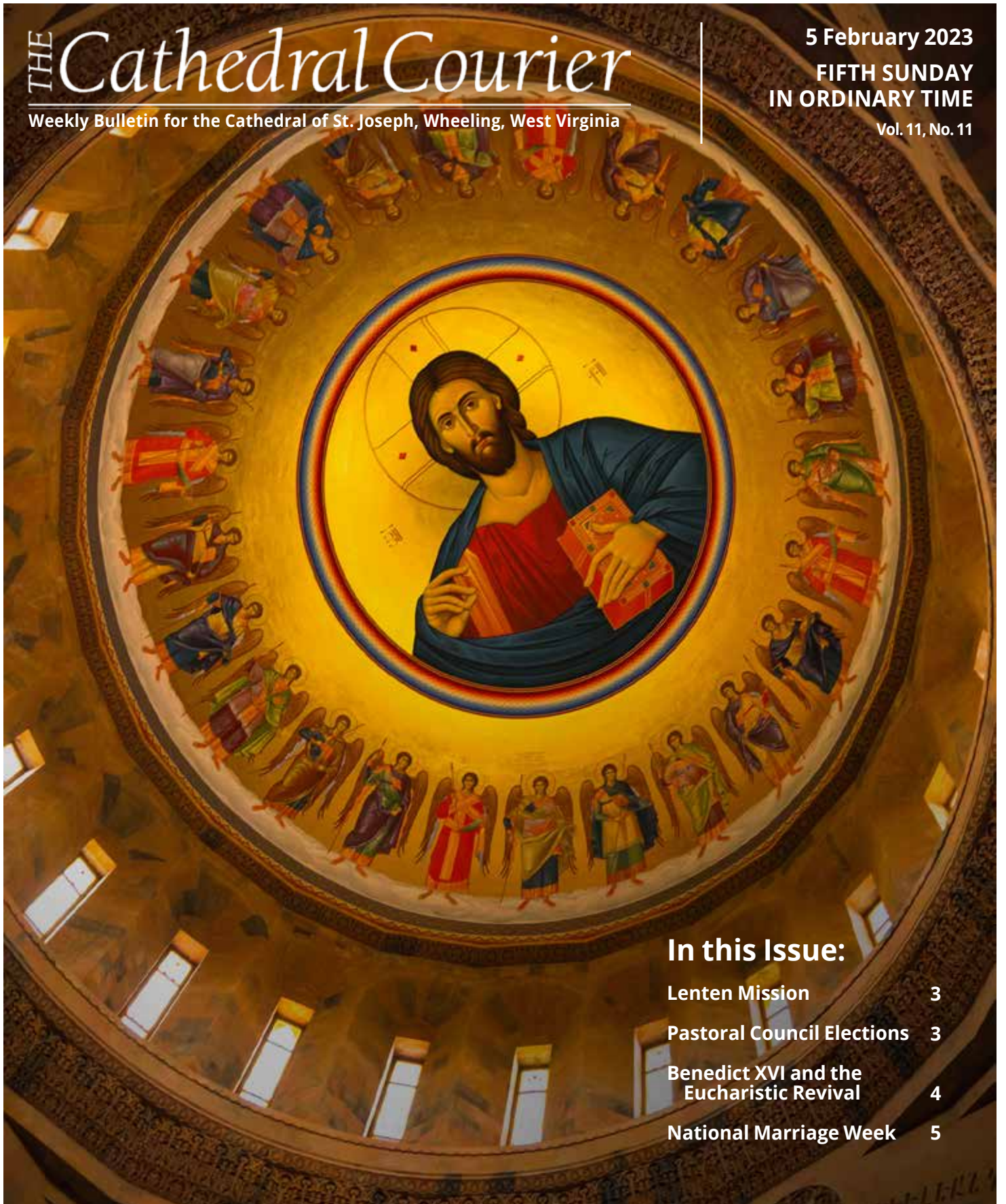


THE Cathedral Courier

Weekly Bulletin for the Cathedral of St. Joseph, Wheeling, West Virginia

5 February 2023
FIFTH SUNDAY
IN ORDINARY TIME
Vol. 11, No. 11



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Saint Joseph Cathedral Parish is called to spread the Gospel of Jesus Christ as a community. We are committed: to our urban neighborhoods, to being the Cathedral of the Diocese, and to fellowship, formation, sacrament, and prayer.

