#Cathedral Courier

Weekly Bulletin for the Cathedral of St. Joseph, Wheeling, West Virginia

29 January 2023 FOURTH SUNDAY IN ORDINARY TIME

Vol. 11, No. 10

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Saint Joseph Cathedral Parish is called to spread the Gospel of Jesus Christ as a community. We are committed: to our urban neighborhoods, to being the Cathedral of the Diocese, and to fellowship, formation, sacrament, and prayer.

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January 29 - February 5, 2023

SUN Fourth Sunday in Ordinary Time 29 **Catholic Schools Week begins** 6:00 pm (Sat) Mass for Chris Miller 8:00 am Mass for Betty Hickman 10:30 am Mass for the Parishioners MON Weekday in Ordinary Time 30 12:05 pm Mass for Betty Hickman TUE Memorial of St. John Bosco 31 12:05 pm Mass for Chris Miller WED Weekday in Ordinary Time 1 12:05 pm Mass for Rita DiCarlo THU Feast of the Presentation of the Lord 2 World Day for Consecrated Life 12:05 pm Mass for Janet Cupp Blessing of Candles during Mass FRI **Optional Memorial of St. Blaise; St. Ansgar** 3 **First Friday** 11:15 am Confessions 12:05 pm Mass for Randy West Blessing of Throats during Mass 12:45 pm Eucharistic Adoration begins 5:00 pm Benediction of the Blessed Sacrament SAT **Optional Memorial of the Blessed Virgin Mary** 4 **First Saturday** 9:00 am Mass for Marion & Gladys Rine 9:30 am Rosary Confessions 5:00 pm Mass for the Parishioners 6:00 pm SUN **Fifth Sunday in Ordinary Time** 5 8:00 am Mass for Living and Deceased members of the Nicholas & Nimnoom Ghaphery family & the David Fay **Ghaphery family** 10:30 am Mass for Rosemarie Winiesdorffer

From Father Sateesh

"You are blessed! You have His attitudes in Life"

The first reading from Zephaniah speaks of the Day of Yahweh, when God will intervene directly in the life of Israel. Zephaniah advises the people to seek God in humility and lowliness. These are necessary conditions to find God for he rejects falsehood and the proud-hearted, who believe

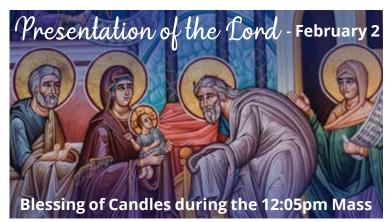


that they can manage on their own and don't need him. The Israelite nation had suffered decades of oppression under the Assyrian rule, the prophet now announces the arrival of salvation and liberation of the little ones who have suffered under foreign rule. This 'Day of Yahweh' is a time of effective action by God on behalf of his people. God is close to those who are humble and depend on him.

Today's gospel portrays Jesus as an authoritative teacher, who solemnly announces the fundamentals of life in the Kingdom of Heaven. The disciples are the primary target audience, but the principles are addressed beyond the disciples to the crowds of followers. The principles are universal. They are delivered on the mountain, the favored place among the Israelites for encountering God.

The Sermon on the Mount contains the essence of Christ's teachings, and the beatitudes are the essence of that essence. In the beatitudes Jesus presents a new vision of the Kingdom and invites his followers to live that vision. In the beatitudes what is being blessed is reliance on God. Those who know their need of God, and live life, accordingly, are truly blessed. They are the most fortunate of all people, for God will give them all that they need. We like to believe that we can manage our lives. Those who put their trust in human resources will be disappointed but those who trust in God will never be disappointed. Men and women of all ages have drawn inspiration from the Sermon on the Mount. Mahatma Gandhi drew strength and inspiration from the Beatitudes for his concept of non-violence. Martin Luther King was convinced that his struggle would succeed only if it was based on justice, love and forgiveness proclaimed in the Beatitudes.

