



Saint Joseph Cathedral Parish is called to spread the Gospel of Jesus Christ as a community.

We are committed: to our urban neighborhoods, to being the Cathedral of the Diocese,

and to fellowship, formation, sacrament, and prayer.



February 26 - March 5, 2023

26

#### **First Sunday of Lent**

6:00 pm (Sat) Mass for the Parishioners 8:00 am Mass for Ginny Felton 10:30 am Mass for Nepomuceno Dario

6:00 pm Vespers

MON 27

#### Lenten Weekday

12:05 pm Mass for Betty Hickman

TUE 28

#### **Lenten Weekday**

12:05 pm Mass for Claudette Taylor 5:00 pm Confessions

**WED** 

#### **Lenten Weekday**

Mass for Rita DiCarlo 12:05 pm

THU

#### Lenten Weekday

12:05 pm Mass for Wib Breiding

#### **Lenten Weekday** First Friday

11:15 am Confessions

Mass for John Anthony Helfer 12:05 pm 12:45 pm Eucharistic Adoration until 5:45 p.m.

6:00 pm Stations of the Cross

6:30 pm Simple Lenten Meal (Cantina)

#### **Lenten Weekday** First Saturday

9:00 am Mass for Phillip Patrello, Sr.

9:30 am Rosary Rite of Election 11:00 am 5:00 pm Confessions

6:00 pm Mass for Jerry Jacovetty

#### **Second Sunday of Lent**

8:00 am Mass for the Parishioners 10:30 am Mass for Carole Sacco Catholic Schools Lenten Reflection

3:00 pm Lenten Mission 6:00 pm





"Have mercy on us for we have sinned!"

In the first reading from the Book of Genesis we have the story of the temptation of Adam and Eve who were given the possibility of making a choice. The basic fundamental choice was to live for God, dependent and obedient to His will, or to say 'No' to God, severing themselves from



him and live in the illusion that they did not need God. They were tempted by the serpent. They were tempted through deceit. They were tempted to believe that they could be gods themselves. They disobeyed; they sinned and had to face the consequences of their choice.

In the Gospel we are reminded that just as the first Adam was tempted, so the new Adam, Jesus Christ, was also tempted. Just as Adam and Eve had to make a choice so Jesus too had to make choices and reaffirm his obedience to doing the will of his Father. Unlike Adam, he made an irrevocable decision to do the Father's will no matter what the consequences.

Jesus prepares himself for his public ministry by forty days of prayer and fasting in the desert. Prayer and fasting is not an end in itself but a preparation for his mission. Our own prayer and fasting during this Season of Lent is not an end in itself but a preparation for our conversion and reconciliation with God. For Jesus, the temptations came in various forms and were related to the happenings of his life.

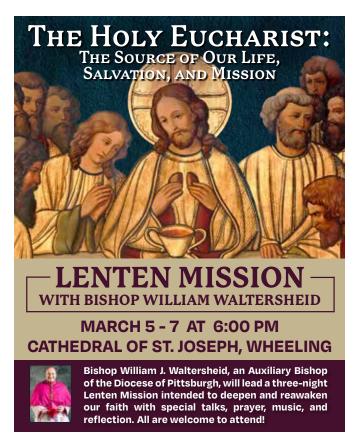
After fasting for several days, Jesus was hungry and was tempted to use his power to satisfy his bodily needs. "If you are the Son of God, tell these stones to turn into loaves of bread." But Jesus was not to be put off, he used the word of God to ward off temptation. "One does not live on bread alone but on every word that comes from the mouth of God." Again, he was tempted by Satan to throw himself from the parapet of the temple and force the hand of God into doing something dramatic and flashy. Jesus rejects the sensational way as not God's way. "You will not put the Lord God to the test." Still Satan never gives up, he never sleeps, he has yet another tries: "I will give you all the kingdoms of the world if you will fall at my feet and worship me." Jesus is tempted by the offer of power and possessions, but he rejects Satan once more with the power of the word of God. "Be off Satan! Scripture says, 'You must worship your God and serve Him alone!'"