This Week

February 5 - 12, 2023

SUN 5 Fifth Sunday in Ordinary Time

6:00 pm (Sat) Mass for the Parishioners
8:00 am Mass for Living and Deceased members of the Nicholas & Nimnoon Ghaphery family & the David Fay Ghaphery family
10:30 am Mass for Rosemarie Winiesdorffer

MON 6 Memorial of St. Paul Miki and Companions

12:05 pm Mass for Mary Lou Guckert

TUE 7 Weekday in Ordinary Time

12:05 pm Mass for Evelyn Ghaphery

WED 8 Optional Memorials of St. Jerome Emiliani; St. Josephine Bakhita

12:05 pm Mass for John Principe

THU 9 Weekday in Ordinary Time

12:05 pm Mass for John F. Hohman

FRI 10 Memorial of St. Scholastica

11:15 am Confessions
12:05 pm Mass for Marion & Gladys Rine

SAT 11 Optional Memorial of Our Lady of Lourdes World Day of the Sick

9:00 am Mass for Betty Hickman
9:30 am Rosary
5:00 pm Confessions
6:00 pm Mass for Madeline & Jack Belby

SUN 12 Sixth Sunday in Ordinary Time

8:00 am Mass for the Parishioners
10:30 am Mass for Lucille Renowicz



From Father Sateesh

"You are the salt of the earth... You are the light of the world."



In the first reading from Isaiah, the prophet speaks plainly about what is expected of the true believer. In earlier Jewish history, fasting and fast days were part of the liturgy, in which rich and poor "humbled" themselves before God. The rich fasted and expected a divine reply in the form of greater prosperity. They asked why God did not answer their prayer. In today's reading the prophet tells them that for fasting to be acceptable to God it must be meaningful. Genuine fast before God requires the social awareness and concern spelled out by the prophet. "Share your bread with the hungry, and shelter the homeless and poor, clothe the man you see naked.... then your light will shine like the dawn." It is by such actions that genuine worship gives glory to God.

Today's Gospel speaks of the practical implications of being followers of Jesus Christ. Jesus uses simple images which would be easily understood by his Palestinian followers. "You are the salt of the earth... You are the light of the world." His listeners knew how essential salt was in those days. In fact, people traded in salt as they traded in silver and gold. Salt was essential to flavor and to preserve food. Its absence in food was immediately noticeable. Light, too, played an essential function of enlightening, guiding, and making ordinary tasks possible. What Jesus is saying through these images is that his disciples have an essential function to play in the world. When Jesus spoke of letting our light shine among men, he was not speaking of parading our good works, or of attracting attention to ourselves. Our good deeds should inspire others to do what needs to be done in their own lives. Our deeds do not have to be spectacular because even little deeds done regularly can make a difference in the lives of people. As Christians we have a very positive role to play in the world. Shedding light and witnessing to the light not only makes people see things clearly but it also puts our own life under the spotlight; we can be vulnerable and exposed. Just as salt is worthless if it loses its saltiness and light is useless if it is kept under covers, so the Christian life is meaningless unless faith is witnessed in love and concern for others. Religion is no private affair between me and my God. Our lives have to impact others and lead them to God.

Often when talking of believers, we talk of a "Practicing Catholic" as one who attends Sunday Mass, as though practicing the faith meant only regular attendance in church! Perhaps for some believers their faith begins and ends with performing their Sunday obligation. But true faith is seen not merely in the observance of ritual practices and obligations, which are nonetheless important, but in witnessing our faith in fulfilling our social obligations towards others. May His words prod us to action. Have a "concern-filled" weekend!