In worldly wisdom those people are considered fortunate, who are well off, who can have whatever they want whenever they want; those who can live it up, who have the upper hand and can reach the top by any means. These values are the subject matter of novels and are promoted by the advertisements that bombard us. Yet they are the opposite of the values that believers should adopt in their lives. May the Beatitudes challenge our attitudes. Have a soul-searching weekend!



First Friday Eucharistic Adoration

This Friday from 12:45 p.m. to 5:00 p.m.

Please sign up for an hour of Eucharistic Adoration on the sheet in the back of the Church.

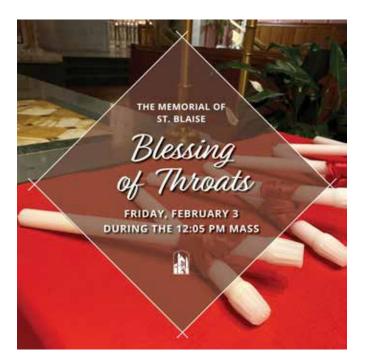
Pastoral Council Elections

Nomination process begins this weekend!

We are ready to nominate the next set of candidates for our Cathedral Parish Pastoral Council. At this time, we will be electing 3 new members to the council. **Nominations will be accepted in the back of the church or to the parish office from January 28 through February 5, 2023.**

According to the guidelines of the council, the following gifts and temperaments are necessary for successful pastoral leadership in members of the Council: desire for spiritual growth in self and in others, enthusiasm about the future of the parish, eagerness to facilitate parish decisions about its future, courage to work toward consensus, capacity to listen, integrity in articulating what one has heard and what one believes, ability to inspire and empower, willingness to delegate, and flexibility and openness with people and ideas. In addition, in order to be nominated, parishioners must be: at least 21 years of age, a baptized and practicing Catholic, a registered member of the parish, an active participant in the ongoing life of the parish, and have a broad knowledge of the community.

We will follow the following election process: nominations will be accepted through February 5, 2023. Nominees will be verified as members of our parish, and then contacted by council members to accept or decline the nomination. Nominee biographies will run for two weeks in the Courier in March. After the **election during the weekend of April 22/23**, the 3 nominees receiving the most votes will be asked to join the council and begin serving in the summer of 2023.







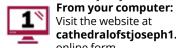
Stay Connected With Us!

Flocknote is an e-mail and text messaging tool that we use at the Cathedral of St. Joseph to message our parishioners about important information. Flocknote

is totally free for you to use, you don't even have to download anything or create a password in order to participate. All it takes is simply your name, e-mail address and/or cell phone number.

How Do I Sign-Up?

There are two easy ways to connect (pick one):



Visit the website at cathedralofstjoseph1.flocknote.com and fill out the online form.

OR:

From your mobile phone:



Text the letters **CSJ** to the phone number **84576**. You will then receive a reply which will allow you to sign-up.





LITURGICAL LIFE



This is the second in a three part series highlighting the Eucharistic legacy of Pope Benedict XVI. Part I focused on "The Eucharist is a Mystery to be Believed." This week Dr. O'Malley emphasizes "The Eucharist Is a Mystery to Be Celebrated."

The Eucharist Is a Mystery to Be Celebrated

Of course, most of us expe-

rience (as Benedict XVI notes) the Eucharist not as a series of intellectual propositions but a concrete, religious practice. We go to Mass. But if there is anything that has the potential to rip apart the Church right now, it's a discussion of the Mass.

Go into any parish in the United States, and you will find people with definite thoughts about how the Eucharist should be celebrated. It should include only chant, or it should never include chant. It should be done only in Latin or never in Latin. The priest should face the same direction as the people who are praying (toward the east) or the priest should face the people as he is praying. We should put up altar rails again, or we should take them all down.

