

“Holy Men of Mercy”

Join with men from the Cathedral, St. Michael's and surrounding parishes for the 4th Annual Men's Retreat

sponsored by
the Society of St. Joseph Men's Group

Led by Monsignor Thomas Petronek this weekend retreat will consist of talks, meditation, community prayer & discussion, and liturgy.

Place: The Lantz Farm of Wheeling Jesuit University, Jacksonburg, WV

Time: Friday, April 29 (evening), Saturday, April 30, Sunday, May 1 (till noon)

Cost: \$25.00

Contact Tim Bishop at (304) 233-0880, ext 353, or by email at tbishop@dwc.org to register.

Don't miss out, reserve your spot early!!!!

Christian ...

Cont'd from Page 2

when they are in another room while you are concentrating and busy working. The words, "I love you," may have as much meaning as saying, "see you later," or you can hold them close and whisper the words. Which would have more meaning for you and the person receiving your heartfelt love? Both ways let the person know you love them, but with the second you have given them your undivided attention to also show how you feel.

The passion in prayer, then, comes from our frame of mind, faith, attentiveness, humility and purposeful thought. Those last words should come to mind as you attempt to rush through prayer before your meal or the hurried Hail Mary's when praying the Rosary. Though we are reminded to pray often in Romans, Thessalonians, Philippians and Matthew, we need to be in the right frame of mind so are words are not idle words spoken in haste. I believe this is what St. Thomas Aquinas is reminding us with his five tips on prayer. Sometimes the most obvious is the hardest to see.

My continued prayers, with new meaning, are said with you in mind, as I hope I am remembered in yours.

"Vocatus Atque non Vocatus, Deus Aderit"

Alex J. Nagem

Parish Office: 1218 Eoff Street, Wheeling, WV 26003; (304) 233-4121

www.SaintJosephCathedral.com
Like us on Facebook!

Parish Staff:

Most Rev. Michael J. Bransfield, Pastor
Rev. Monsignor Kevin M. Quirk, J.C.D., Rector
(304) 281-7073 (kquirk@dwc.org)

Sunday Masses: 6:00 p.m. Saturday; 8:00 and 10:30 a.m. Sunday.

Weekday Mass: 12:05 p.m. Monday through Friday; 9:00 a.m. Saturday.

Sacrament of Reconciliation: 11:15-11:50 a.m. Friday; 5-5:45 p.m. Saturday.

Sacrament of the Sick and Communion to Homebound: Call the parish office anytime to make arrangements.

Ms. Debora Valorie Fahey, Parish Assistant for Pastoral Ministries (dfahey@dwc.org)
Sister Mary Bowman, SFCC, Pastoral Associate for Ministry to the Sick
Dr. Zvonimir Nagy, Cathedral and Diocesan Organist (znagy@dwc.org)
Mr. David O'Donnell, Director of Music (dodonnell@dwc.org)

Il Corriere del Duomo

Weekly Journal for the Cathedral of St. Joseph

Hockey Night a Big Success



A big thanks to everyone who joined us for the Altar Server Hockey Night with the Wheeling Nailers. As you can see, everyone had a great time. We especially thank Julia Sheets for the tickets and for the special visit from "Spike" for Sean's birthday! Make sure you wish Sean a happy belated birthday at Masses this weekend!

Christian Awareness

By Alex Nagem

"To clasp the hands in prayer is the beginning of an uprising against the disorder of the world," Karl Barth.

I came across the above quote while reading an article the other day. This quote brought a black and white image to mind of a large crowd with hands folded in prayer, standing in the cold and rain in front of a large gothic style cathedral. The crowd filled the sidewalk and street. This image is probably one I have seen before that has been hidden in the depths of my cluttered mind. Can you imagine a crowd bursting from the seams of the church and filling the street, praying for varying intentions to overcome a disorder in life? I find this an inspiring thought. We seem to always turn to God for help though we think we have all the answers, just like children needing comfort who turn toward their parents when they are hurt or afraid. We are reminded of this in Philippians 4:6-7, "Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus." Now if I can only

remember this as quickly as anxiety overcomes me in times of stress. I guess this is where constant prayer plays a role in our life.

I, like many of you who were educated by the Sisters of St. Joseph in Wheeling, was instructed by the Sisters on how to fold hands for prayer. The palms of hands were held together with fingers pointing upward to God like a church steeple. The right thumb was crossed over the left forming a Cross. We were to bow our heads when we spoke or heard the name of Jesus. Do we still do this? I would probably receive a tap to the back of my head from the SSJ's for having my hands clasped together as I pray now. Sometimes my fingers are intertwined and my thumbs rubbing together from nervousness. I can recall the voices of Sr. Vivian and Sr. Clara Joseph as they ask, "Alex, is this the proper way to hold your hands in prayer?" My punishment for this slight infraction would be to kneel through Mass. But I do that now, for other reasons than a punishment. I would hope God hears our prayers regardless of how our hands are folded.

If prayer is a submission to God's will, then the folding of hands in prayer is an outward sign of submission. Ok, I didn't come up with that on my own. It is a summa-

ry of various articles I read about praying and the posture we should have when we pray. Folded hands are a sign of submission, as with the tying of the hands of prisoners. In ancient Rome, a captured soldier could avoid immediate death by joining the hands together. This was a sign of surrender, asking for redemption and reconciliation. So when we hold our hands together in prayer we are surrendering to the will of God as in Proverbs 3:5-6, "Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths." We need more straight paths. The winding roads and sharp curves have taken their toll on all of us.