We have just begun the season of Lent. But somehow, we do not look forward to this season, as Lent is associated with penance, fasting and sacrifice. Yet the Church calls it a joyful season because the focus is not so much on doing penance for the sake of doing penance but rather on preparing for the great mystery of Easter. May His word help us to make the right choices, and may His spirit guide us to what lies ahead. Have a joyful Lenten weekend!

#### **Baby Bottle Campaign**

The Knights of Columbus, Wheeling Council 504, will be distributing baby bottles on Sunday February 26th. The bottles are filled with donations/loose change and returned to the Parish on Palm Sunday. All proceeds from this collection are donated to The Gabriel Project which provides all necessary support for mothers in need, including pregnant mothers. Your cooperation with this project would be greatly appreciated.

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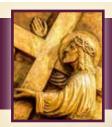
All are invited to enjoy three Lenten evenings of prayer and reflection led by Pittsburgh Auxiliary Bishop William J. Waltersheid during the evenings of March 5, 6 and 7 in the Cathedral. Please mark your calendars and plan to attend with your family and friends!

#### What is a Mission?

A mission is a special event of preaching and reflection that often occurs within the context of liturgical prayer such as Vespers (Evening Prayer), Mass, and Eucharistic Adoration, with the increased availability of the Sacrament of Confession. The mission usually occurs during special liturgical seasons such as Lent in order to greatly urge the people to a more ardent practice of the Faith. Its purpose is to set aside specific time during an important liturgical season to be more open to Jesus and to receive renewal, conversion, and an outpouring of grace.

#### Who is Leading the Mission?

**Bishop William J. Waltersheid, V.G., S.T.L.,** was born and raised in the Diocese of Harrisburg where he was ordained a priest and served as parochial vicar and pastor in various parishes. He served as Vice Rector of the Pontifical North American College in Rome, Italy. Appointed an Auxiliary Bishop of Pittsburgh in 2011 by Pope Benedict XVI, he has served in various roles and is currently the Vicar General and Vicar for Faith Initiatives in the Diocese of Pittsburgh. Bishop Waltersheid is a wonderful speaker and devout bishop who has a deep love for Christ and His Church. This will surely be an event that you don't want to miss!



# Now is the time. Return to the Lord. Gather the people together.

LENTEN MISSION | MARCH 5, 6, & 7
Bishop William Waltersheid, PRESENTER
6:00 PM

ON BENDED KNEE | MARCH 16, 23, & 30 Shirley Carter, Presenter 6:00 PM

VESPERS (SUNG EVENING PRAYER) Sundays 6:00 PM

**EUCHARISTIC ADORATION Fridays** 12:45 PM to 5:45 PM

STATIONS OF THE CROSS Fridays 6:00 PM

SIMPLE LENTEN MEAL Fridays 6:30 PM

#### **CONFESSIONS**

Tuesdays (During Lent) 5:00 PM to 6:00 PM Fridays 11:15 AM to 11:45 AM Saturdays 5:00 PM to 5:45 PM

Ash Wednesday and Good Friday are days of fast and abstinence. All Catholics ages 18 to 59 are bound to fast on these two days. They may take only one full meal. Two smaller meals are permitted, if necessary, to maintain strength according to each one's needs, but eating solid food between meals is not permitted.

All Catholics ages 14 and over are bound to refrain from eating meat on Ash Wednesday and all Fridays of Lent.

#### Offertory Collection

The collection data for February 19, 2023 was not available at the time of publication.
We will share it in next week's edition.



First Sunday of Lent 3



#### The First Week of Lent

First Sunday of Lent Saint John Lateran

Monday Saint Peter in Chains

Tuesday Saint Anastasia

**Wednesday** *Saint Mary Major* 

Thursday Saint Lawrence in Panisperna

**Friday** *Twelve Holy Apostles* 

**Saturday** Saint Peter in the Vatican



## The Holy Father's Prayer Intention for March

#### For Victims of Abuse

We pray for those who have suffered harm from members of the Church; may they find within the Church herself a concrete response to their pain and suffering.