Benedict XVI had little patience with this kind of liturgical in-fighting. It once again misses what is happening in the Eucharistic mystery: the advent of Jesus Christ who comes, himself, to feed us with his Body and Blood as we remember and give thanks for what God has accomplished, living out through this prayer our primordial creatures made for praise. This is the mystery of love that we must actively participate in. Benedict XVI quotes from Vatican II on this point, reminding us that:

"...the faithful 'should be instructed by God's word and nourished at the table

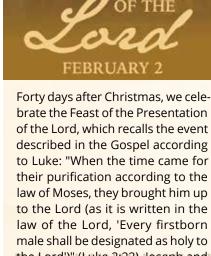


of the Lord's Body. They should give thanks to God. Offering the immaculate Victim, not only through the hands of the priest but also together with him, they should learn to make an offering of themselves. Through Christ, the Mediator, they should be drawn day by day into ever more perfect union with God and each other.' " (Sacramentum Caritatis, no. 52)

A Eucharistic Revival, therefore, will attend to the formation of the priest and the faithful alike in this kind of active participation. Active participation is recognizing that what we pray at Mass is intended to lead us more deeply into union with God and one another. We listen to Sacred Scripture, chewing upon the sweet words of salvation in the assembly with one another. We each make the offering of the Eucharist. The priest does so in the person of Christ and the Church and the assembly as the baptized faithful called to make their whole lives a return gift of love to the Father.

Active Participation

Active participation, therefore, is less about teaching people more things about the Mass—telling people things about things. It is instead a spiritual formation, fostering in us the kind of disposition that leads us into fruitful celebration of the Eucharist. We must learn to listen to the Scriptures in the silence of our hearts. We must cultivate an aware-



their purification according to the law of Moses, they brought him up to the Lord (as it is written in the law of the Lord, 'Every firstborn male shall be designated as holy to the Lord')" (Luke 2:22). Joseph and Mary bring Jesus to the Temple and while they are there, they meet two extraordinary people. First they meet Simeon, who, taking Jesus in his arms, recognizes him as the long-awaited Messiah. They also meet Anna, a widow, who prays and fasts in the Temple night and day.

Jesus is the light to the nations, and from the moment of his birth, people are drawn to his light. That is why on this Feast of the Presentation of the Lord, the Church blesses candles to be used in the celebration of the Mass during the coming year. ness in our lives of the places where we need God's love to come to us. We must celebrate liturgies that lead us into this kind of participation, where the drama of salvation is at stake in the celebration of the Mass.

And yes, we need to reflect on the ways that God is acting among us in the Eucharistic rites, as Benedict XVI notes. We must undertake an education where each of us learn to live faithfully what we celebrate in the rites (cf. *Sacramentum Caritatis*, no. 64). Again, let me be concrete. I am a dad and a professor, a husband and a friend. When I go to Mass or pause before the Eucharist in a quiet chapel, I do not participate in this worship apart from these relationships that define me as a person. I bring them along with me.

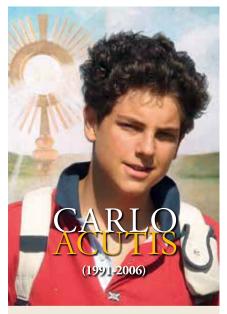
As a dad, I worry about my kids, whether they will pursue the good life rather than lead a life dedicated to pursuit of self-interest alone. I worry about whether as a husband my relationship with my wife reflects the love of Christ and the Church that is at the heart of the sacrament. I worry about my students, the anxiety that seems to control their lives. This is what I bring to the Eucharistic altar. All of this. I offer it back to the triune God. I pledge to make these spaces of worry in my life occasions of deeper conversion and love. Benedict XVI wanted this kind of active participation, and it's precisely the kind of work we need to do to foster a Eucharistic Revival.

Reflection Questions:

1) How do you encounter Jesus Christ when you go to Mass? Are there concrete practices that you might adopt to participate more actively in the Mass?

2) Think about something that you want to offer up to God the next time you go to Mass. What is it? Remember what you want to offer at Mass when the priest exhorts you to lift up your hearts to the Lord.

The National Eucharistic Revival is a three-year initiative that aims to inspire, educate, and unite. In a world where not many people know Jesus intimately, the revival is meant to show everyone what wonders the True Presence of Jesus can do to heal the soul of Catholics and non-Catholics alike.



