

THE Cathedral Courier

Weekly Bulletin for the Cathedral of St. Joseph, Wheeling, West Virginia

14 June 2020
THE MOST HOLY BODY
AND BLOOD OF CHRIST

Vol. 9, No. 19



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Saint Joseph Cathedral Parish is called to spread the Gospel of Jesus Christ as a community. We are committed: to our urban neighborhoods, to being the Cathedral of the Diocese, and to fellowship, formation, sacrament, and prayer.

This Week

June 14 - 21, 2020



SUN 14 THE MOST HOLY BODY AND BLOOD OF CHRIST (CORPUS CHRISTI)

(Sat) 6:00 PM Mass for the Parishioners
8:00 AM Mass for Ross & Ginny Felton
10:30 AM Mass for Adiel Anghie
First Communion
Eucharistic Procession & Benediction

MON 15 Weekday in Ordinary Time (Week 11)

12:05 PM Mass for Nicholas & Nimnoom Ghaphery

TUE 16 Weekday in Ordinary Time

12:05 PM Mass for James Evangelist

WED 17 Weekday in Ordinary Time

12:05 PM Mass for Dr. Joseph J. Agresta

THU 18 Weekday in Ordinary Time

12:05 PM Mass for Susan Shock

FRI 19 THE MOST SACRED HEART OF JESUS

11:15 AM Confessions
12:05 PM Mass for Tina Rahi

SAT 20 Immaculate Heart of the Blessed Virgin Mary

9:00 AM Mass for John, Sophie, & Jeff Moses
5:00 PM Confessions
6:00 PM Mass for John Sheets

SUN 21 TWELFTH SUNDAY IN ORDINARY TIME

8:00 AM Mass for the Parishioners
10:30 AM Mass for Dale Shutler



THE MOST HOLY BODY AND BLOOD OF CHRIST

Today we celebrate the gift of the Holy Eucharist, the Body and Blood of Our Lord Jesus Christ. We partake of Him every time we received Holy Communion. In the Eucharist, Our Lord sacramentally remains with us always for our consolation and adoration.

In today's Gospel Our Lord teaches us that he is true food and true drink that nourishes us so much that those who partake of Him will live forever. Attempts have been made to interpret Our Lord's words today metaphorically, but he is very clear: "my flesh is true food, and my blood is true drink." This is the Scriptural basis, among other passages, for our belief that the Eucharist is truly the Body and Blood of Christ. Through eating His flesh and drinking His blood we remain in communion with Christ and, through Him, we remain in communion with the Father.

Even among Catholics, there is an incredible ignorance regarding the true significance and importance of the Eucharist. If we truly understood the Eucharist for what it is, or, rather, for Who it is, every Mass would be full, every line for confessions, and every sign-up sheet for Eucharistic adoration.

It all starts with simply sharing, even with our fellow Catholics, the fact that Our Lord is the Eucharist and He wants to be with us. In the Eucharist, God is always with us. How many people do you think you'd amaze by saying, "I know where God is, come see"? He'll reveal Himself to anyone who gives Him a chance in faith.



Guidelines for Public Celebration of the Mass

We kindly ask that you please review and adhere to these guidelines while attending Mass in the Cathedral:

✓ The faithful are required to bring their own facemasks and to wear them during Mass.

✓ Social distancing is necessary at Mass while seated in the pew and during the Communion procession. Families living in the same household may sit together. We are only able to accommodate 92 people per Mass at the Cathedral. Seating will be on a first come first seated basis. If additional seating is necessary, the overflow crowd will be directed to The Great Hall of Central Catholic High School where the Mass will be live-streamed.

✓ Some common, though optional practices of the Mass, will be omitted such as the use of hymnals, holding of hands during the Our Father, the Sign of Peace, and the offering of the Precious Blood of Christ to the faithful.

The complete list of guidelines are available for your review on the diocesan website: www.dwc.org.

Please keep in mind that Bishop Brennan has given the faithful of the Diocese the dispensation from the obligation to attend Mass. Therefore, sick persons and those more susceptible to infection – the elderly, those already in frail health – are urged to remain at home and participate in televised or online Masses. Anyone who fears being infected by attending Mass should stay home. Thank you for your patience and devotion during these unprecedented times. Let us continue to keep one another in prayer and fulfill Christ's command to love our neighbor by doing everything we can to keep them safe and healthy.



