



Saint Joseph Cathedral Parish is called to spread the Gospel of Jesus Christ as a community. We are committed: to our urban neighborhoods, to being the Cathedral of the Diocese, and to fellowship, formation, sacrament, and prayer.



July 9 - 16, 2023

**SUN** 9

### **Fourteenth Sunday in Ordinary Time**

6:00 pm (Sat) Mass for the Parishioners 8:00 am 10:30 am

Mass for Helen Pasden Mass for Bob & Brenda Braido (45th Wedding Anniversary)

MON 10

# **Weekday in Ordinary Time**

12:05 pm Mass for Don Gerrero

**TUE** 11

### Memorial of St. Benedict

Mass for Arthur Loy 12:05 pm

WED

## Weekday in Ordinary Time

Mass for Harold Miller 12:05 pm

13

### **Optional Memorial of St. Henry**

12:05 pm Mass for Judy Staley

# Memorial of St. Kateri Tekakwitha

11:15 am Confessions

12:05 pm

Mass for Leo Pacewicz

15

### Memorial of St. Bonaventure

9:00 am Mass for Judy Ghaphery

9:30 am

Rosary Confessions

5:00 pm 6:00 pm

Mass for Frank & Eve Purpura

**SUN** 16

2

# Fifteenth Sunday in Ordinary Time

8:00 am 10:30 am Mass for the Parishioners Mass for Mildred Sukys





"Come to me, all you who labor and are overburdened I will give you rest."

In today's first reading Zechariah, the last of the minor prophets, describes the coming of the Messiah and his nature as a triumphant and victorious king and yet humble and lowly in nature. In order to belong to the Messiah prom-



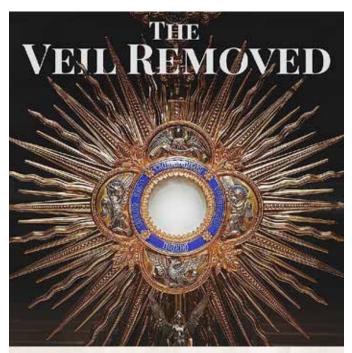
ised and sent for us we have to fulfill a very important condition: We have to imbibe the spirit of the Messiah without which we cannot belong to him. He gives up all authority and power, he does not control, He walks the way of justice and peace for all. Have we the Spirit of Jesus dwelling in us? Do we live life according to the Spirit of Jesus?

This Sunday's Gospel begins on a note of thanksgiving with Jesus acknowledging the Father for hiding things from the wise and the clever and revealing them to infants, to those who stand in humility before God. Jesus himself did not openly claim to be the Messiah. He appeared to be the humble Messiah that Zechariah prophesied a few centuries before the birth of Jesus. Jesus chose the title 'Son of Man' while speaking of his life and mission. Jesus is the Messiah who lived among suffering humanity, a friend of the out-castes of society, who sought table fellowship with sinners and tax collectors. It is in this context that his invitation to us in today's gospel becomes intelligible. "Take my yoke upon you and learn from me; for I am gentle and humble of heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

Centuries ago, Jesus summoned his apostles and disciples and sent them two by two to communicate God's love, to bind up wounds and to be peacemakers in a troubled world. Jesus knew they would make mistakes; nevertheless, he involved them in his mission and gave them his authority. Today, all the baptized understand their call to Jesus's mission and ministry to others. Whatever our position in society, we are invited to set out with full hearts to build our Church, and help it grow. Armed with faith and our personal experience of Jesus, we can all proclaim with our lives the reign of God. Through simple acts of caring, we have the ability to change the world. By providing a listening ear to the sick or lonely, or companionship to the young or elderly, we are ministers. When we are helpful, loyal, and constant without seeking personal glory, we respond to the needs around us and build up the body of Christ. As we are called and respond, so do we also call others to do the same. Let us celebrate this gift and task with thanksgiving. We can make this world better with our lives, let us begin.

Most of us have experienced fatigue, tiredness and at times weariness. We feel overburdened with the responsibilities of our family, or our job and the pressure only keep increasing. It seems nobody cares and there is no way out! Those who face this predicament are invited to come to God: "Come to me, all you that labor and are burdened and I will give you rest says the Lord." Have an uplifting weekend!

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What if we could see Jesus, the choirs of angels, and the saints present at Mass? And what if we could see the bread and wine change into Jesus' Body and Blood? This really happens at every Mass, every day, in every church across the world!

Please take a few minutes and watch the amazing short film, The Veil Removed.
Only 7 minutes long, it attempts to express in film THE REALITY of what takes place spiritually during the celebration of Mass, as seen by saints and mystics.