Save the Date: Lenten Mission

March 5 - 7

All are welcome to enjoy three Lenten evenings of prayer and reflection led by Pittsburgh Auxiliary Bishop William J. Waltersheid during the evenings of March 5, 6 and 7 in the Cathedral. Please mark your calendars and plan to attend with your family and friends! Details will be forthcoming.



Bishop William J. Waltersheid, V.G., S.T.L., was born and raised in the Diocese of Harrisburg where he was ordained a priest and served as parochial vicar and pastor in various parishes. He served as Vice Rector of the Pontifical North American College in Rome, Italy. Appointed an Auxiliary Bishop of Pittsburgh in 2011 by Pope Benedict XVI, he has served in various roles and is currently the Vicar General and Vicar for Faith Initiatives in the Diocese of Pittsburgh.

Pastoral Council Elections

Nomination process continues this weekend!

We are ready to nominate the next set of candidates for our Cathedral Parish Pastoral Council. At this time, we will be electing 3 new members to the council. **Nominations will be accepted in the back of the church or to the parish office from January 28 through February 5, 2023.**

According to the guidelines of the council, the following gifts and temperaments are necessary for successful pastoral leadership in members of the Council: desire for spiritual growth in self and in others, enthusiasm about the future of the parish, eagerness to facilitate parish decisions about its future, courage to work toward consensus, capacity to listen, integrity in articulating what one has heard and what one believes, ability to inspire and empower, willingness to delegate, and flexibility and openness with people and ideas. In addition, in order to be nominated, parishioners must be: at least 21 years of age, a baptized and practicing Catholic, a registered member of the parish, an active participant in the ongoing life of the parish, and have a broad knowledge of the community.

We will follow the following election process: nominations will be accepted through February 5, 2023. Nominees will be verified as members of our parish, and then contacted by council members to accept or decline the nomination. Nominee biographies will run for two weeks in the Courier in March. After the **election during the weekend of April 22/23**, the 3 nominees receiving the most votes will be asked to join the council and begin serving in the summer of 2023.



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How Do I Sign-Up?

There are two easy ways to connect (pick one):



From your computer:

Visit the website at **cathedralofstjoseph1.flocknote.com** and fill out the online form.



OR:

From your mobile phone:

Text the letters **CSJ** to the phone number **84576**. You will then receive a reply which will allow you to sign-up.

Offertory Collection

January 29, 2023

Envelopes: \$2043

Loose: \$327

Online: \$430

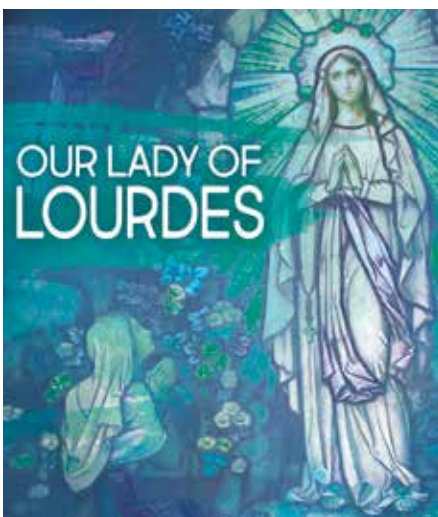
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It was on February 11, 1858, that the fourteen-year-old Bernadette Soubirous, a peasant girl in Lourdes, saw a lady in a grotto near the river Gave, at the foot of the Pyrenees Mountains in France. Over the next several months, Bernadette encountered the Lady many times. During one of these apparitions, the Lady directed Bernadette to drink from the fountain. But there was no fountain there — only the river. At the Lady's command, Bernadette began to dig in the ground near the grotto, and a spring of water began to flow. Immediately, numerous miraculous healings took place for those who bathed in or drank the water of the spring. Only later did the Lady reveal to Bernadette who she was: "I am the Immaculate Conception." Today, Lourdes is one of the most popular pilgrimage places in the world. Every year, hundreds of thousands of people make the pilgrimage to the little town, to drink of the water and to feel close to the Virgin and to her Son, Jesus Christ, healer of body and soul.