Prayer to Blessed Carlo Acutis A Patron of the Eucharistic Revival

Dear Father,

Who has given us the ardent testimony of the young Blessed Carlo Acutis, who made the Eucharist the core of his life and strength of his daily commitments so that everybody may love You above all else, let him soon be counted among the Saints in Your Church.

Confirm my Faith, nurture my Hope, strengthen my Charity in the image of young Carlo, who, growing in these virtues, now lives with You.

Grant me the grace I really need...

I trust in you, Father, and your Beloved Son Jesus, in the Virgin Mary, our Dearest Mother, and in the intervention of Your Servant, Blessed Carlo Acutis.

Our Father, Hail Mary, Glory Be Blessed Carlo Acutis, pray for us!



The month of February is dedicated to the Holy Family. The special devotion which proposes the Holy Family of Jesus, Mary, and Joseph as the model of virtue of all Christian households began in the 17th century. In the words of His Holiness Pope Leo XIII, "Nothing truly can be more salutary or efficacious for Christian families to meditate upon than the example of this Holy Family, which embraces the perfection and completeness of all domestic virtues."

Ways to Honor the Holy Family

• Consecrate your family to the Holy Family

• Pray the Rosary together

• Strengthen your family's devotion to the Holy Eucharist as the nourishment of family life

Prayer for Families

Jesus, Son of God and Son of Mary, bless our family. Graciously inspire in us the unity, peace, and mutual love that you found in your own family in the little town of Nazareth.

Mary, Mother of Jesus and Our Mother, nourish our family with your faith and your love. Keep us close to your Son, Jesus, in all our sorrows and joys.

Joseph, Foster-father to Jesus, guardian and spouse of Mary, keep our family safe from harm. Help us in all times of discouragement or anxiety.

Holy Family of Nazareth, make our family one with you. Help us to be instruments of peace. Grant that love, strengthened by grace, may prove mightier than all the weaknesses and trials through which our families sometimes pass. May we always have God at the center of our hearts and homes until we are all one family, happy and at peace in our true home with you. Amen.



SCRIPTURE READINGS Week of January 29

SUNDAY

Fourth Sunday in Ordinary Time Zephaniah 2:3; 3:12-13 Ps 146:6-7, 8-9, 9-10 1 Corinthians 1:26-31 Matthew 5:1-12

MONDAY

Hebrews 11:32-40 Ps 31:20, 21, 22, 23, 24 Mark 5:1-20

TUESDAY

Hebrews 12:1-4 Ps 22:26-27, 28, 30, 31-32 Mark 5:21-43

WEDNESDAY

Hebrews 12:4-7, 11-15 Ps 103:1-2, 13-14, 17-18 Mark 6:1-6

THURSDAY

Malachi 3:1-4 Ps 24:7, 8, 9, 10 Hebrews 2:14-18 Luke 2:22-40

FRIDAY

Hebrews 13:1-8 Ps 27:1, 3, 5, 8-9 Mark 6:12-29

SATURDAY

Hebrews 13:15-17, 20-21 Ps 23:1-3, 3-4, 5, 6 Mark 6:30-34

NEXT SUNDAY

Isaiah 58:7-10 Ps 112:4-5, 6-7, 8-9 1 Corinthians 2:1-5 Matthew 5:13-16

The readings are included each week so that those who are unable to join us for daily Mass will be able to consider and pray them in union with the whole Church.

SAINTS OF THE WEEK

January 31 - St. John Bosco, priest (1815-1888)

Saint John Bosco was gifted by God with the ability to read and interpret the signs of the times. Living during rapid industrialization and growing anticlericalism, he became very concerned about the emotional and spiritual livelihood of people, especially the plight of the young. St. John worked to provide positive and affirming environments, including orphanages and oratories, where the young could learn and recognize their infinite potential. In the spirit of his favorite hero, St. Francis de Sales, he founded the Salesians, a religious congregation devoted to works of charity, with an emphasis on empowering young people to become strong pillars of faith in a culture of instability. His work among young men living in the slums proved to be a worthy endeavor. Whether he was presiding at Mass or playing games with children or carrying the sick to hospitals, it was obvious he lived until "his last breath ... day and night, morning and evening" for the neglected and abandoned. *Patronage:* young people; editors; magicians