To watch The Veil Removed, go to www.theveilremoved.com or scan this QR code:





If you are 55 years and over and searching for a group that shares conversation, friendship, fun, and spiritual activities, we are excited to share a new ministry at the Cathedral just for you! Our goal is to provide for the spiritual, social, and educational needs of our parishioners and to give service to the broader community with activities, events, communal prayer, trips, and fellowship. For more information and to sign up for this exciting new ministry, please contact Cathy LaFlam at 614-565-4384 or e-mail cclaflam@sbcglobal. net or use the sign up sheet in the back of the church.





A very special thank you to all who have already supported this year's Catholic Sharing Appeal! Your generosity extends the gift of our Catholic faith to others and provides the light and love of Christ to those in need throughout our community. Your participation also ensures our shared ministries have the resources needed to enliven parishes, such as ours; support students in all 24 of our Catholic Schools; expand outreach efforts to every corner of our state; and so much more!

If you have not already donated to this year's Catholic Sharing Appeal, we invite you to prayerfully consider doing so! When you give to the Catholic Sharing Appeal, you directly impact the lives of those around you. At the parish level, we are in the midst of a major renovation project on our Baptismal Font, which due to its age, has developed a serious leak and is in great need of repair. It is through the funds from this year's Catholic Sharing Appeal that help us to cover a large portion of the costs for the Baptismal Font repair.

Thank you for all you do for our parish! May God continue to bless us, guide us, and unite us in faith, hope, and love!



To make a secure online donation in support of the Catholic Sharing Appeal, please scan the QR code using the camera on your smartphone or device.

# New to the Parish?

Are you new to the Parish? Has your address or phone number changed? Are you a Catholic wishing to return to the Church? We would love to hear from you! Contact or stop by the Parish Offices to find out more information on how to become a member of the Cathedral Parish.

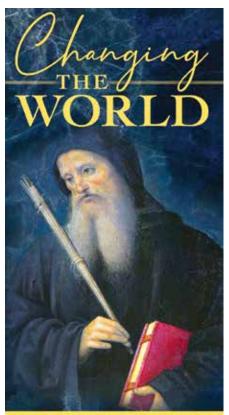
# Collection

July 2, 2023

Envelopes: \$2340 Loose: \$664 Online: \$490 Total: \$3494

Thank you for your support!





# ST. BENEDICT

While the summer months can be relaxing, we all know that as adults the endless commitments such as weddings, baby showers, birthday parties, holiday celebrations, and family get-togethers can sometimes make us feel a little stressed, most especially if we are hosting them!

Take a few moments and reflect on these words from the *Rule of St. Benedict* and allow them to nudge you in the right direction, so that we may be more hospitable in our home, our parish, and with all our relationships:

All guests who present themselves are to be welcomed as Christ, for he himself will say: I was a stranger and you welcomed me (Matt 25:35). Proper honor must be shown to all, especially to those who share our faith (Gal 6:10) and to pilgrims. Once a guest has been announced, the superior and the brothers are to meet him with all the courtesy of love ... All humility should be shown in addressing a guest on arrival or departure. By a bow of the head or by a complete prostration of the body, Christ is to be adored because he is indeed welcomed in them.

# LITURGICAL LIFE

# Why Do You Come to Mass? (Part III)

By Fr. Jonathan Meyer

We come to Mass because it is Calvary and it matters. It matters because the Mass teaches us how to love. What's wrong with our world is that people don't know that the Mass is Calvary and so they don't know how to love. What does the Mass teach us? It teaches us how to love. What is the Mass? The Mass is Jesus saying "This is My Body given up for you." "This is My blood poured out

for you." This is My life poured out for you. What is every husband supposed to say to his wife? "This is my body given up for you." What is every wife supposed to say to her husband? "This is my life poured out for you." What is every child supposed to say to their parents? "This is my body given up for you." This is my life poured out for you. We learned that at Mass, we learned that from the Master hanging from the Cross. And that's how the world is supposed to live.

I invite you to close your eyes right now and call to mind those that you love. And please repeat after me "This is my body given up for you." "This is my life poured out for you." I want you to call to mind those that you struggle with, those that you find hard to love, and please repeat after me. "This is my body given up for you." This is my life poured out for you. I want you to see the face of Jesus and He's hanging on the Cross, and there's sweat and there's blood and our Blessed Mother is crying, and you can see John the beloved disciple. And kneeling at the foot of the Cross, we say to Jesus, "This is my body given up for you." This is my life poured out for you.