Benedict XVI and the Eucharistic Revival: Part III

By: Dr. Tim O'Malley

This is the third in a three part series highlighting the Eucharistic Legacy of Pope Benedict XVI. Part 1 focused on "The Eucharist is a Mystery to be Believed." Part 2 emphasized "The Eucharist Is a Mystery to Be Celebrated." This week Dr. O'Malley concludes by illuminating "The Eucharist Is a Mystery to Live."



The Eucharist Is a Mystery to Live

In *Sacramentum Caritatis*, Benedict XVI regularly reminds all the faithful of the relationship between worship and the rest of our lives. The last section of the document clearly defines the relationship between worship and living, as the late Holy Father writes:

"There is nothing authentically human – our thoughts and affections, our words and deeds – that does not find in the sacrament of the Eucharist the form it needs to be lived to the full. Here we can see the full human import of the radical newness brought by Christ in the Eucharist: the worship of God in our lives cannot be relegated to something private and individual, but tends by its nature to permeate every aspect of our existence." (*Sacramentum Caritatis*, no. 71)

Here, Benedict XVI repeats something dear to the Second Vatican Council. The problem with the modern age isn't disbelief in God but the gap between faith and life manifest in so many believers. They go to Mass on Sunday, yet they live the rest of their lives as if God does not exist. Or worse, I go to Mass on Sunday, yet I live the rest of my life as if God does not exist. It's what Benedict XVI refers to elsewhere as practical atheism.

Active Participation

Living the Eucharistic mystery necessitates that I attune my life to this mystery of love. I must testify in public spaces that I believe in this God who is love. I must live this out through the works of mercy, feeding the hungry and giving drink to the thirsty, visiting the prisoner and welcoming the stranger. In the political sphere, I must advocate for policies that are consistent with the Eucharistic mystery, where the God-man comes to dwell among us poor mortals. I must let my reception of the Eucharist shape my life so that I am coherent witness to the very God who is love.

This is not in the least the thoughts of a stodgy theologian, uninterested in the pastoral life of the Church. The Eucharist is everything for Benedict, because it is the source of both personal and ecclesial renewal alike. And, let me suggest, that it starts with me. You don't need to wait, according to Benedict XVI, for an official conference on the Eucharist in your diocese. You don't need to wait for structural change in the chancery to preach the Good News to the ends of the earth. You (and I) can start the change now by becoming someone who reflects this mystery of love in your neighborhood.

All it takes is deeper appreciation of the gift of love that you receive in every Mass. All it takes is pausing for a moment before a tabernacle, giving thanks that God loves you enough to be so close to you. All it takes is letting that worship shape how you live as a Christian in the public sphere, witnessing to the gratuity of the God who is love, who loves us unto the end.

The Gift of Self

So, I'm grateful for Benedict XVI's Eucharistic teaching. I was never able to formally thank him for shaping so much of my intellectual and spiritual life alike. But the next time that I go to Mass, I will thankfully remember what he taught me. And I'll honor his legacy by simply learning to offer a sincere and complete return gift of self and letting my whole life be shaped by the God who made the first move to love me.

For Reflection:

Think about your day-to-day life. Is there a way that you might better connect your daily experiences and choices to your participation in the Eucharist? If so, what might it look like?

The National Eucharistic Revival is a three-year initiative that aims to inspire, educate, and unite. In a world where not many people know Jesus intimately, the revival is meant to show everyone what wonders the True Presence of Jesus can do to heal the soul of Catholics and non-Catholics alike.



National Marriage Week

The observances of National Marriage Week (February 7-14) and World Marriage Day (Sunday, February 12) are an opportunity to focus on building a culture of life and love that begins with supporting and promoting marriage and the family. Our theme for 2023 is "**Marriage...one flesh, given and received.**"

The institution of marriage has been part of human traditions for many years and has been influenced by all cultures and religions across the planet. This week coincides with one of the most romantic days of the year...Valentine's Day, which means it's the perfect time for beautifully romantic gestures, flowers, chocolates, and to show appreciation for your loving partner.