June: Month of the Sacred Heart

On the Friday following the Solemnity of the Most Holy Body and Blood of Christ, we celebrate the Solemnity of the Most Sacred Heart of Jesus. Because this solemnity usually falls in June, this month is also known as the “Month of the Sacred Heart.” Devotion to the Sacred Heart of Jesus is of great antiquity in the Church. It was Saint Margaret Mary Alacoque, however, who made this devotion widespread. The great promise of the Sacred Heart is most consoling: the grace of final perseverance and the joy of having Jesus’ heart as our sure refuge and infinite ocean of mercy in our last hour. During the month of June, let us ponder Christ’s infinite love and meditate upon his suffering for the salvation of the world.

Celebrate the Sacred Heart this Month:

- ✓ Make an enthronement of the Sacred Heart of Jesus
- ✓ Pray the Litany of the Sacred Heart
- ✓ Start a First Friday Devotion

BABY BOTTLE GABRIEL PROJECT

Please return by June 21

The Knights of Columbus, Carroll Council No. 504, are asking that you please return your Baby Bottles by Father’s Day, June 21. A return bin has been placed at a central location at the entrance of the church should you wish to return them sooner. Please bring back your bottles for this very important fundraiser for the Gabriel Project of West Virginia at your convenience, but no later than Father’s Day. Bottles are to be returned regardless of content. Thank you!



ONLINE GIVING

The Cathedral of Saint Joseph offers Online Giving, a web-based electronic contribution application that is safe and secure. This site allows you to set up automatic contributions and change the timing or the amount of your gift at any time. You may make pledges and manage your contributions to the pledge amount, and you may make one-time donations. To sign up for Online Giving, visit our parish website at www.saintjosephcathedral.com and follow the “Giving” tab. This website will walk you through the process.



In your charity, please keep in your prayers:

- | | | |
|---------------------------------------|----------------------|-------------------------|
| Andrew Helfer | Geri Adams Nagy | Milly Burke |
| Archer Hatch | Helen Chiazza | Nadine Greenwood |
| Arthur Danehart | Hines Rotriga | Norma Bosold |
| Austin Cook | Jane Rudari | Patricia Kalisz |
| Barb Mazzocca | Janet Cupp | Pete Cuffaro |
| Bertha Wurtzbacher | Janie | Pete Mack |
| Beth Jochum | Jean & Chuck Schultz | Philippa Shores |
| Betty Lou Galloway | Jim Antill | R. J. Stocke |
| Betty Teater | Jim and Dee | Richard Simon |
| Bill Wilson | Jimmy Hocking | Rick Burgy |
| Bob Armstrong | John Petrella | Ron Hickman |
| Bob Jones | Joe Bechtel | Rosanne Gaughan |
| Brogan Gallentine | Jon-Michael Lasher | Rosalie Davis |
| Caleb Hlebiczk | Judy Pack | Rose Otey |
| Carolyn Lash | Julia Sheets | Sarah Hanasky |
| Charles Heizer | Kathy Cooley | Sarah Sargent |
| Children of the Youth Services System | Kaitlyn Hanasky | Shirley DeCaria |
| Christina Helfer | Kenneth Shores | Sr. Mary Florence Burke |
| Chuck Fair | Kermit Klosterman | Stanley Kyrc |
| David A. Kress, Jr. | Liam Manning | Stephanie Bugaj |
| Eva Wood | Lukie Brown | Susan Graff |
| Fr. Joseph Wilhelm | Margaret Stocke | Susan Mize |
| Frank Davis | Mark Davis | Susan Schulte |
| Fred Herink | Martha Yocum | Tammy |
| Frederick C. Schweizer | Mary Ann Fowler | Teresa Helfer |
| Gail Koch | Mary K. Schlosser | Thelma Pearson |
| George Kirchner | Mary Walicki | Thomas Griffith |
| | Michael DeBlasis | Trystan Timmons |
| | Milissa Rose | Victoria Jeskey |



Join us as we celebrate the
ORDINATION TO THE SACRED PRIESTHOOD
of *Deacon Justin Golna*



The Ordination will be livestreamed on the Diocese of Wheeling-Charleston's website & Facebook page.

