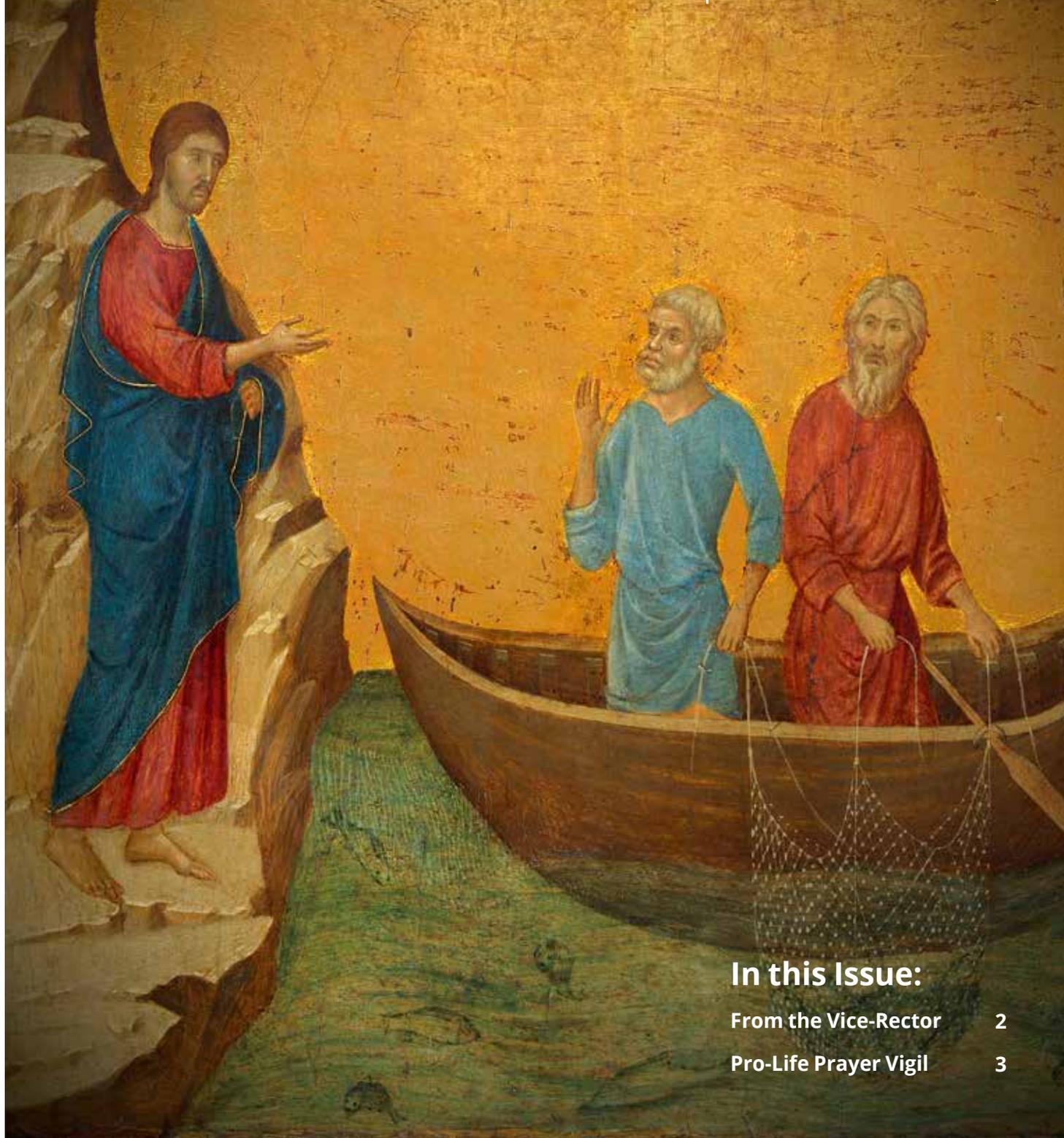


THE Cathedral Courier

Weekly Bulletin for the Cathedral of St. Joseph, Wheeling, West Virginia

24 January 2021
THIRD SUNDAY
IN ORDINARY TIME
Vol. 10, No. 9



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Saint Joseph Cathedral Parish is called to spread the Gospel of Jesus Christ as a community. We are committed: to our urban neighborhoods, to being the Cathedral of the Diocese, and to fellowship, formation, sacrament, and prayer.