You see my brothers and sisters the Mass is Calvary and Jesus gave us



access to Calvary at the Last Supper. And that's what every Mass is. And if it is true that every Mass is Calvary, then bring on the music, because should we not sing the praises of the Lord at the most important and beautiful moment in the history of salvation? Bring on the preaching because should we not better understand and better enter into what is the sacrifice of our Lord and our Savior? May we enter into communion, may we receive His Body and Blood poured out for us out of love on the Cross and may we gather as a people. May we gather as a Church. May we offer not just our finances but our entire lives. And if it is Calvary, should it not be celebrated in the most beautiful of places to direct our minds and our hearts to the beauty Who is God Himself.

To be continued next week...

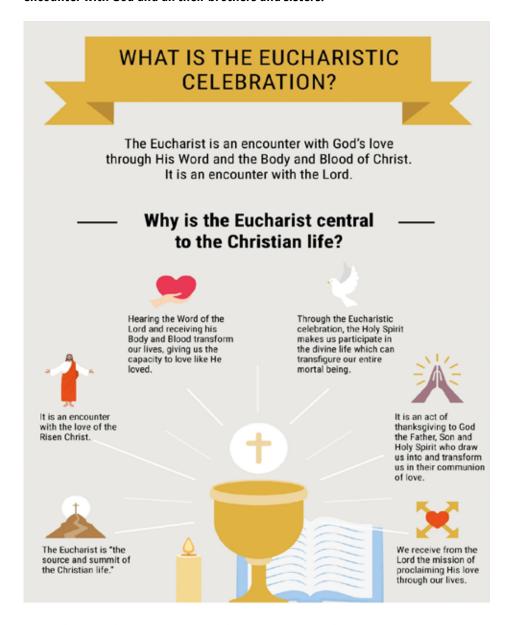
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# FIRE UP YOUR FAITH

# Let us place the Eucharist at the center of our lives: Pope's July intention

Pope Francis' prayer intention for July fits perfectly with the Eucharistic Revival underway in the United States: He is praying, and invites us to pray, that the faithful place the Eucharist at the center of our lives:

"We pray that Catholics may place the celebration of the Eucharist at the heart of their lives, transforming human relationships in a very deep way and opening to the encounter with God and all their brothers and sisters."



"We Christians go to Sunday Mass to encounter the Risen Lord, or better still to allow ourselves to be encountered by Him, to hear his Word, to nourish ourselves at His table, and thus to become the Church, that is, His mystical living Body in the world."

**POPE FRANCIS** 



### **Month of the Precious Blood**

"As we now approach the month devoted to honoring Christ's Blood - the price of our redemption, the pledge of salvation and life eternalmay Christians meditate on it more fervently, may they savor its fruits more frequently in sacramental communion." So wrote Pope Saint John XXIII, in his apostolic letter *Inde a Primus*, encouraging this devotion.

The month of July is traditionally dedicated to the Most Precious Blood of Jesus. The feast of the Precious Blood of our Lord was instituted in 1849 by Pius IX, but the devotion is as old as Christianity. The early Fathers say that the Church was born from the pierced side of Christ, and that the sacraments were brought forth through His Blood.

### Ways to Honor the Precious Blood

- Pray the Litany of the Precious Blood
- Spend some time in Eucharistic Adoration
- Pray the Divine Mercy Chaplet



# **SCRIPTURE READINGS**

### Week of July 9

### **THIS SUNDAY**

Zechariah 9:9-10 Ps 145:1-2, 8-9, 10-11, 13-14 Romans 8:9, 11-13 Matthew 11:25-30

#### **MONDAY**

Genesis 28:10-22 Ps 91:1-2, 3-4, 14-15 Matthew 9:18-26

#### **TUESDAY**

Genesis 32:23-33 Ps 17:1, 2-3, 6-7, 8, 15 Matthew 9:32-38

#### WEDNESDAY

Genesis 41:55-57; 42:5-7, 17-24 Ps 33:2-3, 10-11, 18-19 Matthew 10:1-7

#### **THURSDAY**

Genesis 44:18-21, 23-29; 45:1-5 Ps 105:16-17, 18-19, 20-21 Matthew 10:7-15

### **FRIDAY**

Genesis 46:1-7, 28-30 Ps 37:3-4, 18-19, 27-28, 39-40 Matthew 10:16-23

# **SATURDAY**

Genesis 49:29-32; 50:15-26 Ps 105:1-2, 3-4, 6-7 Matthew 10:24-33

#### **NEXT SUNDAY**

Isaiah 55:10-11 Ps 65:10, 11, 12-13, 14 Romans 8:18-23 Matthew 13:1-23

The readings are included each week so that those who are unable to join us for daily Mass will be able to consider and pray them in union with the whole Church.