Here are some profound truths of what we believe as Catholics about marriage, which are found in the *Order of Celebrating Matrimony*:

"The matrimonial covenant, by which a man and a woman establish a life-long partnership between themselves, derives its force and strength from creation, but for the Christian faithful it is also raised up to a higher dignity since it is numbered among the Sacraments of the new covenant.

A Marriage is established by the conjugal covenant, that is, the irrevocable consent of both parties by which they freely give themselves to each other and accept each other. Moreover, the singular union of a man and a woman requires, and the good of children demands, the complete fidelity of the spouses and the indissoluble unity of the bond...

The intimate community of life and love by which spouses "are no longer two, but one flesh," has been established by God the creator, provided with its own proper laws, and endowed with that blessing which alone was not forfeited by punishment for original sin."



The month of February is dedicated to the Holy Family. The special devotion which proposes the Holy Family of Jesus, Mary, and Joseph as the model of virtue of all Christian households began in the 17th century. In the words of His Holiness Pope Leo XIII, "Nothing truly can be more salutary or efficacious for Christian families to meditate upon than the example of this Holy Family, which embraces the perfection and completeness of all domestic virtues."

Ways to Honor the Holy Family

- Consecrate your family to the Holy Family
- Pray the Rosary together
- Strengthen your family's devotion to the Holy Eucharist as the nourishment of family life

Prayer for Families

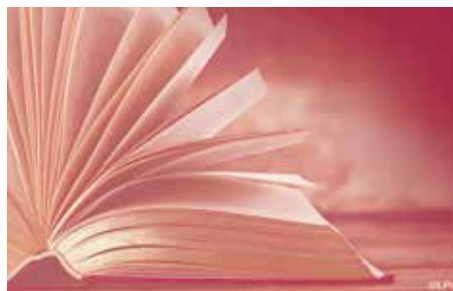
Jesus, Son of God and Son of Mary, bless our family. Graciously inspire in us the unity, peace, and mutual love that you found in your own family in the little town of Nazareth.

Mary, Mother of Jesus and Our Mother, nourish our family with your faith and your love. Keep us close to your Son, Jesus, in all our sorrows and joys.

Joseph, Foster-father to Jesus, guardian and spouse of Mary, keep our family safe from harm. Help us in all times of discouragement or anxiety.

Holy Family of Nazareth, make our family one with you. Help us to be instruments of peace. Grant that love, strengthened by grace, may prove mightier than all the weaknesses and trials through which our families sometimes pass. May we always have God at the center of our hearts and homes until we are all one family, happy and at peace in our true home with you. Amen.

SAINTS OF THE WEEK



SCRIPTURE READINGS

Week of February 5

SUNDAY

Fifth Sunday in Ordinary Time

Isaiah 58:7-10

Ps 112:4-5, 6-7, 8-9

1 Corinthians 2:1-5

Matthew 5:13-16

MONDAY

Genesis 1:1-19

Ps 104:1-2, 5-6, 10, 12, 24, 35

Mark 6:53-56

TUESDAY

Genesis 1:20—2:4

Ps 8:4-5, 6-7, 8-9

Mark 7:1-13

WEDNESDAY

Genesis 2:4-9, 15-17

Ps 104:1-2, 27-28, 29-30

Mark 7:14-23

THURSDAY

Genesis 2:18-25

Ps 128:1-2, 3, 4-5

Mark 7:24-30

FRIDAY

Genesis 3:1-8

Ps 32:1-2, 5, 6, 7

Mark 7:31-37

SATURDAY

Genesis 3:9-24

Ps 90:2, 3-4, 5-6, 12-13

Mark 8:1-10

NEXT SUNDAY

Sirach 15:15-20

Ps 119:1-2, 4-5, 17-18, 33-34

1 Corinthians 2:6-10

Matthew 5:17-37

The readings are included each week so that those who are unable to join us for daily Mass will be able to consider and pray them in union with the whole Church.