This Week

January 24 - 31, 2021

SUN 24 Third Sunday in Ordinary Time

6:00 pm (Sat) Mass for the Parishioners
8:00 am Mass for Jack Belby, Sr.
10:30 am Mass for All Deceased Deacons
of the Diocese & their Wives

MON 25 The Conversion of Saint Paul the Apostle

12:05 pm Mass for Gelsomina & Vincenzo Sacco

TUE 26 Saints Timothy and Titus

12:05 pm Mass for Rev. Msgr. Kevin M. Quirk

WED 27 Saint Angela Merici

12:05 pm Mass for Most Rev. Joseph H. Hodges
(Anniversary of Death - 1985)

THU 28 Saint Thomas Aquinas

12:05 pm Mass for Fred Risovich

FRI 29 Weekday in Ordinary Time

11:15 am Confessions
12:05 pm Mass for Chris Miller

SAT 30 Optional Memorial of the Blessed Virgin Mary

9:00 am Mass for Fred Wojcik
5:00 pm Confessions
6:00 pm Mass for Annabelle Socha

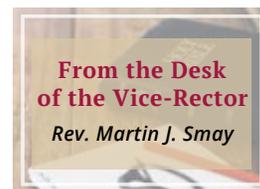
SUN 31 Fourth Sunday in Ordinary Time

8:00 am Mass for the Parishioners
10:30 am Mass for Chris Miller



Dear Parishioners of the Cathedral Parish,

In the past I have mentioned that it is a good practice to read a bit from Sacred Scripture daily and have encouraged you to take up this practice. I was recently sharing this with a professor of Sacred Scripture from my time studying to be a priest and he suggested that I offer some concrete suggestions as to where one might begin. I think he makes a fair a point. After all, the Bible is a big book and the beginning is not really the best place to start. There can be great difficulty in reading the Bible profitably precisely because it is, in fact, not a single book, but a collection of books which were written over the span of fifteen centuries or so. Often times the authors of Scripture make use of literary forms which do not precisely correspond to what we have today. Then there is the obvious problem of the cultural differences between us and them.



Therefore, allow me to make some simple suggestions here. In the first place, it is good to make ourselves familiar with the general outline of the Bible. There are two major divisions in the Bible: the Old Testament which is composed of books written before Christ came; and the New Testament which was written after Christ came and more or less before the end of the first century. The New Testament is much, much shorter than the Old Testament and is also fairly "recent" in composition (one of my Old Testament professors once referred in jest to the New Testament as "contemporary literature"). I think for that reason, the New Testament is more accessible to the modern readers. Beyond that, much of it puts us in direct contact with the events of our Lord's life, the foundation and exemplar of the Christian life; or else it puts us in contact with the history and beliefs of the first Christians both of which have pertinence to our daily lives.

The first four books of the New Testament are the Gospels. Each of the four Gospels were written with a certain audience in mind. Matthew wrote primarily for a Jewish audience (many of whom had come to believe that Jesus was the Messiah promised by the ancient prophets), Mark for Romans and likely reflects St. Peter's preaching at Rome, Luke for Greeks and may have based his Gospel in part on St. Paul's preaching among the gentiles, and John for people who have already been Christians for some time (that is, it take a different perspective and deeper look into who Jesus the Christ was). After the Gospels comes the "history book" of the early Church, the Acts of the Apostles. We should be careful though, as our concept of history does not exactly line up with the concept of history that existed 2000 years ago. The Acts of the Apostles is really a continuation and part II of the Gospel according to St. Luke. Acts is followed by many letters to early Christian communities and then, last but not least, the Book of Revelation. So many options, even within the comparatively small New Testament, where to begin?