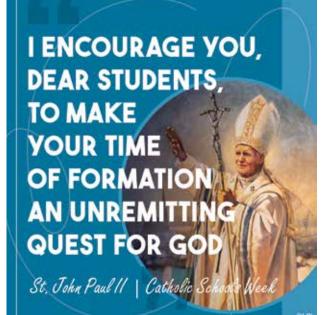
February 3 - St. Blaise, bishop, martyr (d.316)

While serving as Bishop of Sebaste, in Armenia, St. Blaise was a visible witness of the Gospel, which eventually led to his martyrdom during the persecutions of Diocletian. His feast day is commemorated with a blessing of throats because legend says that he cured a young boy choking on a fish bone. *Patronage:* against throat diseases

St. Ansgar, bishop (c.801-865)

Also on February 3, we celebrate Saint Ansgar, the "apostle of the north," who was an orphan raised at the Benedictine abbey of Corbie in France. The source for most his life is the *Life of Ansgar*, written by his disciple, Rimbert, who succeeded him as archbishop and is also a saint. Ansgar became a monk at Corbie and was sent as a missionary to Jutland in what is now Denmark. Later, at the request of King Björn, he went to Sweden to preach the Gospel. In 831, Ansgar was appointed archbishop of Hamburg, a diocese that had a special responsibility to evangelize the northern countries in Scandinavia. Although he lived during the period of political upheaval that followed the death of Charlemagne and the accession of his sons and subsequent division of his empire, Ansgar managed to establish Christianity and build churches and monasteries. He died in Bremen in 865 and is the patron saint of Denmark.

Saints of God, pray for us!



HAPPENING AROUND THE AREA

Bereavement Gathering

Grief from a Faith Perspective Next Meeting: January 30 at 6pm St. John Parish Hall, Benwood

If you, or someone you know has lost a loved one and may benefit from a gathering for those grieving. Please join us 6:00pm at St. John's Parish Hall 700 Main Street in Benwood on the following dates. Bring a friend and join us. The next meeting is on January 30.

Infant of Prague Novena Begins Monday, January 30 at 7pm Our Lady of Peace, Wheeling

Join the parishioners of Our Lady of Peace Parish in Wheeling for their annual Novena to the Infant Jesus of Prague, prayed for nine consecutive Monday evenings at 7:00 p.m., beginning January 30.

World Marriage Day Saturday, February 11, 2023 St. Vincent De Paul, Wheeling

Join us for an evening of celebrating your love for your spouse and the blessing of your marriage together in the Sacrament of Marriage. The celebration will begin at the 5 p.m. Mass, followed by a wine and cheese social, special dinner, and a brief witness of one couple as to the blessings of the Sacrament of Marriage in their lives in the Marist Centre. The evening will conclude with coffee and wedding cake served to the group. You are invited to bring your wedding photos and albums to be displayed for everyone to enjoy. For reservations or additional information, please call Dennis or Brenda Beiter at 304-238-4904, or John or Dorothy Dudzik at 304-243-1104.

REMEMBER IN YOUR PRAYERS

Andrew Helfer Angela Niehart Archer Hatch Arthur Danehart Austin Cook Barb Mazzocca Beth Jochum **Betty Teater Bill Wilson Bob Armstrong** Bob Jones **Billy Hanasky** Brian Hanasky **Brogan Gallentine** Caleb Hlebiczki Carolyn Lash Carolyn Wiethe **Charles Heizer** Charles DeBeni Children of the Youth Services System Christina Helfer

Chuck Fair David A. Kress, Jr. Eli Musser **Eric South** Eva Wood Fr. Joseph Wilhelm Frank Davis Frederick C. Schweizer Gail Koch George Kirchner Geri Adams Nagy **Hines Rotriga** Janet Rodriguez Jean Schultz lim Antill Jim and Dee Jimmy Hocking loe Bechtel John Petrella Ion-Michael Lasher Judy Pack **Julia Sheets**