## LITURGICAL LIFE

#### **Choosing Mercy Over Ashes**

By Fr. John LoCoco, A National Eucharistic Revival Preacher

I remember quite distinctly my first Ash Wednesday as a priest. As can often be the case, just before Mass began, things began to unravel. There were not enough hosts. There were not enough programs. We had to work quickly; the church had maxed capacity and was at standing room only!

Almost to herself, yet audibly enough for me to hear, one of the wizened parish sacristans muttered ruefully, "You would think they would come for the mercy, too." Straightening from my task and adjusting my microphone, I looked at her questioningly. "Every Sunday, Father. Why don't they come then, too?"



In a certain sense, it is not difficult to see why a day like Ash Wednesday resonates with the average Christian. A day of atonement, a day to recognize one's faults, sins, and limitations: at a very deep level, despite all that we do to curate, tone, or cultivate our self-image, we all feel and live with our wounds. We put on a brave face and try our best to move forward; but so often, life simply feels like we are barely holding on—knuckles turning white—for as long as we can until things fall apart. Inevitably, they do, and we know this.

We fall.

We sin.

We pull away from the order, discipline, and virtue we have worked so desperately to nurture, falling back into disordered chaos.

But in that place of disorder, we can sometimes find ourselves more at ease. Because at least in our sinful-



ness, we can keep a distance between ourselves and Jesus—just as St. Peter responded, when Jesus manifested his authority over creation at the large catch of fish, "Go away from me, Lord, for I am a sinful man!" (Luke 5:8) It is in this place of sinful self-awareness that Jesus always responds in twofold fashion: have no fear, and follow me.

And yet, we choose ashes over mercy, sin over freedom, and isolation over communion. Our churches should be overflowing—especially on the Day of Mercy—because in that place and encounter with the merciful love of Jesus, we become emboldened and illuminated by his Eucharistic Presence which rests in our hearts. "Abide in me as I abide in you." (John 15:4) Resting in Jesus, he rests in us, and we are sent forth as light, as salt, and as leaven for the world. For this reason, we are exhorted by the need to be "consistent in bringing the love of Christ not only to our personal lives, but also to every dimension of our public lives" (The Meaning of the Eucharist in the Life of the Church, 35).

#### A Test of Virtue

In this way, we can begin to see the potential pitfalls in the penitential season of Lent. The daily devotional practices and disciplines, as well as the additional prayers and penance, must lead us to a growth in faith, hope, and charity. But the true test of these

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virtues is one that draws us out of ourselves to a place of true encounter with others in our life, especially the poorest and most vulnerable in our midst.

Only in that place of oblation, self-gift, and true denial does one find freedom, peace and joy. It begins and ends with an awareness of our sinfulness but also an acceptance of Jesus' invitation to not be afraid and follow him. which overflows from the depths of his loving mercy. In this manner, the Eucharist remains the truest place of this encounter where Jesus, in abject self-abasement, comes to us in true humility. He receives us as we receive him. In communion with Jesus, our fears are quelled, and from that place he sends us forth to be his emissaries of light and peace.

#### **Reflection Question:**

Do I fear holiness more than I fear sin?

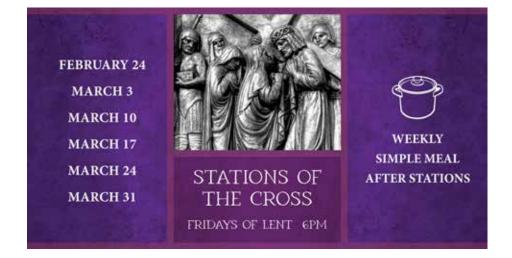
#### **Action Point:**

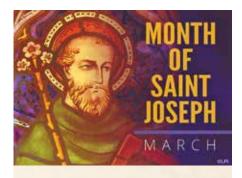
In expressing our love for others, especially the most poor and vulnerable, the Works of Mercy hold a special place. Consider the corporal works of mercy (CCC #2447), and choose one practice or discipline devoted to satisfying that work of mercy in your community.