St. Teresa of Avila in her book The Way of Perfection wrote, "I have always been fond of the words of the Gospels and have found more recollection in them than in the most carefully planned books." The Gospels in particular occupy a privileged place in all of Sacred Scripture because they are the principal witness to the life and teaching of our Lord. I would suggest that a good place to start would be the Gospel according to St. John because he wrote for a Christian audience. Another option might be with the First Letter of St. John. It is fairly short and accessible and talks a lot about the relationship

between love and right action. There is also a strong resonance between it and the Gospel of St. John.

The foregoing considerations are important because having good material to begin with is almost necessary for coming to a happy end. If a worker is given poor materials to start with, we can expect that generally the finished product will be wanting. Our end in reading Sacred Scripture is to be kept in mind and this end is nothing other than to grow in love for God. While the base material is important, let us also consider how it is that we best proceed in using it to grow in charity.

Various "methods" for praying with Scripture have been developed by saintly men and women down through the centuries. I don't think it is all that helpful to get caught up in the details of various "methods" or "procedures." Simply select a passage (modern Bibles generally have the text broken into parts with headings) and read it through to get the general idea of what is going on. Then again read it slowly, mindful that you are reading the *living* word of God and that this living word has something to say to you, that our Lord is ready to speak to you through it. If a story has been selected, do not be afraid to engage the text on the affective level, entering into it with your imagination and placing yourself in it and imagining the surroundings, the smells, the feel of the ground, how the voices of the characters sound, the whole thing. Read until a phrase or even a single word catches you. This may happen on the first read through or on the tenth. Then simply take that phrase, word, or idea to our amiable Savior, speaking with Him about why it was that this caught your attention. Sometimes God may make us understand in a new way the love and care He has for us, other times He invites us to do something like forgive someone or let go of a grudge or even prompts us to reach out to someone in need or pray for an old friend whom we haven't seen in a while. The fundamental motivation for all that God shows us or asks of us is His love. Keeping this in mind and entering into conversation with Him, we end in acts of love to Him. I think sometimes people imagine that their prayers must be long and eloquent, but in truth we need only speak simply, in a childlike manner, to Him and this is most pleasing to Him. Simply "I love you Lord, help me to love you more" is a praiseworthy prayer. It is also good, in this simple conversation, to ask Him for the strength to carry out well anything we might think He is asking us to do and then to go and do it for love of God.

We can also be aided greatly in our prayer with Sacred Scripture by learned commentaries on whatever passage we are reading. Oftentimes these books can shed light on obscure passages, or give us a different and more in depth take on a familiar passage. There should be some caution exercised when choosing a commentary because there are some which are faithless and do not treat the text as the living word of God or else they are just bone dry and not really an aid to prayer and practical understanding (this is something like giving a book of advanced chess techniques to a beginner in the game – the book is not bad, it is just a poor fit and will profit little). I would recommend using the series "The

New Daily Study Bible" by William Barclay. He is not Catholic and from time to time says odd things or things that contradict the plain meaning of the text but these are few enough and obvious enough that I can recommend the series with little hesitation trusting that when he says strange things you will ignore them. The other series that I would recommend is the "Catholic Commentary on Sacred Scripture" by various authors. Although, if you start using them, you may find some "overlap" between them and my homilies because I use them to prepare and at times steal liberally from them. I leave you with this final thought and exhortation: doing the above need not take a lot of time in your daily routine. Ten minutes should be sufficient; in eternity these ten minutes will seem to us a far better use of time than most anything else that we spend our time doing as with them we will be storing up treasure in heaven. "Lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal" (Matthew 6:19-20).

God love you and keep the Faith!

Fr. Martin J. Smay

Nationwide Pro-Life Prayer Vigil **Thursday, January 28 - Friday, January 29**

Catholics across the country are encouraged to observe a nationwide prayer vigil marking the 48th anniversary of the U.S. Supreme Court's 1973 decision legalizing abortion through the ninth month of pregnancy.