June 27, 2020
11:00a.m.
from
The Cathedral of Saint Joseph
Wheeling, WV

Offertory Collection

June 7, 2020

Envelopes: \$4052
Loose: \$211
Online: \$558

Thank you for your support.



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CathedralofStJoseph](https://facebook.com/CathedralofStJoseph)

Is this really Jesus? A primer on Christ in the Eucharist

Tom Hoopes, Aletheia

One reason so few people today believe what the Church teaches about the Eucharist is that the teaching is so shocking: After consecration, the host at Mass isn't bread; it is Jesus Christ himself. He just looks like bread.

Really?

Really. Here's how the Catechism puts it: "In the most blessed sacrament of the Eucharist 'the body and blood, together with the soul and divinity, of our Lord Jesus Christ and, therefore, the whole Christ is truly, really, and substantially contained.'"

Christians have always believed in the Real Presence. And it has always been shocking.

Jesus taught the doctrine most clearly in the sixth chapter of John:

"Jesus said to them, 'Very truly I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. ... For my flesh is real food and my blood is real drink.'"

The scandalized reaction:

"On hearing it, many of his disciples said, 'This is a hard teaching. Who can accept it?' ... From this time many of his disciples turned back and no longer followed him."

But the apostles soon learned what Jesus meant. As St. Paul explained, in First Corinthians, written around the year 54:

"The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, 'This is my body, which is for you; do this in remembrance of me.' In the same way, after supper he took the cup, saying, 'This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me.'"

After rising from the dead, Jesus dramatically demonstrated that he would remain with us in the Eucharist. In the town of Emmaus, two disciples didn't recognize Jesus until ...

"When he was at the table with



them, he took bread, gave thanks, broke it and began to give it to them. Then their eyes were opened and they recognized him, and he disappeared from their sight."

The Eucharist united the first Christians.

What did the first Christians do? They celebrated the Eucharist, according to Acts:

"They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer."

The invaluable early Christian teaching book, the *Didache* (79), guards the Eucharist, and calls it a "sacrifice":

"Let no one eat or drink of your Eucharist, unless they have been baptized" (Chapter 9). "Every Lord's day gather yourselves together, and break bread, and give thanksgiving after having confessed your transgressions, that your sacrifice may be pure" (Chapter 14).

Strict New Testament rules guarded the Real Presence:

"Whoever eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of sinning against the body and blood of the Lord."

Justin Martyr, sometime between

147 and 161, wrote in his First Apology (Chapter 66) of "this food we call the Eucharist":

"[W]e do not receive these things as common bread or common drink; but as Jesus Christ our Savior being incarnate by God's word took flesh and blood for our salvation, so also we have been taught that the food consecrated by the word of prayer which comes from him, from which our flesh and blood are nourished by transformation, is the flesh and blood of that incarnate Jesus."

The world understood what Christians believed, and they were shocked, accusing the Christians of cannibalism.

Through the years, the Real Presence has been an important part of Christian spirituality.

St. John Chrysostom (347-407) said: "You say, 'I should like to see his face, his garments, his shoes.' You do see him, you touch him, you eat him. He gives himself to you ... to be your food and nourishment."

St. Augustine (354-430) said: "Christ held himself in his hands when he gave us his body to his

**See "Eucharist"
on page 7**



OFFICE OF THE BISHOP

DIOCESE OF WHEELING-CHARLESTON

1311 BYRONS STREET
POST OFFICE BOX 230
WHEELING, WEST VIRGINIA 26003

Decree

The Holy Eucharist, as the “source and summit of the Christian life” (*Lumen Gentium* 11), is given to the faithful as the most efficacious spiritual nourishment that the Church can offer. For this reason, the Catechism of the Catholic Church teaches that every properly disposed Catholic “shall humbly receive [their] Creator in Holy Communion at least during the Easter Season” (2042) in order to illustrate fully the sublime relationship between the reception of the Body and Blood of the Lord and the Paschal feasts, which are “the origin and center of the Christian liturgy” (ibid.). Like all the Church’s precepts (cf. CCC 2041-2043), the reception of Holy Communion during the Easter Season is a law of the Church that imposes an obligation upon all the faithful, established to “guarantee to the faithful the indispensable minimum in the spirit of prayer and moral effort, in the growth of God and neighbor” (CCC 2041).