Now that the folding of hands may have a little more meaning for you, hopefully, I turn to the last word in this title, "prayer." "Prayer is the raising of one's mind and heart to God or the requesting of good things from God," (St. John Damascene). "Prayer is the surge of the heart. It is a simple look turned toward heaven. It is a cry of recognition and of love, embracing both trial and joy," (St. Therese of Lisieux). St. Thomas Aquinas provides us with five tips on praying better. The first is that we should be humble when we pray. Our humility is

recognition of neediness before God. As our humility deepens or grows stronger, so does our need for more prayer. The second tip is to have faith. This can be explained in Hebrews 11:6, "Whoever would draw near to God must believe that he exists and that he rewards those who seek him." The third tip is to pray before praying. No it is not a typo. This is the time when we ask God for an open mind, to bring passion to our heart, so we may be attentive to our needs when we talk with Him in prayer. The fourth tip is to be intentional with our prayer. We can easily be distracted when we pray. We should not worry about the distractions, as long as we make every attempt to avoid them. As we talk with God in prayer, our focus should be directed toward Him so our words are not idle chatter in the wind. The last tip is to be attentive. Being attentive, we are being vigilant and concentrating on our words to God. In prayer, St. Thomas believed we would have a rejuvenation of the spirit by our attentiveness to God. This is also brought to us with Psalm 27:8, "It is your face, O Lord that I seek." I compare these five steps to a simple thought. You can tell someone you love them

See "Christian" on Page 4

Hands Folded in Prayer

Mass Intentions and Readings

Sunday—April 10th—THIRD SUNDAY OF EASTER

8:00a Mass for Thelma Moran

10:30a Mass for the Parishioners
Pentino Baptist

RDGS: Acts 5:27-32, 40b-41 Ps 30:2, 4-6, 11-13
Rv 5:11-14 Jn 21:1-19

Monday—April 11th—Saint Stanislaus, Bishop, Martyr

12:05p Mass for Vickie Roberta Hess

RDGS: Acts 6:8-15 Ps 119:23-24, 26-27, 29-30
Jn 6:22-29

Stanislaus, died 1079; as bishop of Cracow, he assisted the poor; slain by the oppressive and savage king, Boleslaus II; patron of Poland.

Tuesday—April 12th—Easter Weekday

12:05p Mass for Jerry Fabian

RDGS: Acts 7:51—8:1a
Ps 31:3cd-4, 6, 7b, 8a, 17, 21ab Jn 6:30-35
7:00p Choir Rehearsal

Wednesday—April 13th—Saint Martin I, Pope, Martyr; Thomas Jefferson's Birthday

12:05p Mass for Elizabeth Naegele

RDGS: Acts 8:1b-8 Ps 66:1-3a, 4-7a Jn 6:35-40

Martin I, died 656; as a deacon, served at the imperial court in Constantinople; combated emperor Constans II over Monothelite belief that Jesus had only a divine will and so was not truly human; as pope, forced from Rome to Constantinople where he was tried for treason; later exiled to Crimea where he died of starvation and ill-treatment; last pope to be martyred.

Thursday—April 14th—Easter Weekday

12:05p Mass for Linda Howard

RDGS: Acts 8:26-40 Ps 66:8-9, 16-17, 20 Jn 6:44-51

Friday—April 15th—Easter Weekday

11:15 Confessions

12:05p Mass for Mieke Snedecker

RDGS: Acts 9:1-20 Ps 117:1bc, 2 Jn 6:52-59

Saturday—April 16th—Easter Weekday

9:00a Mass for Dolores Perri

Rosary

5:00p Confessions

6:00p Mass for the Parishioners

RDGS: Acts 9:31-42 Ps 116:12-17 Jn 6:60-69

Sunday—April 17th—FOURTH SUNDAY OF EASTER

World Day of Prayer for Vocations

8:00a Mass for Doris Burke

10:30a Mass for Eugene Pleva

RDGS: Acts 13:14, 43-52 Ps 100:1-2, 3, 5
Rv 7:9, 14b-17 Jn 10:27-30

Stewardship Thought

Who am I?

Through me, families are launched in marriage, persons are baptized, the young are trained in Christian character.

I provide a Church School and youth activities for children.

I provide music to enrich your worship, preaching and pastoral services to help you live more nobly.

I heat and cool your church buildings and try to keep it in repair for your comfort and use.

I do your custodial work.

I reach out to your community and country, preaching, teaching and healing in Christ's name.

I help train ministers in seminaries and I provide assistance to those who have retired after years of faithful service to God in the church.

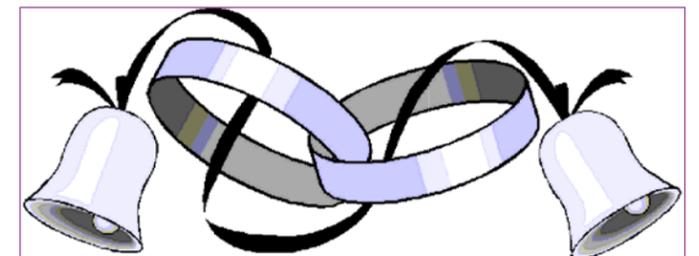
It is through me that the sick find spiritual strength, the troubled and discouraged are steadied.

I go out into the world, preaching the Gospel in every language.

I carry God's Word to every race and nation. Who am I?

I am your church offering. With your help I make possible all these services. I am you at work. I am you in action.

The Stewardship Committee



Banns of Marriage

Ben Lasure & Shanda Dobbs

April 23, 2016

If any of you know cause or just impediment why these persons should not be joined together in Holy Matrimony, you are to declare it.
Second Publication