The vigil begins with a live broadcast at 8:00 pm on Jan. 28th from the Basilica of the National Shrine of the Immaculate Conception in Washington, D.C. with a rosary, followed by Mass. After the Mass throughout the night, holy hours led by bishops from around the country will be broadcast on the USCCB's website www.usccb.org.

Bishop Mark Brennan will be featured on the livestream this Friday at 5:00 a.m. from the Cathedral of St. Joseph.

Offertory Collection

January 17, 2021

Envelopes: \$1718

Loose: \$382

Online: \$528

*Thank you for
your support!*



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THE CONVERSION OF ST. PAUL THE APOSTLE

Saul of Tarsus (c. 4 - c. 64) had a history of persecuting Christians. He was present at the martyrdom of Saint Stephen and held the cloaks of those who stoned him. While on the road to Damascus, where Saul was headed to suppress the Christian community, he was blinded by a bright light and heard the voice of Christ saying, "Saul, Saul, why do you persecute me?" (Acts of the Apostles 9:4). He took the name Paul and became the "Apostle to the Gentiles," traveling the known world with the message of the Gospel. Saint Paul's conversion is a witness to the mercy of God and the possibility of conversion.

It was a normal day by all accounts, but John just wasn't feeling himself. He was a little lightheaded and out of sorts. Later in the afternoon, he experienced a sharp pain in his chest and arm. Quick thinking and action brought John to the emergency department with a diagnosis of a significant heart attack. Surviving this ordeal, he found himself face to face with his cardiologist, having an honest conversation about things that needed to change. "I came close to death," John found himself thinking. Then came the remorse. He was a young man with a loving wife and children who were very close to facing life without him. John found himself with intense sorrow for living an unchecked and self-indulgent life that almost brought him to his demise. He wanted to change.

We all have our wake-up calls. We have experiences and encounters that force us to really think twice about choices we have made and directions we have taken. Often, we find ourselves looking at those we have hurt square in the eye and wallowing in our foolishness. We regrettably realize that we have allowed our needs to lure us into making some cruel mistakes. We impulsively say things and flippantly do things that reveal our unredeemed and unhealed self. It is a self we stumble over and try to tame but can't quite seem to master and control. Help!

We spin our wheels, naively thinking that we will somehow, perhaps through persistence, get ourselves unstuck. But,

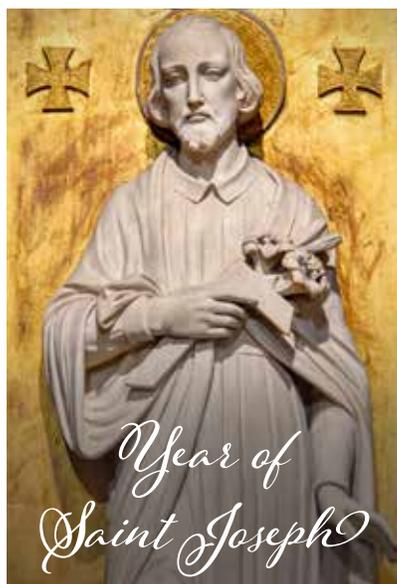


we don't. We just get out of the car, feeling very helpless, and ignorantly look at the mess we got ourselves into. Did we ever think to ask someone for help? Or, taken the advice of One who is wiser and avoid this route altogether? "Come after me," are words that Jesus says to all of us. In order to heed his invitation, we must leave our ego-self behind and follow.

When we really see and understand the freedom, peace, justice, and love he offers, we find ourselves with such sorrow in our hearts for how foolish and silly we have been. All the misguided choices and sinful actions come full view and we see how risky our random impassioned behaviors really have been. Repentance is beautiful. When done with a sincere and contrite heart, it directs us to the glory that can be ours, ignites us with the challenge of living a life in service of others and reminds us that all is well.

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Prayer to Saint Joseph

Oh, St. Joseph, whose protection is so great, so strong, so prompt before the throne of God. I place in you all my interests and desires. Oh, St. Joseph, do assist me by your powerful intercession, and obtain for me from your Divine Son all spiritual blessings, through Jesus Christ, our Lord. So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.