Following the sudden suspension of public liturgies and the closure of parishes in response to the coronavirus pandemic in March 2020, there was concern about the faithful’s ability to fulfill the obligations of some of the Church’s precepts. For that reason, the precept requiring attendance at Mass for all Sundays and holy days of obligations has been temporarily suspended, while the other precepts of the Church remain in force. As parishes in the Diocese of Wheeling-Charleston have now begun to resume the celebration of public liturgies, it is apparent that the fulfillment of the obligation to receive Holy Communion during the Easter Season, while not constituting an absolute impossibility, nonetheless poses a difficulty for many of the faithful in West Virginia, who continue to shelter in place or are at risk of infection due to age or existing health conditions.

The United States Conference of Catholic Bishops has established that this precept may be fulfilled at any time during the Easter Season up to the first Sunday after Pentecost (the Solemnity of the Most Holy Trinity). However, with but days until this time period elapses, adequate provision for the fulfillment of this obligation must be made.

Therefore, as Bishop of Wheeling-Charleston, desiring that the faithful of this Diocese, while not putting themselves or others at risk, be enabled to avail themselves fully of the fountain of graces obtained through a “moral life bound to and nourished by liturgical life” (2041), and wishing to encourage the diligent observance of all of the Church’s precepts among the Catholics of West Virginia, I hereby decree that for the Year of Grace 2020, those faithful of the Diocese of Wheeling-Charleston who are properly disposed, having been absolved of any grave sins in the Sacrament of Penance, may receive Holy Communion at any time between the Solemnity of the Lord’s Resurrection and the Solemnity of Our Lord Jesus Christ, King of the Universe, which occurs on November 22, 2020, in fulfillment of the above-stated precept.

Given at Wheeling on this, the third day of June, in the year of Our Lord two thousand twenty.

Mark E. Brennan

Most Rev. Mark E. Brennan
Bishop of Wheeling-Charleston

Die 3 Mensis VI 2020

Curia Wheelingensis Carolopolitana

Carol R. Carter

Cancellarius

Scripture Readings

WEEK OF JUNE 14

SUNDAY

Corpus Christi

Deuteronomy 8:2-3, 14-16
Ps 147:12-13, 14-15, 19-20
1 Corinthians 10:16-17
John 6:51-58

MONDAY

1 Kings 21:1-16
Ps 5:2-3, 4-6, 6-7
Matthew 5:38-42

TUESDAY

1 Kings 21:17-29
Ps 51:3-4, 5-6, 11, 16
Matthew 5:43-48

WEDNESDAY

2 Kings 2:1, 6-14
Ps 31:20, 21, 24
Matthew 6:1-6, 16-18

THURSDAY

Sirach 48:1-14
Ps 97:1-2, 3-4, 5-6, 7
Matthew 6:7-15

FRIDAY

Deuteronomy 7:6-11
Ps 103:1-2, 3-4, 6, 8, 10
1 John 4:7-16
Matthew 11:25-30

SATURDAY

2 Chronicles 24:17-25
Ps 89:4-5, 29-30, 31-32, 33-34
Luke 2:41-51

NEXT SUNDAY

Jeremiah 20:10-13
Ps 69:8-10, 14, 17, 33-35
Romans 5:12-15
Matthew 10:26-33

The readings are included each week so that those who are unable to join us for daily Mass will be able to consider and pray them in union with the



Please remember in your prayers all who serve in the Armed Forces. May they be kept safe and out of harm's way.



Solemnity of the Most Sacred Heart of Jesus

Friday, June 19, 2020

The heart has always been seen as the "center" or essence a person ("the heart of the matter," "you are my heart," "take it to heart," etc.) and the wellspring of our emotional lives and love ("you break my heart," "my heart sings," etc.) Devotion to the Sacred Heart of Jesus is devotion to Jesus Christ Himself, but in the particular ways of meditating on his interior life and on His threefold love -- His divine love, His burning love that fed His human will, and His sensible love that affects His interior life.