# **SAINTS OF THE WEEK**

### July 11 - Saint Benedict, abbot (c.480-550)

St. Benedict, father of Western monasticism and patron saint of Europe, attracted people by his spiritual life. He wrote a practical rule of life. This guide for their life of prayer and work (*ora et labora*) and commnity and hospitality is still in use today. Treat each visitor like Christ. Our common rule of life is the Gospel.

# July 13 - Saint Henry (972-1024)

Although he did not choose his station or duties in life, King Henry II sought to glorify God and live a Christian life as king of Germany and made wise and prudent decisions for both Church and state during his reign. *Patronage:* Benedictine oblates; infertility

### July 14 - Saint Kateri Tekakwitha, virgin (1656-1680)

St. Kateri Tekakwitha was the first Native American to be canonized. Hearing about Christ from Jesuit missionaries, she chose to be a Christian at seventeen. Since Christians also brought disease and destruction to some indigenous villages, her choice was opposed by her family. She gave birth to the Gospel by being faithful to prayer and caring for children and the sick. She promised to continue her care when she reached heaven. She died at age twenty-four. *Patronage:* ecology; environment; orphans; exiles

# July 15 - Saint Bonaventure, bishop, doctor of the Church (1221-1274)

A Franciscan bishop, Doctor of the Church, and teacher, Bonaventure served as Franciscan minister general at a time of great vision. Because of his evient love for God, he is called the "Seraphic Doctor."



# WHERE DO WE GAIN OUR UNDERSTANDING OF THE EUCHARST?

Excerpt from hallow.com/blog



Where do we gain our understanding of the Eucharist? First and foremost, we learn about Jesus's Body and Blood...from Jesus. While they were eating, Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, "Take and eat; this is my body." Then he took a cup, and when he had given thanks, he gave it to them, saying, "Drink from it, all of you. This is my blood of the covenant, which is poured out for many for the forgiveness of sins. I tell you, I will not drink from this fruit of the vine from now on until that day when I drink it new with you in my Father's kingdom." (Matthew 26:17-30)

In John 6:53-57, Jesus further tells us that "For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him." In the Luke account of the road to Emmaus, the two men traveling recognize Jesus only when he breaks bread at the table. "Their eyes were opened," Luke tells us. When we spend time with Jesus's Body, the Blessed Sacrament, our eyes can be opened, too. That's why the Eucharist is so important to our prayer life. And it comes directly from Jesus.

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# AROUND THE AREA

# **Infant of Prague Novena**

After thirty years celebrating and hosting the Infant of Prague Novena at St. Mary Church, Martins Ferry, the decision was made no longer to do so. Shirley Moczek, who died in 2020, faithfully and lovingly supported and directed this novena. With no one replacing her commitment and work and for other reasons, attendance has greatly declined. So, for all who had joined us in this prayer over these past thirty years, may the grace and blessings given through the intercession of Christ continue to bless you and keep you in God's peace. Everyone is invited to attend the Infant of Prague Novena at the Cathedral of St. Joseph in Wheeling this year beginning on Monday, September 11 at 7:00 p.m.

# Walking With Moms in Need

Walking with Moms in Need is a process through which Catholic parishes and communities "walk in the shoes" of local pregnant and parenting women in need. Everyone should know how to help moms in difficult circumstances. While not trying to turn Catholic parishes into pregnancy centers, we can support local pregnancy centers where they exist, and we can also find and share other resources with pregnant and parenting women. And where there are few local resources, we can create our own, based on the gifts of the parish community! We hope you and your parish will join us in Walking with Moms in Need. For more information contact Kathy Barton, Director of Social Ministry for the Diocese at 304-233-0880, Ext. 289 or Kbarton@dwc.org.



# WHY DO WE DO THAT? Catholic Life Explained:

Coming Back to Church

### Question:

I have been away from the Church for a few years and really want to get active again, not so much for me, but for my children. Is this a bad reason to come back to Church?

#### Answer:

If you are on your way to the supermarket, and you are forced to detour from your usual route because of road work, does the food you buy taste different? Is the meal less filling? Are the vegetables less tasty? Of course not. In our faith journey, there are many detours called sin. Some are greater than others, some are even a bit longer. But God's grace comes to us in ways we understand and recognize and need. Your children leading you back to the Church is not as important as the fact that you are back. This is an opportunity for you to renew, strengthen, and deepen your faith. Regardless of how we get to Church, or what draws us closer to God, the fact is we are there. Do what you need to do to get right with God and the Church. Go to confession, begin good family religious practices, and be involved in the ministries your parish offers. Be more than a lukewarm parishioner. Be the kind of Catholic you want your children to be.