Oh, St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me and ask him to return the Kiss when I draw my dying breath. St. Joseph, Patron of departing souls - Pray for Me.

This prayer was found in the fiftieth year of Our Lord and Savior Jesus Christ. In 1505 it was sent from the Pope to Emperor Charles, when he was going into battle.

Infant of Prague Novena Begins Monday, January 25, 2021 Our Lady of Peace Church Wheeling, WV

The Novena to the Infant Jesus of Prague at Our Lady of Peace, Wheeling, begins on January 25 and lasts for nine consecutive Mondays. Many area priests have been asked to be guests homilists. All are welcome to attend this powerful Novena honoring the Infant Jesus of Prague, who promised that *"the more you honor Me, the more I will bless you."*

Men's Priestly Discernment Retreat

Saturday, March 20, 2021
Pope St. John XXIII Pastoral Center
Charleston, WV

Do you desire a life of sacrifice and faithful service to God and His People? Do you desire to give yourself completely to God in a life of consecration and commitment to building up the kingdom of God here in West Virginia? Perhaps the Lord is calling you to be a Priest of Jesus Christ in the Diocese of Wheeling-Charleston! The annual diocesan Men's Priestly Discernment Retreat will be held on Saturday, March 20 at the Pope St. John XXIII Pastoral Center (100 Hodges Rd, Charleston, WV 25314) from 10AM - 5PM. This event is open to men 18 years and older who are simply open to reflecting on God's will for them in their lives. The day will consist of Holy Mass, prayer, reflections on the priesthood, and the opportunity for the Sacrament of Confession. For any men interested in attending, please email Rick Teachout at rteachout@dwc.org or call him at (304) 233-0880 ext. 442



Throughout the month of January, we give special honor to the Most Holy Name of Jesus. Saint Paul wrote to the Philippians: "At the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father" (Philippians 2:10-11). We hold the name of Jesus in special reverence. The very name of Jesus is a prayer.

A Way to Honor the Holy Name

Adopt the pious practice (that used to be more widely practiced and is so meaningful and fitting) of bowing your head whenever you say or hear the name of Jesus (just as we should bow or genuflect before the Real Presence in the tabernacle or make a sign of the cross as we pass a Catholic Church). The Council of Lyons in 1274 stated: "Each should fulfill in himself that which is written for all, that at the Name of Jesus every knee should bow; whenever that glorious Name is recalled, especially during the sacred Mysteries of the Mass, everyone should bow the knees of his heart, which he can do even by a bow of his head." This devotion also helps to make amends for blasphemous use of the Holy Name.

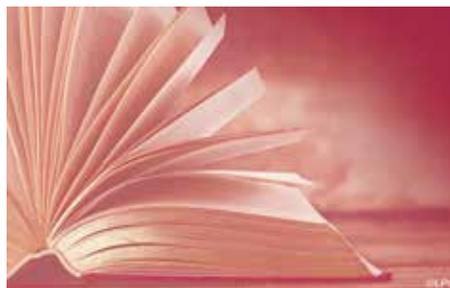
Rest
in
Peace

Please remember in your prayers:

Dr. Nepomuceno Zafra Dario
(d. Jan 15, 2021)

Sr. Mary Brown, CSJ (d. Jan 17, 2021)