Pope Pius XII wrote on this topic in his 1956 encyclical, *Haurietis Aquas* (On Devotion To The Sacred Heart).

The Friday that follows the Second Sunday in Time After Pentecost is the Feast of the Sacred Heart which brings to mind all the attributes of His Divine Heart mentioned above. Many Catholics prepare for this Feast by beginning a Novena to the Sacred Heart on the Feast of Corpus Christi, which is the Thursday of the week before. On the Feast of the Sacred Heart itself, we can gain a plenary indulgence by making an Act of Reparation to the Sacred Heart.

From the earliest days of the Church, "Christ's open side and the mystery of blood and water were meditated upon, and the Church was beheld issuing from the side of Jesus, as Eve came forth from the side of Adam. It is in the eleventh and twelfth centuries that we find the first unmistakable indications of devotion to the Sacred Heart. Through the wound in the side, the wound in the Heart was gradually reached, and the wound in the Heart symbolized the wound of love." (Catholic Encyclopedia)



This general devotion arose first in Benedictine and Cistercian monasteries of that time, especially in response to the devotion of St. Gertrude the Great, but specific devotions became popularized when St. Margaret Mary Alacoque (1647-1690), a Visitation nun, had a personal revelation involving a series of visions of Christ as she prayed before the Blessed Sacrament. She wrote, "He disclosed to me the marvels of his Love and the inexplicable secrets of his Sacred Heart." Christ emphasized to her His love -- and His woundedness caused by Man's indifference to this love.

He promised that, in response to those who consecrate themselves and make reparations to His Sacred Heart, that:

- He will give them all the graces necessary in their state of life.
- He will establish peace in their homes.
- He will comfort them in all their afflictions.
- He will be their secure refuge during life, and above all, in death.
- He will bestow abundant blessings upon all their undertakings.
- Sinners will find in His Heart the source and infinite ocean of mercy.
- Lukewarm souls shall become fervent.
- Fervent souls shall quickly mount to high perfection.
- He will bless every place in which an image of His Heart is exposed and honored.
- He will give to priests the gift of touching the most hardened hearts.
- Those who shall promote this devotion shall have their names written in His Heart.
- In the excessive mercy of His Heart that His all-powerful love will grant to all those who receive Holy Communion on the First Fridays in nine consecutive months the grace of final perseverance; they shall not die in His disgrace, nor without receiving their sacraments. His divine Heart shall be their safe refuge in this last moment.

Prayer to the Sacred Heart of Jesus

O Most Holy Heart of Jesus, fountain of every blessing, I adore you, I love you, and with lively sorrow for my sins I offer you this poor heart of mine. Make me humble, patient, pure and wholly obedient to your will. Grant, Good Jesus, that I may live in you and for you. Protect me in the midst of danger. Comfort me in my afflictions. Give me health of body, assistance in my temporal needs, your blessing on all that I do, and the grace of a holy death. Amen.

Eucharist... cont'd from page 5

disciples saying, "This is my body."
St. Francis of Assisi (1181-1226) said: "What sublime humility ... that the Lord of the universe, the divine Son of God, should stoop as to hide himself under the appearance of bread for our salvation."

J.R.R. Tolkien (1892-1973) wrote to his son: "I put before you the one great thing to love on earth: The Blessed Sacrament. ... There you will find romance, glory, honor, fidelity, and the true way of all your loves on earth, and more than that."

Mother Teresa of Kolkata (1910-97) said: "When you look at the crucifix, you understand how much Jesus loved you. When you look at the Sacred Host you understand how much Jesus loves you now."

To this day, most Christians worldwide believe in the Real Presence of Jesus in the Eucharist.

There are a little more than 2 billion Christians in the world. Half of those, about 1 billion, are Catholics (of those, only 7% are in the United States). Another 12% of the world's Christians are Orthodox Christians who also believe in the Real Presence.

That means more than 3 of every 5 Christians belongs to a Church that believes in the Real Presence.

It's no wonder. When Jesus says we are saved by his blood, he doesn't mean that we are "saved" by his "blood" — he means his real blood really gives us eternal life.

Where do we find it? In the Eucharist.