February 6 - St. Paul Miki (1562-1597) and Companions, martyr

Saint Paul Miki, a Jesuit priest, was one of the twenty-six martyrs of Japan. Feeling threatened by the growing influence of the Jesuits, the local governor had members of the Christian community arrested and thrown in jail. They were forced to walk 600 miles from Kyoto to Nagasaki as a deterrent to other Christians, but they sang the *Te Deum* as they went. At Nagasaki they were crucified. When Christian missionaries returned to Japan in the nineteenth century, they found that a secret Christian community had survived by transmitting their beliefs and prayers from generation to generation. Paul Miki and his companions are the proto-martyrs of the Far East.

February 8 - Saint Jerome Emiliani (1481-1537)

Saint Jerome Emiliani was born into a wealthy family, and before being led to study for the priesthood he was a soldier in Venice. As a priest, Jerome was greatly devoted to helping the poor and the disadvantaged. He founded hospitals, orphanages (for which he was proclaimed Patron of Orphans by Pius XI), and an order of priests whose apostolate it was to care for the orphans. *Patronage:* orphans; abandoned children

Saint Josephine Bakhita, virgin (1868-1947)

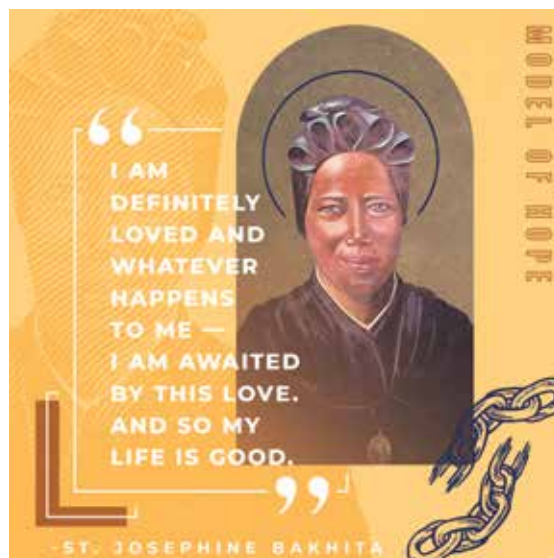
Also on February 8, we celebrate Saint Josephine Bakhita (1868-1947), who was born in Sudan and at the age of nine was taken into slavery. Bought by an Italian diplomat, she was taken to Italy where she converted to Christianity at the age of 25. Three years later, after having been freed from slavery, she joined the Institute of the Canossian Daughters of Charity. She spent fifty years in that congregation and was a well known and sought-after speaker regarding the Catholic faith. Pope Saint John Paul II canonized this first Sudanese saint on October 1, 2000 as a witness to evangelical reconciliation and a model of freedom.

February 10 - Saint Scholastica, virgin (480-543)

Saint Scholastica was the twin sister of St. Benedict, the father of Western monasticism. From a young age she expressed a deep desire to dedicate her life to God through the monastic vows: obedience, conversion of life (poverty and chastity), and stability. She founded and supervised a monastery of nuns near her brother's monastery at Monte Cassino. She was eventually interred in the same grave with her brother.

Patronage: against storms; Benedictine nunneries

Saints of God, pray for us!





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WHY DO WE DO THAT?

Catholic Life Explained:

Miraculous Medal

Question:

What is the "Miraculous Medal" and why is it called that?

Answer:

The medal of the Immaculate Conception that has come to be called simply the "Miraculous Medal" dates back to an apparition of Mary to Saint Catherine Laboure, who was then a novice sister with the Daughters of Charity. On November 27, 1830, Our Lady appeared to her standing on a globe, with shafts of light streaming from her hands and the words, "O Mary, conceived without sin, pray for us who have recourse to thee," surrounding the image. In the same vision, Catherine saw a capital "M" with a cross above it and below two hearts. Catherine seemed to hear a voice telling her to have what she saw struck as a medal and a promise that those who wore the medal would have the protection and intercession of the Mother of God. The first 1,500 of medals were distributed in 1832. Many miraculous favors were attributed to the use of the medal.