SAINTS OF THE WEEK



SCRIPTURE READINGS

Week of January 24

SUNDAY

Third Sunday in Ordinary Time

Jonah 3:1-5, 10
Ps 25:4-5, 6-7, 8-9
1 Corinthians 7:29-31
Mark 1:14-20

MONDAY

Acts 22:3-6 or Acts 9:1-22
Ps 117:1, 2
Mark 16:15-18

TUESDAY

2 Timothy 1:1-8 or Titus 1:1-5
Ps 96:1-2, 2-3, 7-8, 10
Mark 3:31-35

WEDNESDAY

Hebrews 10:11-18
Ps 110:1, 2, 3, 4
Mark 4:1-20

THURSDAY

Hebrews 10:19-25
Ps 24:1-2, 3-4, 5-6
Mark 4:21-25

FRIDAY

Hebrews 10:32-39
Ps 37:3-4, 5-6, 23-24, 39-40
Mark 4:26-34

SATURDAY

Hebrews 11:1-2, 8-19
(Ps) Luke 1:69-70, 71-72, 73-75
Mark 4:35-41

NEXT SUNDAY

Deuteronomy 18:15-20
Ps 95:1-2, 6-7, 7-9
1 Corinthians 7:32-35
Mark 1:21-28

The readings are included each week so that those who are unable to join us for daily Mass will be able to consider and pray them in union with the whole Church.

January 24 - St. Francis de Sales, bishop, doctor of the Church (1567-1622)

Saint Francis de Sales, bishop of Geneva, contributed immensely to the development of spirituality through the publication of his book, *An Introduction to the Devout Life*. Living at a time when manuals on spirituality were written primarily for clerics and members of religious orders, St. Francis' book provided a practical path to holiness for people from all states of life. He challenged the prevailing belief that only a select few could obtain sanctity. Along with his accomplishments in the area of everyday, or lay, spirituality, he cofounded with St. Jane Frances de Chantal the Order of the Visitation of Holy Mary, a religious community of nuns that would move beyond traditional enclosure to a healthy blend of prayer and service to the poor. Together, Saints Frances and Jane, with their close friends Saints Vincent de Paul and Louise de Marillac, transformed the face of the Church in France. Saint Francis has been named a Doctor of the Church.

Patronage: Catholic press, writers, journalists, deaf

January 26 - Sts. Timothy and Titus, bishops (1st century)

Saints Timothy and Titus, first century bishops and martyrs, are celebrated together because of their joint association with St. Paul. Timothy is first mentioned in Acts 16:1-2, when Paul visits Lystra, in what is now Turkey. Timothy's mother was Jewish; Paul circumcised him so he would be accepted by the Jewish Christians. Timothy accompanied Paul on some of his journeys, and he is the one addressed in the Letters to Timothy in the [Christian Scriptures.] Tradition says that Paul made him bishop of Ephesus in 65. He was martyred by stoning in either the year 65 or 80 for preaching against the worship of idols. St. Titus was also a disciple and companion of St. Paul. He was probably a Gentile, and Paul refused to have him circumcised because the Gospel freed Gentiles from the Law of Moses. Although he is not mentioned in Acts, he is mentioned several times in Paul's letters and was probably commissioned to preach to the Gentiles. According to Paul, Titus was with Paul and Timothy at Ephesus and was sent to Macedonia to collect alms for the Christians in Jerusalem. He also spent time in Macedonia, Crete, and Dalmatia in modern day Croatia. Tradition says that he was a bishop in Crete and died in the year 107.

January 27 - St. Angela Merici, virgin (1474-1540)

Several miraculous occurrences, including restoration of sight and visions, surrounded the life of Saint Angela Merici, a native of Desenzano in northern Italy. She was profoundly impacted by one vision in which she saw a great company of virgins and saints singing and playing instruments while descending from a staircase in the heavens. Based upon this vision, St. Angela founded a group of consecrated women known as the Ursulines, dedicated to the education of young women.

January 28 - St. Thomas Aquinas, priest, doctor of the Church (1225-1274)

Saint Thomas Aquinas, called the "Angelic Doctor" for his writings, was born near Naples, Italy. Against his family's wishes, he joined the newly established Dominicans and went to study under Albert the Great in Paris. Thomas' theological writings, especially the *Summa Theologiae*, remain preeminent texts to this day. For all his brilliance, Thomas was also a man of deep prayer who realized that the mysteries of God cannot fully be expressed by words. He contributed the liturgical texts for the Solemnity of Corpus Christi, the Most Holy Body and Blood of Christ, which included the *Adoro te devote, O salutaris, Tantum Ergo, and Pange Lingua*.

Patronage: Catholic schools, colleges, universities; philosophers, theologians, booksellers

Saints of God, pray for us!

