the Holy Father, would join them, lead them in prayer, and celebrate Mass at the church.

Christians today continue to observe the early custom of visiting these churches in Rome. At the Pontifical North American College (the U.S. seminary in Rome), priests and seminarians have enjoyed the tradition of gathering each morning at 7 a.m. for Mass at each of the station churches. Their prayers echo the voices of centuries of Christian pilgrims who, like themselves, came to the tombs of the martyrs to honor those saints whose lives bore witness to Christ and whose blood consecrated the Eternal City.



Basilica of St. Clement in Rome, Italy

While we may not be able to travel to Rome this Lent, we can still take part in this pilgrimage. Along with our prayer and penitence during Lent, the observance of the station churches affords us a unique opportunity to make a true pilgrimage of faith. For this reason, **the Station Churches will be listed in the left column of page 4 of *The Cathedral Courier* throughout Lent.** We encourage everyone to take note of the Station Church for each day in Lent and perhaps find out more about that particular church. There is a wealth of knowledge about these particular churches available on the internet. Several articles and books have been published on this pious practice as well, in particular the fantastic book by George Weigel and Elizabeth Lev titled *Roman Pilgrimage: The Station Churches*.



St. Joe's Parish Lenten Mission

With Dr. Dan Schneider

(personal assistant to world renowned exorcist Fr. Chad Ripperger & author of the Liber Christo Method!)

Feb. 19-21, 2024

7:00 – 8:00 PM: TALK

8:00 PM – TBD: CONFESSION, MEET & GREET, BOOK SALES, ETC.



SPIRITUAL WARFARE

Learn from one of the very best experts serving on the front lines of today's spiritual combat!
All Are Welcome

Refreshments available

- Attendees will receive **gratuitous** spiritual warfare supplies last!
- Confession is available one hour prior to the talk!
- For more info, please call the Parish Office at 304-723-2954.
- The event address is 229 California Ave., Weirton, WV 26062.



WHY DO WE DO THAT?

Catholic Life Explained:

Vestment Colors

Question:

What do the colors of the priest's and deacon's vestments mean?

Answer:

In the Roman Rite of the Catholic Church, the colors of the vestments evolved over the course of several centuries and there was wide variation both in the colors used, and in the feasts and seasons associated with particular colors. It was Pope Innocent III (d. 1216) who gave us the basic outline that was later prescribed by Pope Saint Pius V in 1570. The various colors remind us of the dominant themes of a particular season or celebration.

- **White:** Used for the seasons of Christmas and Easter and in celebrations of the Lord, of Mary, the angels, and saints who were not martyrs. This color is also used in Masses for the dead, at baptisms, weddings and other festive celebrations.
- **Red:** As the color of both blood and fire, red is used on Palm Sunday and Good Friday, as well as Pentecost and special celebrations of the Holy Spirit. Moreover, red is used on the feasts and memorials of the Apostles and those saints who died as martyrs.
- **Violet:** The color for Advent and Lent. Violet may also be used in Masses for the dead and on All Souls Day (November 2).
- **Green:** A color of life and hope, green is used throughout Ordinary Time.
- **Other colors:** Rose may be used on the Third Sunday of Advent and the Fourth Sunday of Lent, black may be used in Masses of the dead and on All Souls Day, gold or silver may be used on solemn occasions in place of white, red, or green.

REMEMBER IN YOUR PRAYERS

| | | | |
|-----------------------|------------------------|-------------------|-----------------|
| Andrew Helfer | Chuck Fair | Kaitlyn Hanasky | Philippa Shores |
| Angela Niehart | David A. Kress, Jr. | Kermit Klosterman | Rachel Wade |
| Archer Hatch | Dianna Albright | Kristin Smith | R. J. Stocke |
| Arthur Danehart | Doug Jones | Langan Family | Richard Simon |
| Austin Cook | Eric South | Liam Barns | Rick Burgy |
| Barb Mazzocca | Eva Wood | Liam Manning | Ron Hickman |
| Beth Jochum | Fr. Joseph Wilhelm | Lukie Brown | Rosalie Davis |
| Betty Teater | Frank Davis | Margaret Stocke | Rose Otey |
| Bill Wilson | Frederick C. Schweizer | Marge Mucheck | Sarah Hanasky |
| Bob Armstrong | Gail Koch | Marie Farnsworth | Sarah Sargent |
| Billy Hanasky | George Kirchner | Marie & Conner | Shirley DeCaria |
| Brian Hanasky | Gerri Adams Nagy | Workman | Stanley Kyrck |
| Brogan Gallentine | Hines Rotriga | Mark Davis | Susan Graff |
| Caleb Hlebiczki | Jean Schultz | Marshall South | Susan Mize |
| Carol Young | Jim Antill | Martha Yocum | Susan Schulte |
| Carolyn Lash | Jim and Dee | Mary K. Schlosser | Susanna Kress |
| Caroline Wiethe | Jimmy Hocking | Mary Walicki | Tammy |
| Catherine Lanham | Joe Bechtel | Michael DeBlasis | Teresa Helfer |
| Charles Heizer | John Petrella | Milissa Rose | Thelma Pearson |
| Charles DeBeni | Jon-Michael Lasher | Nadine Greenwood | Tony Helfer |
| Children of the | Judy Pack | Nicholas Barns | Trystan Timmons |
| Youth Services System | Julia Sheets | Pete Cuffaro | Victoria Jeskey |
| Christina Helfer | Kathy Cooley | Pete Mack | Zoey Knight |

From the Diocesan Office of Safe Environment

To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at 800.352.6513. In addition to civil authorities, to report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please contact the Diocese at 888.434.6237 or 304.233.0880. Please visit www.dwc.org under "Accountability" for additional information and reporting methods.

The Cathedral of Saint Joseph



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MASS TIMES

SUNDAYS 6:00 pm (Saturday)
8:00 am
10:30 am

WEEKDAYS 12:05 pm (Monday thru Friday)
9:00 am (Saturday)

HOLY DAYS Please consult the bulletin

CONFESSIONS

FRIDAY 11:15 - 11:45 am

SATURDAY 5:00 - 5:45 pm
or by appointment

SACRAMENTS

BAPTISMS

By appointment. Please contact the parish office.

ANOINTING OF THE SICK / MINISTRY TO THE HOMEBOUND

Please call the parish office to arrange for anointing for someone who is seriously ill or preparing for surgery. If ill, homebound or hospitalized, a visit can be scheduled upon request.

MARRIAGE

Engaged couples who are members of the Cathedral parish should contact the parish office.

PARISH REGISTRATION

Registration forms can be obtained through the parish office.

Please notify the parish of address changes through contacting the parish office or by visiting the website.

Bulletin Articles due by 9am on Monday (5 days prior to publication). Submitted bulletin content is subject to approval.