# REMEMBER IN YOUR PRAYERS

Andrew Helfer Angela Niehart Archer Hatch Arthur Danehart Austin Cook Barb Mazzocca Beth Jochum **Betty Teater** Bill Wilson **Bob Armstrong Bob Jones** Billy Hanasky Brian Hanasky Brogan Gallentine Caleb Hlebiczki Carol Young Carolyn Lash Carolyn Wiethe Catherine Lanham Charles Heizer Charles DeBeni Children of the

Youth Services System

Christina Helfer

Chuck Fair David A. Kress, Jr. Dianna Albright **Doug Jones** Eli Musser Eric South Eva Wood Fr. Joseph Wilhelm Frank Davis Frederick C. Schweizer Gail Koch George Kirchner Geri Adams Nagy Hines Rotriga Janet Rodriguez Jean Schultz Jim Antill Jim and Dee Jimmy Hocking loe Bechtel John Petrella Jon-Michael Lasher Judy Pack

Kathy Cooley Kaitlyn Hanasky Kermit Klosterman Kristin Smith Langan Family Liam Barns Liam Manning Lukie Brown Margaret Stocke Marge Mucheck Marie Farnsworth Marie & Conner Workman Mark Davis Marshall South Martha Yocum Mary K. Schlosser Mary Walicki Michael DeBlasis Milissa Rose Nadine Greenwood Nicholas Barns Pat Belby Pete Cuffaro

Philippa Shores Rachel Wade R. J. Stocke Richard Simon Rick Burgy Ron Hickman Rosanne Gaughan Rosalie Davis Rose Otey Sarah Hanasky Sarah Sargent Shirley DeCaria Stanley Kyrc Susan Graff Susan Mize Susan Schulte Tammy Teresa Helfer Thelma Pearson Tony Helfer Trystan Timmons Victoria Jeskey Zoey Knight

Pete Mack

### From the Diocesan Office of Safe Environment

**Julia Sheets** 

To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at 800.352.6513. In addition to civil authorities, to report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please contact the Diocese at 888.434.6237 or 304.233.0880. Please visit www.dwc.org under "Accountability" for additional information and reporting methods.

# The Cathedral of Saint Joseph



# **DIRECTORY**

### **PARISH OFFICE**

1218 Eoff Street Wheeling, WV 26003 Phone: 304-233-4121

Website: www.saintjosephcathedral.com

# **STAFF**

### **PASTOR**

Most Reverend Mark E. Brennan

Bishop of Wheeling-Charleston

### VICE-RECTOR

Rev. Sateesh Narisetti, H.G.N., J.C.L.

nsateesh@dwc.org

### **DEACON**

**Deacon Douglas Breiding** 

dbreiding@dwc.org

# PASTORAL ASSOCIATE / ASSOCIATE ORGANIST Tyler J. Greenwood

tgreenwood@dwc.org

# PARISH LIFE AND MINISTRIES ASSISTANT Debora V. Fahey

dfahey@dwc.org

### **DIRECTOR OF MUSIC MINISTRIES**

Matthew S. Berher

mberher@dwc.org

#### **SACRISTAN**

Martin Imbroscio

mimbroscio@dwc.org

# **MASS TIMES**

**SUNDAYS** 6:00 pm (Saturday)

> 8:00 am 10:30 am

12:05 pm (Monday thru Friday) **WEEKDAYS** 

9:00 am (Saturday)

**HOLY DAYS** Please consult the bulletin

# **CONFESSIONS**

**FRIDAY** 11:15 - 11:45 am

SATURDAY 5:00 - 5:45 pm

or by appointment

# **SACRAMENTS**

#### **BAPTISMS**

By appointment. Please contact the parish office.

### ANOINTING OF THE SICK / MINISTRY TO THE HOMEBOUND

Please call the parish office to arrange for anointing for someone who is seriously ill or preparing for surgery. If ill, homebound or hospitalized, a visit can be scheduled upon request.

### **MARRIAGE**

Engaged couples who are members of the Cathedral parish should contact the parish office.

### **PARISH REGISTRATION**

Registration forms can be obtained through the parish office.

Please notify the parish of address changes through contacting the parish office or by visiting the website.

Bulletin Articles due by 9am on Monday (5 days prior to publication). Submitted bulletin content is subject to approval.