Kathy Cooley Kaitlyn Hanasky Kermit Klosterman Liam Barns Liam Manning Lukie Brown Margaret Stocke Marie Farnsworth Marie & Conner Workman Mark Davis Marshall South Martha Yocum Mary K. Schlosser Mary Walicki Michael DeBlasis Milissa Rose Nadine Greenwood Nicholas Barns Pete Cuffaro Pete Mack Philippa Shores

Rachel Wade R. J. Stocke **Richard Simon Rick Burgy** Ron Hickman Rosanne Gaughan Rosalie Davis Rose Otey Sarah Hanasky Sarah Sargent Shirley DeCaria Stanley Kyrc Susan Graff Susan Mize Susan Schulte Tammy Teresa Helfer Thelma Pearson **Tony Helfer Trystan Timmons** Victoria Jeskey Zoey Knight

From the Diocesan Office of Safe Environment

The Diocese of Wheeling-Charleston is committed to the protection of its children and young people. The Diocese complies with the United States Conference of Catholic Bishops' Charter for the Protection of Children and Young People by maintaining an Office of Safe Environment. To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at 800.352.6513. In addition to civil authorities, to report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please contact the Diocese at 888.434.6237 or 304.233.0880. Please visit www.dwc.org under "Accountability" for additional information and reporting methods. To learn more about the Catholic Church's efforts in preventing sexual abuse of children in the United States, please visit http://www.usccb.org. Under "Issues and Action," click "Child and Youth Protection" from the drop down menu.



WHY DO WE DO THAT? Catholic Life Explained: Saint vs. Blessed

Question:

What is the difference between a "Saint" and a "Blessed"?

Answer:

The process of proclaiming someone as a saint in the Catholic Church has evolved over the course of many centuries. In the beginning, those honored as saints were almost exclusively biblical figures or martyrs. However, after the legalization of Christianity in the fourth century, new holy women and men came to be honored as saints, and this was often done by popular acclaim or by the local bishop or abbot.

It was Pope Gregory IX (who was pope from 1227 to 1241) who officially proclaimed that only the pope had the authority to add someone to the official list (the "canon") of saints. This is the meaning of the word "canonization."

Today, the saint-making process includes several steps, including detailed studies of the person's life and a recognition that they died as a martyr or lived a life of "heroic virtue." Once someone is recognized as a martyr or if a miracle is attributed to their intercession, they will be beatified and honored as "Blessed." This means that they can be celebrated by Catholics in a particular country or region or by the members of certain religious community. If another miracle occurs and is approved, then the "Blessed" is canonized and honored with the title "Saint," meaning that they are now officially recognized as a universal model of holiness and an intercessor.

The Cathedral of Saint Joseph



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MASS TIMES

SUNDAYS	6:00 pm (Saturday) 8:00 am
	10:30 am
WEEKDAYS	12:05 pm (Monday thru F

VEEKDAYS 12:05 pm (Monday thru Friday) 9:00 am (Saturday)

HOLY DAYS Please consult the bulletin

CONFESSIONS

FRIDAY 11:15 - 11:45 am

SATURDAY 5:00 - 5:45 pm or by appointment

SACRAMENTS

BAPTISMS

By appointment. Please contact the parish office.

ANOINTING OF THE SICK / MINISTRY TO THE HOMEBOUND

Please call the parish office to arrange for anointing for someone who is seriously ill or preparing for surgery. If ill, homebound or hospitalized, a visit can be scheduled upon request.

MARRIAGE

Engaged couples who are members of the Cathedral parish should contact the parish office.

PARISH REGISTRATION

Registration forms can be obtained through the parish office.

Please notify the parish of address changes through contacting the parish office or by visiting the website.

Bulletin Articles due by 9am on Monday (5 days prior to publication). Submitted bulletin content is subject to approval.

The Mother Church of the

Diocese of Wheeling-Charleston