#### Prayer by St. John Henry Cardinal Newman: The Mission of My Life

God has created me to do Him some definite service. He has committed some work to me which He has not committed to another. I have my mission. I may never know it in this life, but I shall be told it in the next. I am a link in a chain, a bond of connection between persons. He has not created me for naught. I shall do good; I shall do His work. I shall be an angel of peace, a preacher of truth in my own place, while not intending it, if I do but keep His commandments.

Therefore, I will trust Him, whatever I am, I can never be thrown away. If I am in sickness, my sickness may serve Him; in perplexity, my perplexity may serve Him. If I am in sorrow, my sorrow may serve Him. He does nothing in vain. He knows what He is about. He may take away my friends. He may throw me among strangers. He may make me feel desolate, make my spirits sink, hide my future from me. Still, He knows what He is about.





The month of March is dedicated to St. Joseph. We don't know much about him except what is mentioned in the Gospels. Joseph was the husband of the Blessed Virgin Mary and the foster-father of Jesus. Holy Scripture proclaims him as a "just man," and the Church has turned to Joseph for his patronage and protection.

Pope Saint John Paul II, in his 1989 Apostolic Exhortation Redemptoris Custos (Guardian of the Redemeemer), hopes "that all may grow in devotion to the Patron of the Universal Church and in love for the Savior whom he served in such an exemplary manner ... In this way the whole Christian people not only will turn to St. Joseph with greater fervor and invoke his patronage with trust, but also will always keep before their eyes his humble, mature way of serving and of "taking part" in the plan of salvation." St. Joseph is invoked as patron for many causes. He is the patron of the Universal Church. He is the patron of the dying because tradition holds that Jesus and Mary were at his death-bed. He is also the patron of fathers, of carpenters, and of social justice. Many religious orders and communities are placed under his patronage, including the Diocese of Wheeling-Charleston.

#### Ways to Honor St. Joseph

- Ask St. Joseph for Help in Your Work
- · Get a Statue of St. Joseph
- Pray the Novena to St. Joseph

First Sunday of Lent 5



#### **SCRIPTURE READINGS**

Week of February 26

#### SUNDAY First Sunday of Lent

Genesis 2:7-9; 3:1-7 Ps 51:3-4, 5-6, 12-13, 17 Romans 5:12-19 Matthew 4:1-11

#### **MONDAY**

Leviticus 19:1-2, 11-18 Ps 19:8,9, 10, 15 Matthew 25:31-46

#### **TUESDAY**

Isaiah 55:10-11 Ps 34:4-5, 6-7, 16-17, 18-19 Matthew 6:7-15

#### **WEDNESDAY**

Jonah 3:1-10 Ps 51:3-4, 12-13, 18-19 Luke 11:29-32

#### **THURSDAY**

Esther C:12, 14-16, 23-25 Psalm 138:1-2, 2-3, 7-8 Matthew 7:7-12

#### **FRIDAY**

Ezekiel 18:21-28 Ps 130:1-2, 3-4, 5-7, 7-8 Matthew 5:20-26

#### **SATURDAY**

Deuteronomy 26:16-19 Ps 119:1-2, 4-5, 7-8 Matthew 5:43-48

#### **NEXT SUNDAY**

Genesis 12:1-4 Ps 33:4-5, 18-19, 20, 22 2 Timothy 1:8-10 Matthew 17:1-9

The readings are included each week so that those who are unable to join us for daily Mass will be able to consider and pray them in union with the whole Church.