Saint Catherine's "Miraculous Medal" is among the recognizable and popular symbols of modern Catholicism. Reflecting on its widespread use, the 2001 Vatican document, "Directory on Popular Piety and Liturgy," observes that the medal "recalls the mystery of Redemption, the love of the Sacred Heart of Jesus and of the Sorrowful Heart of Mary. It signifies the mediatory role of the Blessed Virgin Mary, the mystery of the Church, the relationship between Heaven and earth, this life and eternal life."

REMEMBER IN YOUR PRAYERS

Andrew Helfer	Chuck Fair	Kathy Cooley	Rachel Wade
Angela Niehart	David A. Kress, Jr.	Kaitlyn Hanasky	R. J. Stocke
Archer Hatch	Eli Musser	Kermit Klosterman	Richard Simon
Arthur Danehart	Eric South	Liam Barns	Rick Burgy
Austin Cook	Eva Wood	Liam Manning	Ron Hickman
Barb Mazzocca	Fr. Joseph Wilhelm	Lukie Brown	Rosanne Gaughan
Beth Jochum	Frank Davis	Margaret Stocke	Rosalie Davis
Betty Teater	Frederick C. Schweizer	Marie Farnsworth	Rose Otey
Bill Wilson	Gail Koch	Marie & Conner	Sarah Hanasky
Bob Armstrong	George Kirchner	Workman	Sarah Sargent
Bob Jones	Geri Adams Nagy	Mark Davis	Shirley DeCaria
Billy Hanasky	Hines Rotriga	Marshall South	Stanley Kyrcc
Brian Hanasky	Janet Rodriguez	Martha Yocum	Susan Graff
Brogan Gallentine	Jean Schultz	Mary K. Schlosser	Susan Mize
Caleb Hlebiczkzi	Jim Antill	Mary Walicki	Susan Schulte
Carolyn Lash	Jim and Dee	Michael DeBlasis	Tammy
Carolyn Wiethe	Jimmy Hocking	Milissa Rose	Teresa Helfer
Charles Heizer	Joe Bechtel	Nadine Greenwood	Thelma Pearson
Charles DeBeni	John Petrella	Nicholas Barns	Tony Helfer
Children of the	Jon-Michael Lasher	Pete Cuffaro	Trystan Timmons
Youth Services System	Judy Pack	Pete Mack	Victoria Jeskey
Christina Helfer	Julia Sheets	Philippa Shores	Zoey Knight

From the Diocesan Office of Safe Environment

The Diocese of Wheeling-Charleston is committed to the protection of its children and young people. The Diocese complies with the United States Conference of Catholic Bishops' Charter for the Protection of Children and Young People by maintaining an Office of Safe Environment. To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at 800.352.6513. In addition to civil authorities, to report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please contact the Diocese at 888.434.6237 or 304.233.0880. Please visit www.dwc.org under "Accountability" for additional information and reporting methods. To learn more about the Catholic Church's efforts in preventing sexual abuse of children in the United States, please visit <http://www.usccb.org>. Under "Issues and Action," click "Child and Youth Protection" from the drop down menu.

The Cathedral of Saint Joseph



MASS TIMES

- SUNDAYS** 6:00 pm (Saturday)
8:00 am
10:30 am
- WEEKDAYS** 12:05 pm (Monday thru Friday)
9:00 am (Saturday)
- HOLY DAYS** Please consult the bulletin

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CONFESSIONS

- FRIDAY** 11:15 - 11:45 am
- SATURDAY** 5:00 - 5:45 pm
or by appointment

SACRAMENTS

BAPTISMS

By appointment. Please contact the parish office.

ANOINTING OF THE SICK / MINISTRY TO THE HOMEBOUND

Please call the parish office to arrange for anointing for someone who is seriously ill or preparing for surgery. If ill, homebound or hospitalized, a visit can be scheduled upon request.

MARRIAGE

Engaged couples who are members of the Cathedral parish should contact the parish office.

PARISH REGISTRATION

Registration forms can be obtained through the parish office.

Please notify the parish of address changes through contacting the parish office or by visiting the website.

Bulletin Articles due by 9am on Monday (5 days prior to publication). Submitted bulletin content is subject to approval.