REMEMBER IN YOUR PRAYERS

Andrew Helfer
Archer Hatch
Arthur Danehart
Austin Cook
Barb Mazzocca
Beth Jochum
Betty Teater
Bill Wilson
Bob Armstrong
Bob Jones
Billy Hanasky
Brian Hanasky
Brogan Gallentine
Caleb Hlebiczki
Carolyn Lash
Charles Heizer
Charles DeBeni
Children of the
Youth Services System
Christina Helfer
Chuck Fair
David A. Kress, Jr.
Eli Musser
Eva Wood

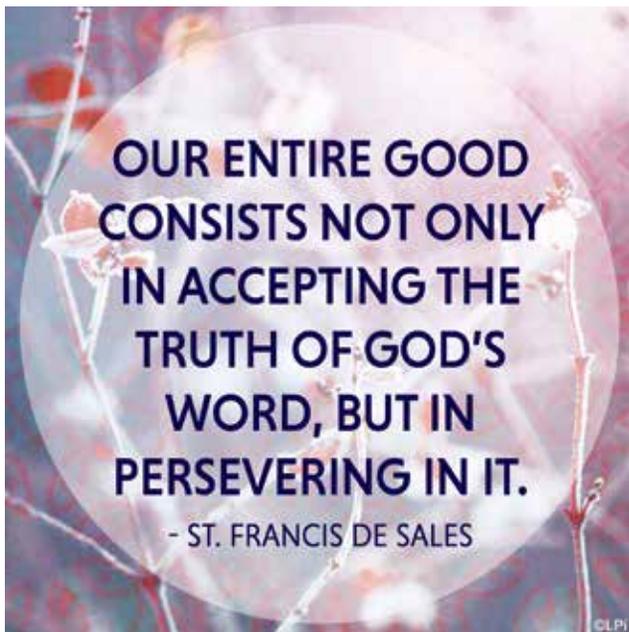
Fr. Joseph Wilhelm
Frank Davis
Fred Herink
Frederick C. Schweizer
Gail Koch
George Kirchner
Geri Adams Nagy
Hines Rotriga
Janet Cupp
Janie
Jean & Chuck Schultz
Jim Antill
Jim and Dee
Jimmy Hocking
Joe Bechtel
John Petrella
Jon-Michael Lasher
Judy Pack
Julia Sheets
Kathy Cooley
Kaitlyn Hanasky
Kenneth Shores
Kermit Klosterman
Liam Barns

Liam Manning
Lucille Renowicz
Lukie Brown
Margaret Stocke
Marie & Conner
Workman
Mark Davis
Marshall South
Martha Yocum
Mary Ann Fowler
Mary K. Schlosser
Mary Walicki
Michael DeBlasis
Millissa Rose
Milly Burke
Nadine Greenwood
Nicholas Barns
Norma Bosold
Patricia Kaliscz
Pete Cuffaro
Pete Mack
Philippa Shores
Rachel Wade
R.J. Stocke

Richard Simon
Rick Burgy
Ron Hickman
Rosanne Gaughan
Rosalie Davis
Rose Otey
Sarah Hanasky
Sarah Sargent
Shirley DeBeni
Shirley DeCaria
Sr. Mary Florence Burke
Stanley Kyrck
Stephanie Bugaj
Susan Graff
Susan Mize
Susan Schulte
Tammy
Teresa Helfer
Thelma Pearson
Trystan Timmons
Victoria Jeskey

From the Diocesan Office of Safe Environment

The Diocese of Wheeling-Charleston is committed to the protection of its children and young people. The Diocese complies with the United States Conference of Catholic Bishops' Charter for the Protection of Children and Young People by maintaining an Office of Safe Environment. To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact the West Virginia Bureau for Children and Families/Child Protective Services by calling the Child Abuse Hotline at 800.352.6513. To report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please contact one of the Bishop's designees at 888.434.6237 (toll free) or 304.233.0880: Sister Ellen Dunn, ext. 264; Mr. Bryan Minor, ext. 263; Mr. Tim Bishop, ext. 353; Fr. Dennis Schuelkens, ext. 270 or call the Office of Safe Environment at 304.230.1504. For more information on the Diocese's Office of Safe Environment, please go to www.dwc.org, then click the "Diocese" tab, then click "Office of Safe Environment" under the "Offices" menu. To learn more about the Catholic Church's efforts in preventing sexual abuse of children in the United States, please visit <http://www.usccb.org>. Under "Issues and Action," click "Child and Youth Protection" from the drop down menu.