## **SAINTS OF THE WEEK**

#### February 27 - St. Gregory of Narek, abbot, doctor of the Church (b.950-1003)

St. Gregory of Narek is widely revered as one of the greatest figures of medieval Armenian religious thought and literature. Born in the city of Narek in about 950 A.D., Gregory came from a line of scholars and churchmen. Gregory received his education under the guidance of his father, Bishop Khosrov, author of the earliest commentary on the Divine Liturgy, and from Anania Vartabed, abbot of Narek Monastery. He and his two brothers entered monastic life at an early age, and Gregory soon began to excel in music, astronomy, geometry, mathematics, literature, and theology. He became a priest at the age of 25 and dedicated himself to God. He lived most of his life in the monastery of Narek, where he taught at the monastic school. St. Gregory's masterpiece is considered to be his Book of Lamentations. Also known as Narek, it is comprised of 95 prayers, each of which is titled "Conversation with God from the depth of the heart." A central theme is man's separation from God, and his quest to reunite with Him. St. Gregory of Narek was declared a Doctor of the Church in 2015 by Pope Francis, who also, in 2021, ordered the inscription of his feast day into the General Roman Calendar.

#### March 3 - St. Katharine Drexel (1825-1955)

Saint Katharine Drexel, a wealthy and world heiress from Philadelphia, did not spend her fortune on houses or jewelry, but on the establishment of institutions and missions dedicated to the marginalized. Due to her financial means, she had the privilege of traveling to various parts of the country where she became keenly aware of the oppression of Native Americans and African Americans. She dedicated her entire life, including the founding of a religious community known as the Sisters of the Blessed Sacrament, to the empowerment of these groups through education (that is, launching the first Catholic college for African Americans, and starting 145 Catholic missions and twelve schools for Native Americans). Regarding the purpose of the Sisters of the Blessed Sacrament, St. Katharine said, "Ours is the spirit of the Eucharist - the total gift of self." Katharine died on March 3, 1955 at the age of 96.

#### March 4 - St. Casimir (1458-1484)

Saint Casimir was a prince of Poland and of the Grand Duchy of Lithuania. Born in the royal palace in Krakow, he was heir apparent to the throne. When the king went to Lithuania, Casimir was left in charge of Poland from 1481 to 1483, and it is said that he ruled with great justice and prudence. Casimir was known for his piety and devotion. Weakened by fasting, he developed a lung disease that was probably tuberculosis, and died. St. Casimir is buried in the cathedral of Vilnius, in Lithuania. *Patronage*: Poland; Lithuania



Pope Francis tells us that Lent is a new beginning, a path toward continual conversion of the heart. We invite you to join the local parochial schools in this journey of prayer and reflection. On Sunday, March 5, 2023, the Catholic Schools in the Upper Ohio Valley (from Wheeling to Weirton) will gather for a Lenten Reflection. This collaborative ministry will include choir members from each of the schools....one voice, on a journey together. Readings, narratives, dramatic interpretations and opportunities for reflection will encourage those in attendance to pray and think about the importance of Lent as a time to transform minds and hearts. This Lenten Reflection is open to ALL school families, parishioners, neighbors, friends and members of the community. This is a beautiful way to journey through Lent and ignite the HOPE in our hearts for a Blessed Easter season. LORD, LET ME WALK.

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## On Bended Knee

A 3-week course reflecting upon the Eucharist and its impact on our relationships with one another.

Based on Bishop Anthony Bosco's Pastoral Letter On Bended Knee

MARCH 16, 23 & 30 6:00 P.M.

#### **CHANCERY CANTINA**

Led by Shirley Carter

Please register by March 3 by using the form in the back of the church or by e-mailing tareenwood@dwc.org



#### REMEMBER IN YOUR PRAYERS

Andrew Helfer Angela Niehart Archer Hatch Arthur Danehart **Austin Cook** Barb Mazzocca Beth lochum **Betty Teater** Bill Wilson **Bob Armstrong** Bob Jones Billy Hanasky **Brian Hanasky Brogan Gallentine** Caleb Hlebiczki Carolyn Lash Carolyn Wiethe Charles Heizer Charles DeBeni Children of the Youth Services System

Christina Helfer

Chuck Fair David A. Kress, Jr. Eli Musser Eric South Eva Wood Fr. Joseph Wilhelm Frank Davis Frederick C. Schweizer Gail Koch George Kirchner Geri Adams Nagy Hines Rotriga Janet Rodriguez Jean Schultz Jim Antill Jim and Dee Jimmy Hocking Joe Bechtel John Petrella Jon-Michael Lasher Judy Pack Julia Sheets