Tom Hoopes is writer in residence at Benedictine College in Atchison, Kansas, and author most recently of The Rosary of Saint John Paul II. Used with permission.



E-mail Subscription

The Catholic Spirit, the official newspaper for the Diocese of Wheeling-Charleston is now available by e-mail. This is being made available to enhance communication, but at the same time cutting the cost of printing. You are invited to join our new e-list to receive The Catholic Spirit by e-mail. Joining the e-list gives you the option to receive The Catholic Spirit by e-mail only and to be removed from the list to receive the print version if you choose. To be added to the e-list, send an e-mail to crowan@dwc.org with "The Catholic Spirit e-list" in the subject line. Please let us know your preference saying: "E-mail only, and remove me from print mailing list" or "I would like both print and e-mail versions."

By joining the e-mail list, you will receive an e-mail on each issue date of The Catholic Spirit with a link to the full issue. Issue dates are the first and third Friday of each month. This is a day earlier than mail delivery of the print version.

Beginning with the June 5, 2020, the electronic version of every issue of The Catholic Spirit will now be available under "Downloadable Spirit" at thecatholicspiritwv.org.

A promotional graphic for a spaghetti dinner. At the top, a banner reads "Join Us For A Curbside Take-Out Dinner". Below this, a person wearing a blue face mask and gloves is shown holding a brown paper bag with the Catholic Charities West Virginia logo. The text in the center reads "24th Annual Catholic Charities Neighborhood Center Spaghetti Dinner Take-Out Only". The date and time are "Sunday, June 28th 12:00 p.m. - 5:00 p.m.". At the bottom, it says "Purchase tickets at www.CatholicCharitiesWV.org".

Join Us For A Curbside Take-Out Dinner

24th Annual
Catholic Charities Neighborhood Center

Spaghetti Dinner
Take-Out Only

Sunday, June 28th
12:00 p.m. - 5:00 p.m.

Purchase tickets at www.CatholicCharitiesWV.org

From the Diocesan Office of Safe Environment:

The Diocese of Wheeling-Charleston is committed to the protection of its children and young people. The Diocese complies with the United States Conference of Catholic Bishops' Charter for the Protection of Children and Young People by maintaining an Office of Safe Environment. To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact the West Virginia Bureau for Children and Families/Child Protective Services by calling the Child Abuse Hotline at 800.352.6513. To report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please contact one of the Bishop's designees at 888.434.6237 (toll free) or 304.233.0880: Sister Ellen Dunn, ext. 264; Mr. Bryan Minor, ext. 263; Mr. Tim Bishop, ext. 353; Fr. Dennis Schuelkens, ext. 270 or call the Office of Safe Environment at 304.230.1504. For more information on the Diocese's Office of Safe Environment, please go to www.dwc.org, then click the "Diocese" tab, then click "Office of Safe Environment" under the "Offices" menu. To learn more about the Catholic Church's efforts in preventing sexual abuse of children in the United States, please visit <http://www.usccb.org>. Under "Issues and Action," click "Child and Youth Protection" from the drop down menu.

The Cathedral of Saint Joseph



CONTACT INFO

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Facebook: Cathedral of St. Joseph

Instagram: [cathedralofstjoseph](https://www.instagram.com/cathedralofstjoseph)

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MASSES

Sundays: 6:00 p.m. (Saturday)
8:00 a.m.
10:30 a.m.

Weekdays: 12:05 p.m. Monday thru Friday
9:00 a.m. Saturday

Holy Days: Please consult the bulletin
or website.

CONFESSIONS

Friday: 11:15 to 11:45 a.m.

Saturday: 5:00 to 5:45 p.m.
or by appointment



Baptisms & Initiation

Both Baptism and the Rite of Initiation for Adults can be arranged by contacting the parish office.

Marriage

Engaged couples who are members of the Cathedral parish should contact the parish office.

Sacrament of the Sick & Communion to the Homebound

Please call the parish office to arrange for a visit.

Parish Registration

Registration forms can be obtained through the parish office.
Please notify the parish of address changes through the parish office or by visiting the website.

Bulletin Deadline

Announcements for the Courier must be submitted to Debbie Fahey by e-mail to dfahey@dwc.org by noon on Monday (5 days prior to publication).