WHY DO WE DO THAT?

Catholic Life Explained:

Communion Host

Question:

Do Catholics always need to receive communion in wafer form, or can it be different kinds of bread?

Answer:

In the Roman Rite of the Catholic Church, the most common form for the eucharistic bread is the small white communion "wafer" that is a ubiquitous part of the Catholic Mass. The instructions of the Church have been very specific regarding the make-up of the bread used in the Mass: "The bread used in the celebration of the Most Holy Eucharistic Sacrifice must be unleavened, purely of wheat, and recently made ... it follows therefore that bread made from another substance, even if it is grain, or if it is mixed with another substance different from wheat to such an extent that it would not commonly be considered wheat bread, does not constitute valid matter for confecting the Sacrifice and the Eucharistic Sacrament" (see *Redemptionis Sacramentum* by the Congregation for Divine Worship and the Discipline of the Sacraments, no. 48).

The Church's tradition of using a wheat-based bread is based on the bread that Jesus would have used at the Last Supper and is considered to be an essential part of the "matter" of the Sacrament of the Eucharist.

As we consider the question of whether a "wafer" — which is properly called a "host" — should be used, we also must keep in mind that in the Eastern Rites of the Catholic Church, leavened (i.e. "raised") bread is more often used. And so, while the thin, white "wafer" is most commonly used in the Roman Rite of the Church, the full expression of the Catholic tradition does allow for a more substantial form of bread to be used, but the tradition of using a simple wheat bread with no other additions or additives is considered essential.

The Cathedral of Saint Joseph



MASS TIMES

- SUNDAYS** 6:00 pm (Saturday)
8:00 am
10:30 am
- WEEKDAYS** 12:05 pm (Monday thru Friday)
9:00 am (Saturday)
- HOLY DAYS** Please consult the bulletin

DIRECTORY

PARISH OFFICE
1218 Eoff Street
Wheeling, WV 26003
Phone: 304-233-4121

Website: www.saintjosephcathedral.com

STAFF

PASTOR
Most Reverend Mark E. Brennan
Bishop of Wheeling-Charleston

VICE-RECTOR
Reverend Martin J. Smay
msmay@dwc.org

DEACON
Reverend Mr. Douglas Breiding
dbreiding@dwc.org

PARISH LIFE AND MINISTRIES ASSISTANT
Debora V. Fahey
dfahey@dwc.org

DIRECTOR OF MUSIC / ORGANIST
Matthew S. Berher
mberher@dwc.org

PASTORAL ASSISTANT / ASSOCIATE ORGANIST
Tyler J. Greenwood
tgreenwood@dwc.org

SACRISTAN
Martin Imbroscio
mimbroscio@dwc.org

CONFESSIONS

- FRIDAY** 11:15 - 11:45 am
- SATURDAY** 5:00 - 5:45 pm
or by appointment

SACRAMENTS

BAPTISMS
By appointment. Please contact the parish office.

**ANOINTING OF THE SICK /
MINISTRY TO THE HOMEBOUND**
Please call the parish office to arrange for anointing for someone who is seriously ill or preparing for surgery. If ill, homebound or hospitalized, a visit can be scheduled upon request.

MARRIAGE
Engaged couples who are members of the Cathedral parish should contact the parish office.

PARISH REGISTRATION
Registration forms can be obtained through the parish office.
Please notify the parish of address changes through contacting the parish office or by visiting the website.

Bulletin Articles due by 9am on Monday (5 days prior to publication). Submitted bulletin content is subject to approval.