Kathy Cooley Kaitlyn Hanasky Kermit Klosterman Liam Barns Liam Manning Lukie Brown Margaret Stocke Marie Farnsworth Marie & Conner Workman Mark Davis Marshall South Martha Yocum Mary K. Schlosser Mary Walicki Michael DeBlasis Milissa Rose Nadine Greenwood Nicholas Barns Pete Cuffaro Pete Mack Philippa Shores

Rachel Wade R. J. Stocke Richard Simon Rick Burgy Ron Hickman Rosanne Gaughan Rosalie Davis Rose Otey Sarah Hanasky Sarah Sargent Shirley DeCaria Stanley Kyrc Susan Graff Susan Mize Susan Schulte Tammy Teresa Helfer Thelma Pearson Tony Helfer **Trystan Timmons** Victoria Jeskey Zoey Knight

#### From the Diocesan Office of Safe Environment

The Diocese of Wheeling-Charleston is committed to the protection of its children and young people. The Diocese complies with the United States Conference of Catholic Bishops' Charter for the Protection of Children and Young People by maintaining an Office of Safe Environment. To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at 800.352.6513. In addition to civil authorities, to report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please contact the Diocese at 888.434.6237 or 304.233.0880. Please visit www.dwc.org under "Accountability" for additional information and reporting methods. To learn more about the Catholic Church's efforts in preventing sexual abuse of children in the United States, please visit http://www.usccb.org. Under "Issues and Action," click "Child and Youth Protection" from the drop down menu.



## WHY DO WE DO THAT? Catholic Life Explained:

Lenten Reading

#### **Ouestion:**

Can you recommend some good books for Lenten spiritual reading?

#### Answer:

On more than one occasion, a coach being interviewed about his team--successful or not--will be asked about the next step. The inevitable response includes something about getting back to basics. Reviewing the fundamentals of the sport strengthens performance and builds confidence.

The best Lenten reading takes us back to the fundamentals. If Lent is the time for the Church to be on retreat, then we should focus on the texts that help us deepen our understanding of our faith. Spend time reading one of the Gospels, and use a Scripture commentary to learn all you can about the passion of Jesus. Read about the lives of the saints, especially your patron saint and that of your parish. Perhaps there is some local candidate for sainthood, like Father Walter Ciszek, SJ, who wrote several faith-inspiring books. Finally, you can use the Catechism of the Catholic Church to learn more about the church's teachings and beliefs. The sections on prayer and the Mass are really great reflections. Focusing on the basics really helps us take another step forward in our faith. We have not only a better understanding of what we believe and practice, but also why we believe. With that belief comes the confidence we need to be better, more faithful witnesses to Christ.

First Sunday of Lent 7

### The Cathedral of Saint Joseph



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#### **MASS TIMES**

**SUNDAYS** 6:00 pm (Saturday)

8:00 am 10:30 am

**WEEKDAYS** 12:05 pm (Monday thru Friday)

9:00 am (Saturday)

**HOLY DAYS** Please consult the bulletin

#### **CONFESSIONS**

**FRIDAY** 11:15 - 11:45 am

**SATURDAY** 5:00 - 5:45 pm

or by appointment

#### **SACRAMENTS**

#### **BAPTISMS**

By appointment. Please contact the parish office.

## ANOINTING OF THE SICK / MINISTRY TO THE HOMEBOUND

Please call the parish office to arrange for anointing for someone who is seriously ill or preparing for surgery. If ill, homebound or hospitalized, a visit can be scheduled upon request.

#### **MARRIAGE**

Engaged couples who are members of the Cathedral parish should contact the parish office.

#### **PARISH REGISTRATION**

Registration forms can be obtained through the parish office.

Please notify the parish of address changes through contacting the parish office or by visiting the website.

Bulletin Articles due by 9am on Monday (5 days prior to publication). Submitted bulletin content is subject to approval.

